

Farm & Garden

The Woman's National Farm & Garden Association, Inc.

Est. 1914



Spring 2018



Farm & Garden

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THE MAGAZINE OF THE WOMAN'S NATIONAL FARM & GARDEN ASSOCIATION, INC.

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PLEASE GET INVOLVED & JOIN US

To form a branch or to join as a member at large please contact
Cheryl Malin National Registrar

707 McDougal Drive Waterford, MI 48327

Cmalin09@gmail.com

The next issue deadline for the magazine is **August 1, 2018**

Send magazine information to

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Front Cover : Matt Feinstein

Back Cover : Mary Pat Ford

NOTES FROM PRESIDENT RITA URBANSKI

To a gardener, spring is a time of hope, as we have survived another winter. The trees are budding, the ground is coming alive. It is time to get out in the yard and do the things we dreamt of doing all winter. We have been given another day, another season, another chance to add beauty to our world. If your branch doesn't have a civic service project, why not find one, no matter how big or small. Adding a few flowers to the landscape can bring a glimmer of cheer to someone's day.

Spring is also a good time to reach out to others who enjoy gardening and invite them to join your branch. Most branches are looking for ways to attract new members. Why not bring a friend to your next meeting? Or as one Ohio branch has done, have a "bring your daughter" meeting. My branch has had many successful mother-daughter member combos over the years.

Another way to get your name out there is to set up a table with flyers about your branch at a community event. Let people know when you meet and what activities you are involved in. Maybe your local library will let you put some flyers in their information area. Some cities have a local paper that will publish your meeting information for free. Get your name out there and inspire enthusiasm about joining WNF&GA. New members bring new ideas and can bring new energy to your branch.

With spring comes the final planning for our national meeting, held this year June 6—10 in the Finger Lakes region around Ithaca, New York. Mary Schwark has put many hours into planning activities that we all will enjoy. The "friendships formed through these meetings" is the number one reason people return. I hope to see many of you in June. We will be electing new officers at the meeting. Think about getting involved. If you are asked to chair a committee, don't just say no. Think about it and maybe co-chair with someone else. We all have skills that can add to the greatness

of our organization. Put yourself out there. It is hard to believe that my two years as your president is coming to an end. I could not have led you through without the work of my fabulous executive board. They went above and beyond in their dedication to WNFGA. Also many chairs and directors worked behind the scenes to make this organization run. Without their efforts the task would have been greater. I cannot fully express my gratitude to each and every one of these wonderful ladies. Thank you! Thank you! Thank you!

And lastly, thank you to the membership for trusting me with leading your organization. Thank you for the hospitality you have shown me. Please continue to give all your cooperation and help to your new officers. I am grateful and honored to have served you.

Rita



ANNUAL MEETING DETAILS

WNF&GA National Annual Meeting Call to Meeting Notice

Please allow this announcement to serve as notice to all registered members of the Woman's National Farm & Garden Association that the 2018 National Annual Meeting will be held
June 6 – 10, 2018 in Ithaca, New York.

The business sessions of the meeting are scheduled for the mornings of Friday, June 8, and Saturday, June 9, for the purpose of any and all business matters of the organization brought before the Executive Board and general membership attending. A full business meeting agenda will be available on the WNF&GA website at www.wnfga.org after May 6, 2018.

Sincerely,
Rita Urbanski
WNF&GA NATIONAL PRESIDENT

Proposed Change to the Bylaws

Because of a difference in the description of the Finance Committee in the bylaws and the standing rules, the board decided to propose a change in the bylaws. The president-elect and the vice president would benefit by being involved in this committee before becoming president. There were included in the standing rules, but not the bylaws. We propose to add them to the bylaws.

The bylaw currently reads:

ARTICLE X: COMMITTEES

Section 1: Committees

B. The Finance Chairman shall be appointed by the President. Finance Committee shall be composed of the President, A&O Treasurer, E&C Treasurer, and the Finance Chairman.

The proposed change would read:

B. The Finance Chairperson shall be appointed by the President. The Finance Committee shall be composed of the President, **President Elect, Vice President**, A&O Treasurer, E&C Treasurer and the Finance Chairperson.

WNF&GA ANGEL FUND

The angel fund was established by the membership to encourage first-timers to attend a national meeting. It is funded by member donations. Last year many first-timers took advantage of the assistance given in paying the registration fees. We hope to see those of you who attended in 2017 return again this year and maybe, if you feel so inclined, pay it forward with a donation to keep this fund going.

If you are thinking of coming this year for the first time, contact the meeting registrar, Vicki Guntenaar, for the details before you send in your registration. This year WNF&GA will pay 75% of the registration fee.

Join us in the Finger Lakes and see what we are all about!!

Botany and Booze: The Science of Plants in Wine, Beer and Spirits

What do alcoholic beverages have in common with plants?

Plants provide the base for all alcoholic beverages! It's true. Every alcoholic product in your local liquor store is derived from plants.

How are plants transformed into alcoholic beverages?

All alcoholic beverages undergo anaerobic fermentation of plant-derived sugars by yeasts.

What are yeasts?

Yeasts are single celled microorganisms belonging to the Kingdom Fungi. Using a variety of enzymes, yeasts break down plant-based sugars into alcohol and carbon dioxide.

What makes wine, beer and spirits different?

Alcoholic beverages are classified as wine, beer or spirits depending upon the fermentable material and the method of production.



Lauren Oscilowski *Architect of Alchemy*
Spotted Bear Spirits LLC Whitefish, MT
www.spottedbearsprits.com

- Wines are fermented from fleshy fruits like grapes, plums, peaches and apples, but most often from grapes (*Vitis vinifera*). Grapes contain the correct balance of sugars, acids and tannins to make a beverage that taste great and will last for a long time. The timing of the grape harvest is important since the sugars, acids and flavor components must be balanced. The harvested grapes are crushed and their juice is fermented with specific strains of yeast. Once the fermentation is complete, the wine will typically have a 12–14% alcohol content
- The beer brewing process begins by taking grains, usually barley (*Hordeum vulgare*), and producing malt. The malt's sugars are boiled with hops (*Humulus lupulus*) for seasoning, then fermented with yeast. Ales are fermented with specific strains of yeast at 59-77 degrees F. Lagers are fermented with a different strain of yeast at cooler temperatures, 41-59 degrees F. Many beers have an alcohol content of around 5% but some may be as high as 14%.
- Spirits are made from plant products that have been fermented then distilled. During distillation, liquid is heated to make a vapor then condensed back into a liquid. The distillation process increases the alcohol content of the fermented product from about 15% to somewhere between 40-75% by vaporizing the alcohol and flavorings and then condensing them in a "still". The most commonly distilled beverages include whiskey, bourbon, gin, vodka, tequila, rum, brandy and other flavored liqueurs. Spirits are graded for alcohol content and described as having a "proof" which is twice the measured alcohol content (100 proof whiskey has an alcohol content of 50%). Corn, potato, sweet potato, rice, agave, sorghum and sugarcane are some of the plants commonly used to make spirits.

Fun Facts

The earliest evidence of alcoholic beverage production dates back 9,000 years to China. Chemical analysis of pottery jars indicates the ancient Chinese drank a mixed drink of fermented rice, honey, hawthorne fruit and grapes.

In 1964, the United States congress recognized “bourbon whiskey” as a “distinctive product of the United States” making it, some believe, the official spirit of the USA.

According to scientists, each bottle of champagne contains on average 47 million individual bubbles.

Agave, native to Mexico, is a relative of asparagus, hosta and hyacinth. Agave is made into tequila by removing the tough spiny leaves and slowly roasting the heart. By law tequila must be made from Agave *tequilana* ‘Weber Blue’, named after a French military physician and botanist in 1902. Unlike tequila, agave spirits can be distilled from a mix of agave varietals and may be distilled worldwide including at handcrafted distilleries here in the US.

Before the usage of corks, the French used oil soaked rags to seal wine bottles. Believe it or not, this practice was continued into the 17th century.

In 2017, the world’s best selling spirit was Jinro soju. Soju is a Korean distilled vodka-like rice liquor. It is smooth and clean in taste and readily combines with many Korean food dishes.

A 750ml bottle of wine contains 600–800 grapes.

In 2017, the biggest wine producing countries were: #1 Italy, #2 France, #3 Spain, #4 USA, #5 Australia, #6 Argentina, #7 China, #8 South Africa.

The Angostura bitters recipe is a closely guarded secret but is thought to contain over 40 ingredients. Only 5 people at the House of Angostura, in Trinidad and Tobago, know the recipe and they have agreed to never fly on a plane together or eat at the same restaurant.

Classic Margarita

1 ½ ounces tequila or another agave spirit
½ ounce freshly squeezed lime juice
½ ounce Cointreau, Triple Sec or Grand Marnier
Dash of simple syrup
Ice
Salt
Slice of lime (garnish)
Combine all ingredients in a cocktail shaker. Shake.
Strain into a salted rim (if desired) glass, add some of the ice and garnish with a slice of lime.

Moscow Mule

½ lime
1 ½ ounces vodka
1 teaspoon simple syrup
1 bottle ginger beer
Ice
Slice of lime.
Fill a copper mug with ice. Squeeze the lime over the ice.
Add vodka and simple syrup and fill the glass with ginger beer. Stir. Garnish with a slice of lime.

Manhattan

2 ounces rye whiskey, bourbon, or Canadian whiskey
1 ounce sweet vermouth
2 to 3 dashes Angostura bitters
Ice
Maraschino cherry (garnish)
Combine all ingredients in a cocktail shaker.
Shake. Strain into a cocktail glass. Garnish with a cherry.

The Arnie

2 ounces limoncello
5 ounces unsweetened iced tea
Slice of lemon
Combine in a Collins glass. Stir. Garnish with a slice of lemon.

ENJOY!

Plants of the Year

Each year different plant societies and organizations choose an outstanding plant as their selected plant of the year, 2018 is no exception.

The Perennial Plant Association has chosen *Allium* 'Millenium' as their recognized plant. This *Allium* joins the ranks of previous perennials chosen for their fine virtues. Previous winners include Butterfly Weed, 2017, Baptisia, 2010 and Phlox, 'David', 2002. The designation, Plant of the Year, goes back to 1990, when *Phlox stolonifera* was chosen.

The genus *Allium* is a large group, but is best known for the family members we use most often: onions, garlic, chives, shallots and leeks. We have also become very fond of the family members grown from bulbs. Planted in the fall, they produce the huge purple, white and pink globes or dainty nodding blooms we love to incorporate into our flower gardens.

Allium 'Millenium' has a fibrous root structure and is not a bulb. It grows best in well drained soils in planting zones 3-9. Plant it in full sun, except in very hot summer climates where it appreciates some afternoon shade. The plant forms an ornamental clump. The foliage is grass like, much like Chives. The leaves can reach 10-15". The plant will bloom in mid to late summer, with round blooms that last as long as four weeks. Thankfully, it is rabbit and deer resistant. However, and this is its strong point, it is very attractive to pollinators and butterflies. Pair this perennial with yellow flowering late blooming plants for a stand out combination in the garden.

Another group that designates a Plant of the Year, is *The American Hosta Growers Association*. Their choice for 2018 is 'World Cup'. The growers try to chose a variety that is a good garden plant in all regions of the country and is readily available to the home gardener. 'World Cup' is a gold Hosta with deep-

ly cupped gold leaves. You could call the leaves corrugated, with a white backside. It has pale purple flowers in summer.

Hosta flowers are great for pollinators and humming birds. Don't cut them off! This Hosta can grow up to 30" tall by 48" wide. Gold Hosta generally will tolerate a bit more sunshine than the greens or blues.

Finally, *The International Herb Society* has picked Hops, *Humulus lupulus*, as the herb of the year. With the current interest in beer brewing lately, it isn't surprising that growing hops has become big business. Beyond beer, some varieties of hops can be a lovely vertical addition to a garden.

Hops grow as a vine, or more technically on a "bine". Bines have sturdy stems with stiff hairs that aid their ability to climb. The bines grow from rhizomes. The rhizomes, although not easily found, should be planted with a southern exposure in the spring or fall. They demand a well-drained soil which is rich in nutrients. Since the plants climb, you need to provide something for them to cling to. The hops plants may grow to 25'. They are hardy in growing zones 3-9, depending on the variety. I have seen hop yards growing in northern Michigan, so they definitely come in varieties that tolerate Zone 4 climates.

So here are three wonderful plants of the year to try in your garden, and with a bit of luck they will be a growing success.



Hosta plant
of the year
'World Cup'.

Mark Zillis

INTERNATIONAL COOPERATION

Women Walk the World International Day of Rural Women World Food Day

Wondering just what these are all about? Check out the ACWW website to learn more and see how you can be a part of it all at: www.acww.org.uk .

Question! what programs are presented to educate and encourage participation in International Cooperation in your Branch?

Research the location and present a mini workshop of the sponsored ACWW project country with your Branch for International Cooperation Day.

Invite ... local exchange students to speak to your Branch about life in their home country?

How many of your Branch members are members of ACWW? Is your Branch a member of ACWW?

Become a member today - be an active part of an organization supported by WNF&GA in person, in funding and encouragement: www.acww.org.uk

Frysinger International Project 2017

Kenya - Agok Women Revolving Credit Scheme for Food Security, Nutrition and Education Support - Number 1025

It's Amazing What a Few Dollars Can Do !!! See pages 10 & 11 for dates. And we thank you for continuing to provide funds to the Frysinger International Project Fund, so we can further help those in desperate need. Associated Country Women of the World (ACWW) does a tremendous job of vetting project applications from around the world and monitoring the progress and results. You should be very proud and honored to be a part of these successes.

Your dollars count - your donations are what make our ability to help support these projects possible. *Please, consider donating to the Frysinger International Fund today.* Your dollars, combined with those of others around the world, make the difference for others who are willing to plan and work hard to make a better life for themselves, their families and their communities. Please donate today....it's the only way we can continue this support. Use the enclosed envelope to send in your donation.

The 2017 chosen project was partially supported with your \$2000.00 USD from the existing Frysinger International Project Fund monies, and along with donations from others who also chose to support this project, the following Progress Report shows just what a difference you have made.

Yours in ACWW, Kay and Sylvia



PROGRESS REPORT

Kenya—Agok Women Revolving Credit Scheme for Food Security, Nutrition and Education Support—Number 1025



The Uyoma Food Security Self Help Project team reports that they have not encountered any major problems in the implementation of this project.

Regarding the fruit seedling planting activity, the report informs us that the digging of 1000 holes, ready for planting, is now completed. 1000 high quality fruit seedlings were planted with help from all members and they are being watered regularly in times of dry weather. Unfortunately, due to a high mortality rate among livestock, manure is in short supply and is expensive; however, the beneficiaries are using as much as they can.

Another activity taken on by the group is the creation of 10 household poultry units. 1000 two-week-old chicks were bought and distributed amongst the members (the photo above shows a beneficiary with her box of chicks). These chicks were also vaccinated successfully

even though the transportation of cold vaccines was not easy. The chickens are feeding on local seeds and with the development of the project, chicken rearing is becoming more and more popular in the area. Uyoma Food security Self Help Project are expecting that product marketing will start within the next four months.

The status of women who are participating in the programme is gradually ameliorating with the successful development of the poultry production industry. It is expected that within the next three months, families in this area will have regular access to bananas, eggs and chicken. During the last stage of the project, 20 training sessions on nutritional education will take place in households around the area and the construction of locally designed plastic-based cages for fish farming will be initiated.



Continued on pg. 11

ASSOCIATED COUNTRY WOMEN OF THE WORLD
CONNECTS & SUPPORTS WOMEN & COMMUNITIES WORLDWIDE

PROGRESS REPORT



Case Studies

Mary Obeto, at the age of 75, continues to work as a farmer and to look after her five grandchildren, who lost their dad to HIV/AIDs. It has not been easy to bring up and send to school five children with only the production of seasonal maize, beans, and sorghum as a source of income. Often she had to explain to her grandchildren why she could not afford to provide them with the same amount of food or school uniforms as the other kids in the local church had. Often she was struggling to pay school fees as well and it was when she joined Uyoma Food Security Self Help Project that she received guidance and support from somebody.

The financial support from this project helped her put in place a water harvesting tank and to purchase 25 high quality banana crops. Each of these crops gives around 200 fruits and a return of about KES4,000 (about £30). Therefore, her total revenue just from banana production is sufficient to cover her grandchildren's

school fees and to provide sufficient food. She also received chicks to rear (pictured). Mary is convinced that this project has turned her life around and she is grateful to have been given the opportunity to work with "so much" after having "nothing".

Syrpose Okuon is a 61 year-old widow who lives with her grandchildren and works hard to provide for them and their education. Over the years she has worked mainly with maize, beans, and sorghum in her farm, however such production is quite demanding in Ko'ogoye because of extended dry seasons and poor harvests. The Project provided her with a 6000-litre water harvesting tank which has for the first time freed her from the necessity of constantly supplying it from the crocodile-infested waters of Lake Victoria. She then refocused her production towards intensive vegetable, chicken and banana farming. The tank water is used as a main source of drinking and cooking water whilst waste water and chicken manure are used for the crops. This practice ensures a complete cycle of production and minimises waste.



Small Mediterranean Donkeys Come to America

On farms and in fields across the United States, people are seeing a breed of animal that has only been in the United States for a 100 years, the Mediterranean Miniature Donkey.



Quartermoon Ranch, Texas
Photo: Carolyn Christian

In 1929, a financier Robert Green visited Italy and became aware of the Sardinian and Sicilian donkeys in Italy. These donkeys are less than 36 inches in height had not come to America. He purchased six little jennets and one jack donkey to bring to his New Jersey farm. He is quoted when talking about the Mediterranean Donkey, "Miniature donkeys possess the affectionate nature of a Newfoundland (dog), the resignation of a cow, the durability of a mule, the courage of a tiger, and the intellectual capability only slightly inferior to man's."

The donkeys from Green's farm were dispersed to some of his famous friends, Henry T. Morgan, owner of Ken-L-Ration food, August Busch of Clydesdale and beer fame, automotive pioneer Powell Corley of Crosley Motors, and actress Helen Hays. From these original donkeys, the population has increased to about 50,000 and spread across the United

States, especially in the South.

The Sardinian and Sicilian donkeys, that were later renamed Mediterranean donkeys, were used in Italy for mining, milling flour, and as cart donkeys and often had lives of hardship and cruelty. They had been bred to be small, tough, docile and trainable.

In America, most of the Mediterranean donkeys are pets on farms or companion animals to other horses. Donkeys were also used as guard donkeys for flocks of sheep or cows. They still retain that guard behavior and sometimes do not tolerate dogs well as dogs resemble wolves and coyotes that may attack the herd.

Mediterranean donkeys are under 36 inches tall as compared to a standard donkey which is between 48 and 54 inches tall. Female donkeys are called jennets and males, jacks.

Mediterranean donkeys are defined by color and appearance. They were originally gray or dun color. Foals are born with reddish brown fur and usually lose this after a year. You will see Mediterranean donkeys with a gray summer coat which turns a furry reddish coat in the winter. With modern breeding, you will see white or spotted donkeys which are prized by some breeders.

Conformation of a Mediterranean donkey would be a well rounded animal standing on four straight legs with all parts in symmetry and balance. They should look athletic and capable of performing tasks of packing, cart pulling or guarding. The average donkey will weigh 250 to 450 pounds and stand 30 inches to 36 inches. Their life expectancy, if well cared for, is around 30 to 35 years.



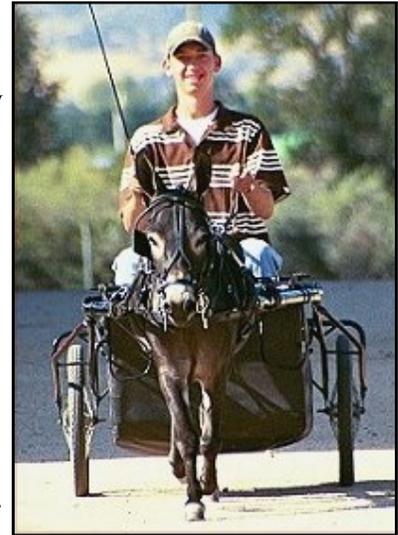
Photo : Little Brays of Sunshine.

Most donkeys have a dorsal and wither stripe or a donkey cross. The short version of the story regarding the donkey cross that is handed down through generations, is Jesus rode a donkey into Jerusalem on Palm Sunday and it followed Jesus to Calvary and being so grief stricken he turned away from Jesus and the shadow of the cross fell upon his shoulders and back where the marking has continued on all donkeys. Information on this story may be found in the book, "The Donkey Companion" by Sue Weaver.

Donkeys can be a wise investment for a person if you find a donkey with correct conformation, and registered with the American Donkey and Mule Society or the Miniature Donkey Society. A potential donkey owner can find lots of information on the web regarding either pet quality mini donkeys or breeding donkeys. The old saying applies to buying donkeys, "buying donkeys is like eating potato chips, it is hard to have only one donkey."

There are many donkey rescues around the country and you will find mini donkeys in the facilities. Donkeys are wonderful companions for other donkeys, horses, and people, though you need to have two as they are "herd" animals. Donkeys visit hospitals, retirement homes, hospice centers, schools and other places that they can help to bring compassion and reassurance to those in need and brighten people's lives with a laugh or smile. Children, with proper instruction, can be successful in handling friendly donkeys. Donkeys have a quick intelligence and are eager to please. Donkeys will stand and listen to human interaction.

The author has taken her mini donkey into a church service as the donkeys have various mentions in the Bible. Donkeys will shy away from loud noises like clapping but are very interested in the people around them. Mini donkeys have come a long way from those who worked and toiled in Italy to their new homes on farms in America. But they continued to bring their compassion, intuitiveness, courage, intellectual capabilities, and affection to their owners and people they visit with.



Quartermoon Ranch
Photo: Carolyn Christian



This was my Miss Daisy, who has passed away. Art class students were drawing her. Photo: Joette Kunse.



Little Brays of Sunshine Visiting a senior Residence. Photo Steve Stier

Sources

Dohner, Janet Vorwald, "Encyclopedia of histories & Endangered Livestock & Poultry Breeds", Yale Press copyright 2001

www.donkeytime.org
www.lovelongears.com – American Donkey & Mule Society

nmdaasset.org – National Mini Donkey Association

MissDaisyDonkey Facebook

ANNUAL MEETING DETAILS

Why not book your Ithaca hotel room early?

Country Inn & Suites 1100 Danby Rd., Ithaca NY 14850

King and Two-Queen Suites \$159.00 per night for one to two adults.

Additional price per person cost - \$15 per night

13% room tax

Non-Smoking Hotel ~ Includes Breakfast Call the hotel directly to book: 607-256-1100

OR

Go to www.countryinns.com/ithacany

Type: **WFARMG** in the promo box.

Booking deadline: May 23, 2018

2018 Woman's National Farm & Garden Association Annual National Meeting in the Finger Lakes Region of New York State **Bus Registration Form**

Depart from Michigan on June 6, 2018 ~ Return on June 10, 2018

Please put the dates on your calendar. We always have fun at our annual WNF&GA National Meetings! In 2018, we will visit the Finger Lakes Region of New York State. Our headquarters will be the Country Inn & Suites in Ithaca, NY.

From Troy, MI, the bus will head east through Canada, and the trip to Ithaca will take approximately 8.5 – 9 hours, stops included. We will keep you posted about other pickup points.

The bus is FUN! Please plan to join us.

Driving yourself? NO charge to park at the hotel.

NOTE: Documents REQUIRED for land travel through Canada are a passport OR a passport card OR an enhanced driver's license.

Total bus cost: \$150.00. Deposit: \$75.00. To reserve your seat, send your deposit as soon as possible.

The final payment of \$75.00 will be due on or before April 15, 2018. **NO REFUNDS, PLEASE.**

Please PRINT NEATLY to insure your information can be recorded accurately.

Name _____ Branch _____ Division _____

Street Address _____ City _____ State _____ Zip _____

Home Phone _____ Cell Phone _____

Email address _____ Member _____ OR Guest _____

Make deposit of \$75.00 payable to: WNFGA Meeting Fund. Write "bus deposit" on the memo line.

Mail your check and a completed copy of the registration form (make a copy for yourself) to:

Helen Jositas, 2834 Shannon Dr., Oakland, MI 48363

Questions? Contact Helen: 248-766-2300 OR rjositas@aol.com

2018 WNF&GA National Meeting – Registration Form

Finger Lakes Region: Ithaca, New York – June 6 - 10, 2018

Complete a separate registration form for each member & guest. **NOTE:** Registration fees are NON-REFUNDABLE.
Country Inn & Suites, 1100 Danby Rd., Ithaca, NY 14850 See hotel's web address & phone number below.

Please print neatly. The registrar must be able to read your writing!

Name _____ 1st national meeting? Yes No WNF&GA Member? _____ Or guest? _____
 Address _____ City _____ State _____ Zip _____
 Home phone _____ Cell phone _____ Email _____
 Emergency contact person _____ Relationship _____ Phone _____
 Division _____ Division Office Currently Held _____ Branch _____
 Branch Office Currently Held _____ National Office Currently Held _____
 Arriving by: Air ___ Bus ___ Car ___ If traveling by car, will you return through Canada on Sunday morning? Yes No
 Expected date/time of arrival _____ Rooming with _____ **OR** Need a roommate? Yes No
DIETARY RESTRICTIONS – IMPORTANT! Check **ONE** only: NO restrictions ___ Vegetarian ___ Vegan ___
 We don't know unless you tell us. **Please list ALL dietary restrictions:** _____

IMPORTANT NOTE

The hotel breakfast buffet is included in the room charge.
 All other activities are included in the meeting registration fee unless otherwise indicated. **N.I. = not included**

Wednesday, June 6, 2018

Hotel check-in followed by national meeting check-in
 Please check one: _____ Light supper provided at hotel **OR**
 _____ Dinner **ON-YOUR-OWN (N.I.)**

Thursday, June 7, 2018

Cornell Botanic Gardens
 Baker's Acres (plant nursery); lunch at adjacent Kendra's Café
 King Ferry Winery (farm winery tasting & tour)
 Johnson Art Museum at Cornell including: Tiger Glen Garden,
 dinner on the 6th floor, program, Leo Villareal's light
 installation *Cosmos*

Friday, June 8, 2018

WNF&GA annual meeting session I – Country Inn & Suites
 Visit Taughannock Falls State Park: view falls; visit
 park; lunch in the covered pavilion
 Visit Cornell Dairy & Dairy Bar
 Visit MacKenzie-Childs, Aurora, NY (gardens, tours,
 shop or browse)
 Dinner near hotel. **ON-YOUR-OWN (N.I.)**

Saturday, June 9, 2018

WNF&GA annual meeting session II – Country Inn & Suites
 Ithaca Farmers Market; **optional** one-hour boat tour
 (N.I.); lunch **ON-YOUR-OWN (N.I.)**
 Cornell Laboratory of Ornithology **OR optional** free afternoon
 Dinner & Installation of 2018-2020 officers & Silent Auction

Sunday, June 10, 2018

Bus loads at 8:15 am & departs from hotel at 8:30 am.
 Bus passengers & those returning by car through Canada
 visit Sonnenberg Gardens, Canandaigua, NY, 10:00 am.

National Meeting Registration Fee	=	\$ <u>210.00</u>
OPTIONAL Donation to the National Arboretum Internship Fund (any amount)	=	_____
OPTIONAL Donation to the Angel Fund to assist first-time attendees (any amount)	=	_____
Add required \$25 late fee AFTER May 6, 2018	=	_____
Total Amount Enclosed	=	_____
Make check payable to WNF&GA National Meeting Fund	=	_____

Mail completed registration form & check to event registrar:
Vicki Guntenaar
19425 Georgia St.
Roseville, MI 48066
 Registration questions? Contact Vicki:
 303-807-4364 **OR** vguntenaar56@gmail.com
 Meeting questions? Contact Mary Schwark:
 248-593-6182 **OR** schwark@aol.com
 Include "Finger Lakes" in the subject line.
NO REFUNDS. NO EXCEPTIONS.
\$25 late fee applies AFTER May 6, 2018

Not taking the bus to Ithaca? IF SPACE REMAINS, a \$20 fee paid at the Ithaca meet-ing check-in will save you a bus seat from June 7 thru 9. First come; first served.

There will be NO FEES for guests to park their vehicles at the hotel.

Country Inn & Suites, 1100 Danby Rd., Ithaca, NY 14850 Phone: 607-256-1100
\$159 per night for one to two adults. Additional person cost: \$15 per night. 13% room tax. Includes breakfast.
NON-SMOKING HOTEL. King & Two-Queen Suites. Call the hotel directly (number above) & mention WNF&GA.
OR go to www.countryinns.com/ithacany. Type WFARMG in the promo box. Reserve hotel rooms by 5-23-2018
NO PARKING FEES AT THE HOTEL!

ANNUAL MEETING DETAILS

WNF&GA Finger Lakes National Meeting Details

**For those who like to be prepared, there's much to learn on the venues' websites!*

Country Inn & Suites

Wednesday evening, June 6

Hotel & meeting check-in, 3-8 pm. Light supper at hotel included, 7-8 pm. OR dinner on-your-own (not included)

WEBSITE: www.countryinns.com/ithacany

Cornell Botanic Gardens

Thursday morning, June 7

Nevin Welcome Center, Mundy Wildflower Garden, Robison York State Herb Garden, Newman Arboretum, etc.

WEBSITE: www.cornellbotanicgardens.org

Baker's Acres & Kendra's Cafe

Midday, Thursday, June 7

Plant nursery visit and buffet lunch **WEBSITES:** www.bakersacres.net & www.bakersacres.net/kendras-cafe/

King Ferry Winery

Thursday afternoon, June 7

Farm winery tasting and tour

WEBSITE: www.treleavenwines.com

Dinner

Thursday evening, June 7

E.L. Johnson Art Museum at Cornell, Tiger Glen Garden, program, Cosmos light installation

WEBSITES: www.museum.cornell.edu & www.museum.cornell.edu/morgan-garden & www.museum.cornell.edu/exhibitions/leo-villareal-cosmos

Country Inn & Suites – Annual Meeting Session I

Friday morning, June 8

Taughanock Falls State Park

Midday, Friday, June 8

Lunch & visit

WEBSITE: <https://parks.ny.gov/parks/62/details.aspx>

Cornell Dairy & Dairy Bar

Friday afternoon, June 8

Observe dairy plant operations & ice cream at the Dairy Bar

WEBSITES: www.living.cornell.edu/dine/wheretoeat/cafescoffeehouses/cornelldairybar.cfm & www.facebook.com/TheCornellDairy/

MacKenzie-Childs

Friday late afternoon, June 8

Tour gardens and buildings, shop, browse

WEBSITE: www.mackenzie-childs.com/ourstore

Evening dinner on-your-own (not included) near hotel; dropoff and pickup of those traveling by bus

Country Inn & Suites – Annual Meeting Session II

Saturday morning, June 9

Ithaca Farmers Market

Saturday mid-morning/early afternoon, June 9

Lunch on your own (not included)

WEBSITE: www.ithacamarket.com

Optional boat ride on-your-own (not included) **WEBSITE:** www.ithacamarket.com/explore-ithaca/boat-tours/

Cornell Laboratory of Ornithology

Saturday mid-afternoon, June 9

Exploration and interactive displays

WEBSITE: www.birds.cornell.edu/Page.aspx?pid=1478

OR *Optional free afternoon*

Dinner, Silent Auction, Installation of 2018-20 officers, program

Saturday evening, June 9

Taughanock Falls State Park central pavilion-dinner catered by Ithaca Bakery **WEBSITE:** www.ithacabakery.com

Sonnenberg Gardens, Canandaigua, NY (approx. 75 minutes NW of Ithaca)

Sunday morning, June 10

Visit for those returning by car or bus through Canada or for anyone else who chooses to visit the gardens prior to departures in other directions.

WEBSITE: www.sonnenberg.org

ANNUAL MEETING DETAILS

Fun & Fascinating Facts About New York State & the Finger Lakes Region,

Agriculture is the #1 business of New York State.

New York is the second largest apple-producing state in the US.

New York is the third largest wine-producing state in the US (behind California & Washington).

The Finger Lakes Region produces the greatest number of New York State wines.

The Region's fertile grounds were used by early Seneca, Cayuga & Onondaga Native Americans.

Important Finger Lakes crops include: buckwheat, oats, wheat, corn, lettuce, onions, carrots, leeks, potatoes, peas, melons, sweet & sour cherries, peaches, apricots, pears, strawberries, blueberries, squash, tomatoes, green peppers, cabbage, Brussel sprouts, beans

The Finger Lakes Region has 100+ wineries, many
breweries; 50+ farmers markets, 100 U-pick locations.

The region has 16 universities & colleges; the largest is Cornell, a land-grant institution.

Other attractions include 135+ museums, 80+ art galleries, 400+ historic sites & landmarks; 14 professional theatre companies; 45 community theatre groups; 1063 waterfalls & gorges; 20 tour boats; 650 miles of shoreline; 300+ B&Bs; 100+ waterside restaurants; 26 state parks; a 16,036-acre national forest; 128+ fish species; the 17-mile long "Grand Canyon of the East;" 100 miles of historic Erie Canal; 2000+ miles of hiking & biking trails; 95 public campgrounds; 40 nature centers; 24+ fishing derbies; 160 golf courses.

Official trails include the following categories: wine, art,
history, museum, cheese, beer, seaways, organic, eco-friendly.

Finger Lakes Interesting Tidbits

- ◆ The Finger Lakes Region was the central portion of the Iroquois Nation homeland.
- ◆ The Region is also home to many historic Underground Railroad sites.
- ◆ Auburn, New York was Harriet Tubman's last home and is her burial site.
- ◆ Elmira, New York was Mark Twain's home in his later years.
- ◆ Seneca Falls, New York is the birthplace of Women's Suffrage.
- ◆ Corning, New York is the home of Corning Glass Works & the Corning Museum of Glass.
- ◆ The latter features 3,500 years of worldwide glass-making history.
- ◆ Taughannock Falls is the tallest single-drop waterfall east of the Rocky Mountains. At 215 feet, it's three stories taller than Niagara Falls.

ANNUAL MEETING DETAILS

Visiting the Finger Lakes Region

Many travelers like to begin their trips with the anticipation of relaxation, surprise and sheer enjoyment. They let events unfold as they will. Others feel comfortable with modest preparation, while still others prefer to start an adventure full of knowledge and completely ready for all they will experience.

Whichever description fits you best, please use the national meeting information contained within these pages and the websites below however you wish ... or not at all!

The three days of our 2018 annual national meeting in Ithaca will be **busy!** With so many interesting, fun and relevant opportunities available in the Finger Lakes Region, we can realistically cover only a fraction during one full and two half days of exploring. But we'll see and do lots, so get ready!

The various categories of information on the next few pages came from several sources, including the following:

www.ilovethefingerlakes.com/basics/agriculture.htm

www.fingerlakes.org/explore/quick-facts

www.fingerlakestravelny.com

https://en.wikipedia.org/wiki/Finger_Lakes

www.lifeinthefingerlakes.com

www.visitithaca.com

For interesting information about wine production in New York State, read Michael Austin's article "3 regions in New York that produce the best wines." It was originally published in the *Chicago Tribune* in September 2017.

www.detroitnews.com/story/life/food/2017/10/18/new-york-wine-regions/106778478/

Formation of the Finger Lakes

According to priweb.org, the website of the Paleontological Research Institution & Museum of the Earth in Ithaca, New York, the Finger Lakes "formed over the last two million years by glacial carving of old stream valleys."

According to Native American legend, the lakes – which "spread like fingers across central New York State" – were "left behind by the Great Spirit who blessed this land with his hands."

SCORE: Science – 1 Myth – 1

The Finger Lakes Region of New York State measures 9,000 square miles in area. Bounded on the north by one Great Lake – Ontario – the region's 11 eponymous bodies of water are characteristic glacial lakes. They're all connected to rivers which flow north and into Lake Ontario.

The lakes from west to east (the five marked with asterisks are considered *minor* Finger Lakes) are *Conesus, *Hemlock, *Canadice, *Honeoye, Canandaigua, Keuka, Seneca, Cayuga, Owasco, Skaneateles and *Otisco. Lake Oneida, located northeast of Syracuse, is not one of the Finger Lakes. Sometimes, however, it's referred to as a "thumb." Ithaca lies at the south end of Cayuga.

The two largest of the 11 Finger Lakes are Seneca and Cayuga. The bottoms of both lakes are well below sea level. Their dimensions:

LARGEST FINGER LAKES	MAXIMUM WIDTH	LENGTH	MAXIMUM DEPTH	SURFACE AREA
Seneca	1.864 miles	38.1 miles	618 feet	66.9 square miles
Cayuga	3.48 miles	37.9 miles	435 feet	66.41 square miles

2018 Silent Auction

Ohio's Dooryard Branch will again be your host!

Dooryard Branch did a phenomenal job with the 2017 Silent Auction in Cincinnati. They've agreed to host the activity again in Ithaca! Let's support their efforts in 2018 with donations of wonderful new or like-new items that you love but no longer use or need.

Of course, the Annual National Meeting's auction doesn't absolutely require a theme but, because we're gathering in the Finger Lakes Region, how about a focus on ... fingers ... and other things mentioned in the following classic nursery rhyme:

*Ride a cock-horse to Banbury Cross, to see a fine lady upon a white horse;
With rings on her fingers and bells on her toes, she shall have music wherever she goes.*

A few ideas:

Fingers & toes: rings & other fashion jewelry, jewelry care products, jewelry boxes, hand & foot care products, gloves, socks, home manicure & pedicure products

Bells: silver bells, bluebells, Taco Bell, books about bells, photos of bells, wind chimes

Horses: framed art & photos, books, horse-themed scarves

Music: CDs, DVDs, iTunes cards, collectible sheet music, songbooks, books about music, musicians' biographies or memorabilia, books about songbirds, recordings of songbirds, music boxes

Miscellaneous: bottles of Finger Lakes wine, other New York State products

... or anything that you just know someone else will love to adopt. Let these suggestions spark your own ideas, creativity and generosity!

Dooryard members will happily accept your donated items at the hotel in Ithaca, and as early as possible so that they have time for processing. Questions? Contact Bev Gustwiller: bev@gustwillers.com

Woman's National Farm & Garden Association, Inc.
Slate of Officers 2018 to 2020

President	Mary Pat Ford
President Elect	Mary Schwark
Vice President	Open
Corresponding Secretary	Audrey E. Ehrler
Recording Secretary	Fran Ralstron
E & C Treasurer	Kathleen Welsh Beveridge
A & O Treasurer	Lenore Treba
Advisor	Rita Urbanski

Everyone has talents, and we as a board could use help in filling these positions. If you wish to volunteer or know of someone who would be good as vice president or would be good for future openings, please let me know.

Molly Hammerle

We will take nominations from the floor.

DIVISION & BRANCH UPDATES

Pennsylvania Bucks County Branch

This past fall, Nance Wasch, our immediate past president, organized our involvement with the Puerto Rico Seed Relief Project to help replant thousands of vegetable acres devastated by Hurricane Maria. Our contact was key leader Dr. Sarah Dohle, assistant professor of plant science at Delaware Valley University in Doylestown, working in collaboration with Dr. Viviana Medina, an agronomist from Puerto Rico. Members donated seeds and money for transportation costs and joined with hundreds of university and community volunteers, working over several days, to sort and pack 8,000 pounds of seeds for shipping (see photo below). The Agricultural Extension Service of the University of Puerto Rico facilitated free seed distribution across the island to home, school, and community gardeners and small scale farmers.



The fall was also a time to start planning for our third *Designed for Nature* Garden Tour on Saturday, June 17, 2018, in partnership with Bowman's Hill Wildflower Preserve and Audubon PA. Vice-president Missy Halter is chairing a very enthusiastic committee focused on presenting an event that will inspire and educate about how and why transitioning to native plants can make such a difference. Branch member Heidi Shiver (also a Penn State master gardener, educator, and naturalist) presented "*Gardening with Natives for Pollinators and Birds*" at our November meeting. Open to the public, her program at our local library was chock full of great information and engaging slides.

We welcomed in the New Year with our Annual Potluck and Book Discussion at the home of president Karen Kreller on January 2nd. *Garden Revolution: How our landscapes can be a source of environmental change*, by Larry Weaner and Thomas Christopher, spurred a spirited discussion on gardening techniques that result in beautiful, dynamic land-

Russell G. Mawby



Russell G. Mawby, of Augusta, died Oct. 20. Mawby was a Kent County 4-H'er, a 4-H Emerald Clover Society member and a Campaign for 4-H's Future Leadership 10 member. In 1952, he joined the Michigan State faculty and in 1956 succeeded A.G. Kettunen as assistant director of Cooperative Extension responsible for statewide 4-H programs and Michigan 4-H Foundation trustee. In 1961, he was recruited by the W. K. Kellogg Foundation of Battle Creek to become director of the Division of Agriculture. Mawby became Kellogg Foundation president and CEO in 1970 and chairman and CEO in 1982 until his retirement in 1995. He served on the Kellogg Company board from 1974 until 1998. Mawby's personal leadership led to the formation of the Council of Michigan Foundations and the Michigan Non-Profit Association and he served both organizations as a board member. He was a member of the Michigan Community Service Commission, providing leadership for the commission's support and advocacy for volunteerism in Michigan. Mawby received his bachelor's and doctoral degrees from Michigan State University and a master's degree from Purdue University.

Thank you to Michigan 4-H Foundation
Michigan State University Extension
Communications for permission to reprint article

Russ was one of the first recipients of the WNF&GA IFFY scholarships and was forever grateful to Farm and Garden for their support. Russ graciously spoke to the Michigan Division several times during his busy years and remembered, with enthusiasm, his connection to WNF&GA. Though many new members will not remember him, there are many who have had the pleasure and privilege to know him who will be saddened by his passing.

HISTORY OF THE BELLE ISLE DETROIT 4 DAFFODILS PROJECT

April 19, 2017 truly was a monumental day for WNF&GA, Michigan Division and one of which we can be so proud! On Belle Isle (the jewel of Detroit), over 300 woman and a few men gathered at the Detroit Yacht Club to be honored by Mary Sheffield, a member of the Detroit Council, representing the Belle Isle District, who presented Robin Heller, Chairman of the Detroit 4 Daffodils Project and with a spirit of Detroit award, “an expression of gratitude and esteem for this citizen of Detroit in recognition of exceptional achievement and outstanding leadership and dedication to improving the quality of life.” Following her, the president of the Detroit City Council, Brenda Jones, awarded us with a Proclamation that the third Wednesday of every April will now be known as Detroit Daffodil Day! Whoa! Two awards from the city of Detroit. What is the BIG deal with all these daffodils and awards and where and why did it begin?

In 2009, Claudia Scioly, a Farm & Garden member, heard Lynden Miller, a New York-based public garden designer, speak at a fundraiser hosted by the Bloomfield Hills Branch and chaired by member Cecily O’Connor. Miller, who has transformed numerous New York City garden areas, believes public parks are vital elements of any city, connecting residents to nature, improving quality of life, and even impacting business opportunities. One of Miller’s projects particularly appealed to Claudia – the Daffodil Project, founded in 2001 as a living memorial to those who died in the September 11 attacks. Since that time, New Yorkers for Parks has distributed more than five million free bulbs and New Yorkers have planted them citywide, providing beautiful swaths of spring color and symbols of hope across the urban landscape.

In Detroit, Belle Isle has long been a popular gathering spot for residents and visitors alike. But as the city struggled, so too did the island, falling victim to neglect in many areas. Claudia saw the parallels between New York’s Daffodil Project and the need for hope and beauty in Detroit, and set out to make it happen.

In 2010, Claudia, in collaboration with Cecily O’Connor, organized the first Annual Daffodil Day at Belle Isle luncheon to celebrate the planting of 3,000 daffodils on the island. The effort became an official Michigan Division project in 2012, and since then we have planted more than 300,000 daffodils to celebrate Belle Isle’s restoration and the resurgence of Detroit. Our goal is to plant one daffodil for every resident of the city – 700,000.

The Belle Isle Daffodil Project has become a true community effort, garnering strong support from a variety of sources: the Belle Isle Conservancy, Michigan Department of Natural Resources (now managing the island as a state park), local businesses, school groups, and others. Proceeds from the April luncheon and other donations fund the purchase of bulbs. Each fall, volunteer groups from the Farm & Garden branches, schools, companies, nonprofit organizations, and the MDNR come together to plant thousands of bulbs in various locations throughout the isle. The Belle Isle daffodils are now an eagerly anticipated rite of spring for many metro Detroiters – people call the Conservancy to ask if the daffodils are blooming, and make it a point to view the glorious sight of “a host of golden daffodils, fluttering and dancing in the breeze,” as captured in the timeless poem, *I Wandered Lonely as a Cloud*, by William Wordsworth.

The Daffodils 4 Detroit Project resonates both inside and outside of the Michigan division as more than half of our Branches donate to the project and /or work on the planning committee. Our annual luncheon allows us to continue our planting project as we move forward toward our goal. All of this is because one lady decided to make it happen and it did.

Bloomfield Hills, Michigan Garden Club

On behalf of Michigan Division (the sponsor of Daffodil Day and Daffodils4Detroit), Bloomfield Hills Garden Club has invited Lynden B. Miller to be the speaker at Daffodil Day on April 18, 2018. We are pleased and excited to host Ms. Miller for the 9th annual edition of this wonderful event! Speaking of daffodils, our branch was presented with an official recognition/proclamation for appreciation of many years of donating beautiful daffodils to further the goal of city beautification in Bloomfield Hills. (Please see photo of the recognition on the right) Please contact Maureen D’Avanzo, President, or myself for further information. Thank you, Karen Caserio - Communications Chair



New York Division
88 Years of
Dedication

A bronze leaf has been added to the Giving Tree at Temple Ambler Campus to honor New York Division.

The New York Division was formed by Louisa Boyd Yeomans King in 1929 after she moved to South Hartford NY from Michigan, following the death of her husband. King had served as WNF&GA first president (1914-1921). In 1928 the first flower show in Hartford was held at King's home, "Kingstree." Tri-County Branch continues this tradition, holding a flower show every year. During King's lifetime, this became known as Country Day and Flower Show, with plowing contests (supplied by Henry Ford) and other activities. Thank you for your years of dedication.



Help Wanted!

Outgoing, enthusiastic, fun-loving, brave WNF&GA members to participate as after-dinner actors/presenters at National Meeting events in Ithaca. Contact WNF&GA VP & Finger Lakes meeting planner, Mary Schwark. Email schwark@aol.com or text 248-765-4809 with your name, branch, contact info & message "I'll be an actor/presenter!"

Wanted! Needed Members to Fill Meeting Planner or Meeting Planning Committee

We are looking for individuals to either lead or join the Meeting Planning Committee. Duties include planning the annual meeting for next year. Please contact Molly Hammerle Mhammerle22@att.net

Hazel Herring Civic Improvement Grant Application

Application being made by (Branch Name): _____
Division (If Applicable) _____ Number of Members: _____
Project title: _____
Project cost: _____ (Estimated, if necessary)
Person submitting application: _____
Address: _____
Phone _____ FAX/e-mail: _____

Application must include the following:

1. A completed application form
2. A written description, no more than three pages in length describing the Project, the Goal, Sweat Equity (who will be involved in the project) and the Total Cost for completion.
3. A copy of this application should be sent to the Branch and Division President for their records.
4. Four digital photos in a .jpg format to be emailed or sent with the application on a CD-Rom to be used in Power Point presentations.

Mail completed application and photos to:

Gerry Howard
212735 Scott Road
Davisburg, MI 48350
Phone: 248-634-3766
gerryhoward323@yahoo.com

Grant recipients are then required to:

Submit a report to Gerry Howard at the above address no later than **May 1, 2019** (to be processed in time for the Annual Meeting) and include the following:

1. Brief description of the completed project
2. Include 4 photos as described above.
Please mark with Branch/Division name, date of project and title.
3. Name of person who made application, telephone, e-mail and address

One Hundred Years of Growing and Giving:
Woman's National Farm and
Garden
Association 1914-2014

Our Centennial book is a soft cover edition that encompasses the history of our organization with greater emphasis on the post-Chronicle years 1984-2014. The 100th celebration is included in the publication. The book is filled with pictures and features the founding history, the presidents, interest areas, leaders and special projects.

Overall the book is divided into decades in order to provide a greater understanding of the events that influenced each era, with special emphasis on interest areas and projects that developed along those themes.

The price is reduced to \$10

Contact

Mary Pat Ford mpf6@hotmail.com

Or

Rita Urbanski rzurbanski@gmail.com

One Hundred Years of Growing and Giving:
**Woman's National Farm
and Garden Association**
1914-2014



Membership for Members at Large 2018

Name _____
Address _____
Email _____
Telephone _____
Secondary Contact Information- In Case We Loose Touch With You

*Members at Large is a designation for members who are loyal friends and do not have the convenience of a branch but wish to be involved with the organization. Loyal Friends receive all national communication including the magazine **Farm & Garden** published twice yearly.*

Annual Dues \$15.00 Due by December 31, 2018

Make checks payable to Woman's National Farm & Garden Association (WNF&GA)

Mail to Lenore Treba

859 Portsmouth Drive Troy, MI 48084

248-362-3738 leetreba@att.net

We are so happy to have you join us!



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