Kathleen Welsh Beveridge, with mom Dee Welsh; Julia Siefker with mom Marilyn Galka; Dorothy Zipple with daughter Susan

The New York Botanical Garden; Faith Tiberio and Audrey Ehrler

Looking at the roses in the NYBG Rose Garden in the Bronx

The New York Botanical Garden; Jenny Rose Carey gives an introduction of WNF&GA

Marie Long Reference Librarian
The LuEsther T. Mertz Library
The New York Botanical Garden

Librarian
Elizabeth Hall a graduate of the Pennsylvania School of Horticulture for Women in 1924

Waiting for the rain to stop in Kukuit, The John D. Rockefeller Estate
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**JOIN US & GET INVOLVED**

To join for single membership, see page 23 or form a branch of Woman’s National Farm & Garden Association, please contact  Susan Yeager  505 E. Willow Grove Ave.,  
Wyndmoor, PA 19038  215-205-1117 yeagerrsue@yahoo.com

The deadline is  March 1, 2014  for the next issue of  Farm & Garden. Send information to  
Mary Pat Ford  Editor  1322 Kirks Lane Dresher, PA 19025  215-237-3983 mpf6@hotmail.com

Front Cover Photography:  M.P. Ford  Container of  Sempervivum  at Chanticleer Garden  
Back Cover Photography: Jenny Rose Carey  ‘Garden Delight’ Floribunda Rose at the  Peggy Rockefeller Rose Garden at NYB
Dear Farm and Garden Members,

It is a beautiful fall day as I finish writing my field notes to you all! Here in Northwest Ohio, the promise of an outstanding corn crop and excellent bean harvest is being fulfilled as our farmers have started in the fields earlier than usual.

It is quite an exciting year for everyone, especially as the 100th Celebration planning is upon us. The venue will be Philadelphia May 28-June 1, 2014; please mark your calendar and invite a friend to introduce to WNF&GA! This is the week after Memorial Day, so if you plan it, you will be there. Read more about it in the pages that follow.

The 2013 Annual meeting in New Jersey/New York City was a great event. We had many attending the annual meeting for the first time and so many exciting activities. Several business items of note were accomplished, including a unanimous vote to pass revised ByLaws and Standing Rules. To refresh your understanding of these important organizational elements, see the website www.wnfga.org. Huge thanks to past President Mary Bertolini and her committee on completing this gargantuan effort and important step forward. The Strategic Plan was accepted and is in process with another huge thanks to former President Elect Kathy Beveridge for her vision and long hours on this project.

I traveled in my role as National President for the first two weeks of September 2013. First stop was Washington, D.C. to visit the U.S. National Arboretum and see the Dogwood gardens. Such a beautiful, peaceful site it is! I was inspired to see the garden representing the history and devotion of WNF&GA, and yet am sure that a day of service by our members would enhance it enormously. Vice President Susan Yeager joined me as we met with the Arboretum Director and staff, including George Waters who has overseen the Dogwood collection for more than 20 years. He is also responsible for working with the arboretum intern sponsored by our scholarship fund, Tristan Malan. They have put in long hard hours in trying to keep up with all the work these gardens require! The effects of sequestration created an additional challenge, closing the Arboretum for three days a week.

I would love to see the conclusion of the 100th Celebration year in the spring of 2015 finalized in a trip to the U.S. National Arboretum. Perhaps we could plant the 100,000th tree of our native plant initiative in the Arboretum. Would you make the trip? Please tell me what you think at jverhoff@bright.net.

From Washington, D.C., Susan and I drove to Philadelphia where I attended Rhapsody in Bloom, the annual fund raising event of the Ambler Arboretum of Temple University. It was a delightful evening under the stars as guests at the gorgeous home of Maureen Thompson, an Ambler Keystone Branch Member and Temple graduate. During my stay, I had a private tour of Wyck, the family home of WNF&GA founder Jane Bowne Haines. To see the roses she planted all those years ago still thriving was a thrill. Some of you saw Wyck when the Annual meeting was in Ambler 2007. My primary purpose for this trip was to visit Ambler Campus and see first-hand the progress on the proposed Welcome Center WNF&GA has worked so hard to fund. This building has historical significance as the former head house of the greenhouses on the campus for the Pennsylvania School of Horticulture for Women, an institution established and lead by Jane Bowne Haines. It is a pleasure to report that the cedar shakes roof was replaced and is finished. The next step is for indoor work such as plumbing, electrical,
insulation, a powder room and kitchen area. Temple University will run a natural gas line through the Ambler campus and will also hook up to the Welcome Center as part of its campus plan to change all campuses to natural gas. This is all good news! Construction appears to be on target for the dedication we have planned on Thursday, May 29th, 2014. That historic event is one that demands your participation during the 2014 Centennial Annual meeting.

During my visit, I attended a small group meeting for the Centennial publication. This is also an historic enterprise that welcomes your participation. Contact Maureen Thompson to be involved by offering photos or writing for the publication. Reach Maureen at mthompson@temple.edu

I went on to Boston where Susan Hunt, our E&C Treasure was my hostess. Here my focus was to review scholarships and finances in the Education and Charitable Giving fund and to visit the Schlesinger Library for Women’s Studies at Harvard. All WNF&GA written documents are archived here. We spent 3 hours poring over pictures and documents from the first 100 years of WNF&GA. I encourage every member to make the Schlesinger a Farm & Garden ‘Bucket List’ of things to do and see. It was inspiring. The material we gleaned will be considered for the Commemorative Centennial publication. I could’ve spent another 10 hours there. If you are interested in a visit, contact Susan Hunt to make arrangements.

This trip allowed me to see many wonderful gardens and nurseries, and to attend a Bucks County Branch meeting while in Philadelphia. It’s great to meet these members and put faces to names! I am hopeful I will continue to make visits in my final year as President. What a thrill it is to be part of this organization and to represent it.

You have heard me say that I put the ‘Farm’ in Farm & Garden with my involvement. I know there are other farm ladies in our organization and I am asking you to speak up! If farming is your life, past or present, (maybe even the future??) tell me about it. I’d love to hear how farming impacts your life. If you raise livestock, run a small truck farm, or any activity that you feel qualifies you as the FARM part of WNF&GA, would you send me a message at jverhoff@bright.net? You will make my day. I encourage every member to regularly check our website at www.wnfga.org. We keep it current with fresh information and details about almost everything that is Woman’s National Farm & Garden Association. Soon you will have the ability to register and use credit cards for the annual meeting. Remember the password Farm100garden to check the ‘Members only’ area.

Whoa! The hopper wagons are flying by with full loads of soybeans and the occasional wagon of corn. This is one of the most exciting harvests on record in these parts and it is my greatest of hopes that our second 100 years will be just as exciting as the first 100 while we continue to cultivate and grow WNF&GA!

Yours in Farm & Gardening,

Julia Siefker
As a gardener, my main interest has usually been with flowers; both annual and perennial. I have come to realize, however, that to add dimension to the garden, additional structure is needed. This may be accomplished with the use of shrubbery or small garden trees. Using flowering shrubs also means that you might provide food for birds. Having our bird friends in the garden is a great plus! Feeders are good in the winter, but having a natural source of food for birds is even better. Ground cover is necessary for parts of the garden too, and some new cultivars and plants fit that need. I tire of spreading yews, pachysandra, and ivy. If you live in Zones 5-6, there is a vast array of flowering shrubs available, but the hardiness of many continues to expand with all the new introductions that have come into the nursery market in recent years. When choosing shrubs for your property, you have to take into consideration the same needs as those for a perennial plant: sun or shade, wet or dry, color, form, and texture are all factors when choosing a shrub for your yard. Here are a few outstanding shrubs that I have in my yard and can speak about first-hand. *Sambucus*, or Elderberry, is a fantastic garden plant. Recent introductions provide a great array of foliage colors, such as yellow, copper, white and near black. Hardy to Zone 3, it is a shrub with vigorous growth and beautiful umbrella type flowers that create berries. The cultivar that I have is ‘Black Lace’. It is Japanese Maple-like in its appearance, with lacy purple-black foliage. It can grow to a height of 8 feet, but is easily cut back to keep it in check. The flowers produced on this shrub are large, massive and pink. The black berries that follow are quickly devoured by birds. Only problem with the plant is that deer find it yummy too. I keep mine well sprayed with Liquid Fence, especially in the spring and when the buds are forming. Elderberry is the 2013 Herb of the Year as designated by the International Herb Association. See [http://www.iherb.org/hoy2013.htm](http://www.iherb.org/hoy2013.htm)

*Microbiota decussata*, Siberian Cypress, is a plant I was not familiar with until we bought our current home. There is a large planting of this hardy evergreen on our property. It is a ground cover, growing no more than a foot high. It is extremely hardy, tolerating cold to -40 degrees! It looks like a cross between a creeping juniper and a fern. It has graceful green foliage that turns a russet copper color in the winter. I have had more than one person ask me, “What kind of fern is that?” I was surprised to see that there are a couple more cultivars available now. One is called ‘Celtic Pride’, which has more disease resistance and winter color than ours. I have never had any problems with our plants, other than some very mild tip die back from cold weather. It used to be quite hard to find Siberian Cypress, but it seems to be easier recently. It is a slow grower, so try to find established plants.

*Deutzia* is a bushy, deciduous shrub that is hardy to Zone 4. You may not be familiar...
with it, but it is an old fashioned shrub. The *Deutzia* that we find in the market today is not the same as the one your Grandma may have had. They are low growing cultivars with blooms in several colors and leaves of shades not seen by Grandma! ‘Chardonnay Pearls’ has attractive lime-yellow foliage that provides season-long color well after the pearl-like buds explode into white spring flowers. It is great to use in perennial gardens, as it grows to only to 20-36” in height. I have it growing under some low windows. The blooms stay on the shrub for quite a long time.

Another cultivar, ‘Yuki Cherry Blossom’, has pink blossoms and is only 1-2 feet tall and wide. ‘Nikko’, a low spreading *Deutzia*, has white flowers and burgundy leaf color in the fall. The plant tolerates dry conditions and poor soil. Best yet, deer seem to have no appetite for this plant.

*Continus coggygria*, Smoke bush, is a tree that many gardeners would like to have. The standard form of the tree can grow to 10-15 feet; truly a tree. I found a Smoke bush variety that is just right for the space I have. ‘Young Lady’ grows slowly to 8-10 feet and is amazing. There was a day this summer that I caught a glimpse of it in bloom with the sun behind it, and it was glowing! It is covered with the bloom that gives it the “smoke” look. It also has an excellent orange-red fall leaf color. The deer have never bothered it; it is hardy to Zone 4 and tolerates some shade. My soil is very sandy. It is a great addition to our shrub border. Planted near the Smoke bush is *Kerria japonica*, or Japanese Rose. My parent’s home in Detroit had a Japanese Rose planted in the backyard. I always loved the frilly yellow blooms that showed up each year without much attention. My parents were not gardeners, but bought a home that once belonged to gardeners! My *Kerria japonica* blooms about the same time as lilacs. This cultivar is a variegated one, *Kerria japonica* ‘Picta’. It tolerates shade, sand, and the deer pay no attention to it! The variegated leaves provide interest all summer.

Finally, this isn’t an unusual shrub, but I highly recommend a *Rhododendron* in Zone 5. There are cultivars now on the market that are hardy to -20 degrees F. See [http://www.bluesterling.com/Rhododendron.htm](http://www.bluesterling.com/Rhododendron.htm) for new ideas for plantings in your garden; if not new, perhaps a good reminder of the variety shrubs bring to the landscape. It is not too late to plant container grown shrubs, but do keep new plantings well watered. Spring planting insures a good choice of plant material and provides adequate time for the plant to put down a healthy root system, but also requires diligent watering for the first two seasons.
Integrated Pest Management (IPM)
Suzanne Smith-Oscilowski
Environment Director
Pa. Division Ambler Keystone Branch

What is Integrated Pest Management (IPM)?
IPM is an effective and environmentally sensitive approach to pest management that relies on a combination of common-sense practices. IPM works best when the garden is viewed as a small ecosystem where you help nature maintain a healthy balance.

Why should I use IPM?
IPM manages pest damage using the most economical means with the least possible hazard to people, property and the environment.

How do I begin an IPM program?
Set an action threshold. Learn to tolerate some amount of pest damage. The pest may naturally disappear before significant injury occurs.

Identify pests. Accurate pest identification assures that the correct measure is being used to control the target pest.

Monitor pests. New infestations can be controlled best if they are spotted early.

Use multiple tactics to control pests. As a general rule, implement good cultural practices. If that is not fully effective against pests move onto biological controls. If biological controls are not effective try least toxic, homemade natural-based pesticides. If the pests continue to do damage, consider organic-based pesticides. Use chemical pesticides only as a last resort.

Cultural controls. Practical things gardeners can do to prevent pest problems.
- Select a mix of plant species to attract a variety of good bugs- don’t plant large stands of the same specie
- Start clean and stay clean by purchasing good quality plants and removing heavily diseased or infested plants immediately
- Plant the “right plant” in the “right location”- check the plant tag for sun/shade and moisture requirements
- Choose native plants or resistant cultivars such as Phlox ‘David” for mildew resistance

Biological controls. Use of control agents that are themselves living organisms that will prey on or parasitize (lay eggs on or in the host) pests.
- Encourage beneficial insects by attracting them using a variety of plant species or introducing them
- purchased beneficial (lady beetles, green lacewings or parasitic wasps)
- Control lawn grubs by using beneficial nematodes or Milky Spore (Bacillus popilliae)

Natural-based controls. Natural, homemade solutions for pest control.
- Non-toxic and homemade remedies including insecticidal soap spray and baking soda spray
- Sticky traps and yellow flypaper
- Pheromone traps placed at the perimeter of the yard so pests are not attracted into the garden

Organic-based pesticides. These products may be highly toxic but tend to break down more rapidly than chemical alternatives. Use with care and follow application instructions.
- Pyrethrum- extracted from the chrysanthemum plant
- Neem- derived from the neem tree
- Sulfur- the oldest known pesticide described by Homer as “pest averting”

IPM Mail Order Suppliers
St. Gabriel Organics - http://www.stgl.us/

Natural-based Pesticide Recipes

Insecticidal Soap Spray- targets aphids, mites, white flies, thrips and mealy bugs
1 ½ tablespoons biodegradable liquid soap (Murphy’s oil soap, Ivory or castile soap)
1 quart of water
2-4 drops of orange or lemon essential oil
Mix. Use a spray bottle and shake. Spray plant thoroughly covering leaves including the underside. Avoid spraying in direct sunlight.

Baking Soda Spray- targets fungal diseases including black spot and powdery mildew
1 tablespoon baking soda
1 tablespoon vegetable oil
1 tablespoon of dishwashing liquid
1 gallon of water
Mix. Use a spray bottle and shake. Spray plant thoroughly covering leaves including the underside. Avoid spraying in direct sunlight.

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The ‘Slow Food Movement’; this name was new to me and I had not an idea what the meaning was and soon discovered that I was not alone. Agriculture terms were not new to me, or so I had thought. In our little nook of this great country we have planted, harvested, preserved, sold at market, and most of all, enjoyed with our family and friends the wonderful produce that can be grown naturally and I mean NO SPRAYS, NO CHEMICALS. It is a garden that we have all enjoyed visiting anytime picking off the bush or plant enjoying the natural flavor and one was never enough, we had to have second and thirds. This was a learning experience for our young family as they enjoyed eating the vegetables at their pleasure. Our young families were also involved when it was time to harvest the garden crop, transporting the items to the root cellar, or to prepare for canning or freezing. This was not always a favorite way to spend a nice summer day but was a lesson that we wanted to pass along for our future generations. Canning and freezing of vegetables and preserving fruits, jams and jellies is becoming more popular again. The benefit of consuming nutritional foods has been promoted in our country and this includes purchasing or growing from our local stands and farms and not from another country when the product could be weeks old.

Farmers Markets are not new in many parts. In doing a little research one of the first open air market was in Lancaster, Pa. in 1730. They set the tone for the several other farmers markets in cities and towns in Pennsylvania Dutch Country.

In New York, the Farmers markets have been active for several years, offering fresh produce, meats, poultry, and milk sold on a daily basis. Farmers having refrigerated trucks allows them to transport the perishables from their farms to the markets. Other items Other items available in the market are baked, yarns, soaps, jam-jellies, wood craft items, and many craft items and more items crafted by artisans. This Farm to Market movement has grown rapidly over the years and benefits the farmers greatly in rural areas.

The greatest benefit in this movement is the huge advantage of good nutrition and knowledge of the importance of one's self being. To be able to cultivate a little plot of land or prepare a window box or even a gardening space on a high rise and plant seeds of nutritional vegetables and to enjoy the tremendous value of the results is a pleasure everyone should enjoy. I only wish that the “Slow Food Movement” became the “Nutritional Slow Food Movement”.

**ZUCCHINI**: A zucchini plant can multiply in the hundreds overnight (at times this seems to be true) however if the plant does not produce well this vegetable sure is missed. I called the zucchini a vegetable and as culinary use it is but botanically the zucchini is an immature fruit. A zucchini is low in calories without saturated fats or cholesterol. The peels are a good source of fiber and the skins provide antioxidants, and organically grown, the zucchini blossom is an edible delicacy. The zucchini is served in many different ways; eat it raw in salads or a sandwich and partnered with garlic pesto. Shredded zucchini makes great sweet bread or super moist chocolate browines. Sauté with onions, boiled or steamed for a more formal meal, or slice in an oven dish like lasagna with stewed tomatoes and zucchini with added onions and peppers. Zucchini adds to a vegetable soup and it also freezes very well. It is a vegetable that is very popular in most gardens, easy to grow and if you have too many, give them away, it is always nice to share a good produce. The zucchini is a great plant for any gardener.

**BEETS**: Some say this vegetable is right at the top for its nutritional value. It is easy to grow, the whole plant can be eaten, and it can be stored in a root cellar or canned for winter use. Do not overcook the beet. It can also be chopped and added to a side salad. The greens only need a couple of minutes to steam after they have been washed thoroughly.

At a picnic this summer, I offered beets to a two year old grandchild and he asked for more. I remember also giving my children beets several years ago. Again the nutritional value of this product is a great reason, to be sure to include it in your garden.

**ONIONS AND GARLIC**: A staple in anyone’s garden starting with pesto with garlic scapes always ready around the 4th of July. It is a favorite with our grandchildren. We use onions and garlic on a daily basis and they already have been pulled and are in our barn drying for winter use; hope that we have enough for the year.

Vegetables are so important in anyone's diet; you can grow easily with organic mulch and pick them fresh or if you buy from a local market you will know the qualities of the farmer. Shop local and enjoy the fresh produce!
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WOMAN’S NATIONAL FARM & GARDEN ASSOCIATION
2013 - 2014 DIRECTORY

National Officers

President
Julia Siefker
9355 RD 11
Ottawa, OH 45875
419-538-6739
jverhoff@bright.net

President Elect
Vacant

Vice President
Susan R. Yeager
505 E. Willow Grove Ave.
Wyndmoor, PA 19038
215-205-1117
yeagerrsue@yaho.com

Corresponding Secretary
Aileen LaBret
674 S. Sheldon Road
Plymouth, MI 48170
734-459-3914
alabret@aol.com

Recording Secretary
Judy Henning
2016 Adams Blvd.
Saginaw, MI 48602-3005
989-799-4136
judrich@sbcglobal.net

A&O Treasurer
Molly Hammerle
32500 Susanne Drive
Franklin, MI 48025
248-855-9231
mhammerle22@att.net

E&C Treasurer

Advisor
Mary Bertolini
9934 Cedar Valley Lane
Davison, MI 48350
248-620-9281
mgbertolini@aol.com

Division Presidents & Nominating Committee

Chair
Mary Bertolini
9934 Cedar Valley Lane
Davison, MI 48350
248-620-9281
mgbertolini@aol.com

Michigan
Judy Henning
2016 Adams Blvd.
Saginaw, MI 48602-3005
989-799-4136
judrich@sbcglobal.net

New York
Janine Thomas
P.O. Box 29
Hartford, NY 12838
518-632-5181
batja9thomas@gmail.com

Ohio
Tracy Koehler
16250 E. Beechwood Rd.
Findlay, OH 45840
419-306-7512
jck2@aol.com

Pennsylvania

Beacon Hill of New Jersey
Karen Barth
54 Brook Drive South
Morristown, NJ 07960
973-425-0339
ltlpear@aol.com

Mayflower Branch of Mass.
Susan Hunt
238 Causeway Street
Medfield, MA 02052
508-359-5366
mayflowerfg@msn.com

Dorothy Zippel
106 Joan Drive
Pittsburgh, PA 15209-1016
412-487-3422
drzippel@yahoo.com

TEAR OUT
DIRECTORY SECTION
FOR YOUR RECORDS

Kykuit garden Pocantico Hills, NY tour during 2013
Annual meeting
Directors and Chairs

Communication
Susan R. Yeager, Director
505 E. Willow Grove Ave.
Wyndmoor, PA 19038
215-205-1117
yeagerrsue@yahoo.com

Website
Dee Welsh
149 Speer Street
McKees Rocks, PA 15136
412-443-8299
dwelsh149@comcast.net

National Awards
Jean DeDecker
6141 Arden
Warren, MI 48092-1205
586-264-2319
fjded@comcast.net

Recognitions Chair
Kathleen Roof
PO Box 175
Glandorf, OH 45848
419-538-6311
krjr60@aol.com

Memorial Chair
Faith Dougherty
9644 Georgetown Pike
Great Falls VA 22066
Ddough2309@aol.com

National Registrar
Leslie Morris-Smith
8818 Duveen Dr.
Wyndmoor, PA 19038
215-233-3532
Leslie.morrissmith@gmail.com

Magazine Editor
Mary Pat Ford
1322 Kirks Lane
Dresher, PA 19025
215-654-1486
mpf6@hotmail.com

Historian
Pat Brown
31616 Lexington St.
Warren, MI 48092
586-268-0975
path501946@yahoo.com

Loyal Friends Liaison
Audrey E. Ehrler
5004 Harbour Drive
Oxford, FL 34484
352-399-5079
dogwood16@hotmail.com

Charitable Affairs
Emmajane Brice, Director
4435 Skinner Lake Road
Lapeer, MI 48446
810-664-1004
Rj.brice@mindspring.com

Renaud/Peterson Nat’l Arboretum Internship
Audrey E. Ehrler
5004 Harbour Drive
Oxford, FL 34484
352-399-5079
dogwood16@hotmail.com

Frances Plate Bequest
Carol Leonard
1660 Fox Knoll Road
Leonard, MI 48367
586-752-7360 cell 810-441-1947
leonard5344@sbcglobal.net

Sarah B. Tyson Fellowship
Jeannette Hudson-Matyn
3801 Riverview Terrace S.
East China Township, MI 48054-2211
810-326-0987
matynjm@aol.com

Warren Sanders McNaughton Oceanographic Scholarship
Susan Hunt
238 Causeway Street
Medfield, MA 02052
508-359-5366
mayflowerfg@msn.com

Burlingame/Gerrity Horticultural Therapy Scholarship
Marla Diamond
22878 E. River Road
Grosse Ile, MI 48138
734-676-6993
marlajdiamond@comcast.net

Bess Mueller Flower Show Fund
Nora Tebben
3077 Lake George Road
Dryden, MI 48428
810-796-2910
noratebbenn@hotmail.com

The WNF&GA Temple University Ambler College Scholarship
Faith Tiberio
36 Ash Lane
Sherborn, MA 01770
508-653-4688

The Schlesinger Library Liaison
Susan Hunt
238 Causeway Street
Medfield, MA 02052
508-359-5366
mayflowerfg@msn.com

Environment
Suzanne Smith-Oscilowski, Director
416 Gwynedd Valley Drive
Lower Gwynned, PA 19002
215-740-7264
suzgarden1@verizon.net

Gardening
Louise Shoksnyder, Director
3970 Hiawatha Trail
National City, MI 48748
989-469-4089
louise446@aol.com

Civic Improvement
Sally Lemus,
24732 Notre Dame
Dearborn, MI 48124
313-278-7636 cell 989-984-7434
salicel@aol.com

Hazel Herring Civic Improvement Grant
Gerry Howard
12735 Scott Road
Davisburg, MI 48350
248-634-3766
gerryhoward323@yahoo.com
2013 - 2014 DIRECTORY

Floral Arts Education Chair
Ann Whithaus
1932 Greendale Avenue
Findlay, OH 45840
419-423-7875

Horticultural Therapy
Marla Diamond, Coordinator
22878 E. River Road
Grosse Ile, MI 48138
734-676-6993
marlajdiamond@comcast.net

Agriculture
Sylvia Wilson, Director
807 County Rt. 64
Shushan, NY 12873
518-854-3590
wilsons@nycap.rr.com

Finance Chair
Mary Lynne Moellering
1280 Seville
Rochester Hills, MI 48309
248-651-7005
emlmoellering@wowway.com

National Judges Secretary
OPEN

Floral Arts
OPEN

Parliamentarian/Protocol
OPEN

PAST NATIONAL PRESIDENTS

Ruth Gray (80-82)
89 Dirigo Drive
Orono, ME 04473

Hazel Herring (82-84)
P.O. Box 50009; Austin, TX 78763
512-480-9331
hherring01@austin.rr.com

Susan Celentano (84-86)
(formerly Herbert)
100 Sarah Lane
Apt.18B Simsbury, CT 06070
860-658-1532

Bea Peterson (94-96)
211 Wood Park Lane
Hoosick Falls, NY 12090
518-686-9382
beapeterson@gmail.com

Jean Ehlinger (98-2000)
7000 Aston Gardens Dr. #215
Venice, FL 34292

Kay Engelhart (2000-02)
1803 Glendale Avenue
Saginaw, MI 48638-4055
989-790-1546
kengelhart@hotmail.com

Sylvia Anderson (2002-04)
12 Old Sandown Road
Chester, NH 03036
603-887-4911
sylvial@gsinet.net

Barbara Hochstettler (2004-06)
128 West Yates Avenue
Findlay, OH 45740
419-422-8402

Marla Diamond (2006-08)
22878 E. River Road
Grosse Ile, MI 48138
734-676-6993
marlajdiamond@comcast.net

Faith Tiberio (2008-10)
36 Ash Lane
Sherborn, MA 01770
508-653-4688

Mary Bertolini (2010-12)
9934 Cedar Valley Lane
Davisburg, MI 48350
248-245-5300
mgbertolini@aol.com

*Deceased

HISTORY OF WNF&GA NATIONAL PRESIDENTS

Mrs. Francis King* 1914-21
Mrs. Russell Tyson* 1921-24
Miss Gertrude Copeland* 1924-27
Miss Marion Roby Case* 1927
Mrs. Henry Ford* 1927-34
Mrs. Howard W. Lewis* 1934-37
Mrs. Murray Boocock* 1937-41
Mrs. F. Wayland Ayer* 1941-44
Mrs. Paul Burrage* 1944-46
Mrs. Margaret B. Carey* 1946-48
Mrs. Hubert Carter* 1948-50
Mrs. Henry P. Williams* 1950-52
Miss Gertrude Warren* 1952-54
Mrs. F.B. Llewellyn* 1954-56
Mrs. Homer N. Sweet* 1956-58
Mrs. Helen M. Sanders* 1958-60
Miss Elizabeth C. Miller* 1960-62
Mrs. Benjamin D. Hold* 1962-64
Mrs. Alfred G. Wilson* 1964-66
Mrs. Nelson B. Sackett* 1966-68
Mrs. David Burger* 1968-70
Mrs. Fred G. Garrison* 1970-72
Mrs. Miles N. Clair* 1972-74
Mrs. Richard D. Latham* 1974-76
Mrs. Robert K. Hanson* 1976-78
Mrs. Parker P. Rockwell* 1978-80
Miss Ruth Gray 1980-82
Mrs. Jack H. Herring 1982-84
Mrs. Susan Celentano 1984-86
(formerly Herbert)
Mrs. H. James Renaud* 1986-88
Mrs. C.F. Kirschler, Jr.* 1988-90
Mrs. William M. Nolan* 1990-92
Mrs. William Slattery* 1992-94
Mrs. Charles Peterson 1994-96
Mrs. Julius P. Zeigler* 1996-98
Mrs. Jack Ehlinger 1998-2000
Mrs. Neil Engelhart 2000-02
Mrs. Webster Anderson 2002-04
Mrs. James Hochstettler 2004-06
Mrs. James Diamond 2006-08
Mrs. Joseph Tiberio 2008-10
Mary Bertolini 2010-12

Fall 2013
CALL FOR MEETING COORDINATORS
MAKE THE 100TH REALLY SPECIAL!

Create invitation for the meeting – electronic and print copy
Design Centennial Logo
Coordinate gift bags to attendees
Coordinate meeting materials and package for distribution at check in
Volunteer your talents to:

General Meeting contributors:
- **Meal Queen** plus coordinators as needed – Coordinate service and source of all group meals during the meeting
- **Meeting Room Queen**: Flag, flowers, table arrangements, supplies to prepare for meetings
- **Coach Queen** to coordinate a team to greet and assist boarding of coaches

**Early Arrival Greeters** 2-3 individuals Hotel hostess
- Meet members arriving Doubletree in Plymouth Meeting
- Offer restaurant guide
- Distribute instructions for self guided tours
- Provide organization meeting agenda and materials

**Tuesday May 27, 2014**
Early Arrival Greeters 2-3 individuals Hotel hostess
- Meet members arriving Doubletree in Plymouth Meeting
- Offer restaurant guide
- Distribute instructions for self guided tours
- Provide organization meeting agenda and materials

**Wednesday May 28, 2014**
- 8 individuals; leader plus coordinator for private tours
- Private Gardens tour of members’ gardens and Chestnut Hill area
- Historic Gardens: Wyck, Stenton, Bartrams, Awbury, Ambler and Morris Arboretum
- Regional Garden Centers and wholesale nurseries Sharee Solow
- The DuPont tour: Longwood; Winterthur; Nemours
  - 2 individuals as Hotel hostess for arrivals noon to 5 Susan Hunt
  - 6 individuals to greet bus arrivals 5 to 8 Susan Hunt
  - 3 individuals to create welcoming bouquets for officer rooms

**Thursday May 29, 2014**
- Official Meeting begins 1 coordinator for Temple Ambler visit Kathy Beveridge
- Afternoon Tea coordinators: Queen Bee Eleanor Kingsbury

**Saturday May 31, 2014**
- Personal Tour leaders for small groups in Philadelphia – 6 needed
  1. Mary Pat Ford
  2. Susan Yeager

**Saturday Evening Banquet**
- Susan Yeager Coordinator; speaker, meal, agenda
- Silent Auction: bid pages; arrangement of items; gifts; assist coordinator

Contact Susan Yeager veyagerrsue@yahoo.com
215.205.1117 to volunteer

**Celebrating 100 Years**

2014 marks 100 years since the formal incorporation of The Woman’s National Farm & Garden Association. Our 2014 Annual Meeting scheduled for **May 28 to June 1, 2014** in the Philadelphia area has this as its focus along with favorite and new activities.

We are finalizing plans with the DoubleTree Hotel in Plymouth Meeting, which is the same hotel that hosted WNFGA in Ambler in 2007. The opening session on the Temple Ambler campus allow meeting in its state-of-art Learning Center after a parade of branch flags and christening of the Welcome Center. The latter is the former head house of the greenhouses central to the Pennsylvania School of Horticulture for Women campus will provide meeting. The history of this landmark school is set out in **A Century of Cultivation 1911 – 2011; 100 years from the Pennsylvania School of Horticulture for Women to Temple University Ambler.** (contact Judy Shatz at 267-468-8000 for a copy)

The Highlands is hosting ‘En Plein Air Painting and Photography’ and arranging a special garden party with Jeffrey Solow playing cello while we explore the house and grounds and look at the art. Members are invited to donate a work of their own for an auction to benefit WNF&GA and The Highlands and should contact Lucretia Robbins of the Ambler Keystone Branch for more information. Reach Lucretia at lucretiarobbins@gmail.com or Lucretia Robbins 705 Wyndmoor Ave, Wyndmoor, PA 19038.

For those with flexibility in travel, be an early bird attendee! The day of May 28 will have self-directed optional tours of area private gardens, area garden sites like the Dupont houses and gardens and more historic gardens. As part of the meeting, our group will visit Chanticleer, a remarkable pleasure garden and attend workshops in small groups with a variety of topics. Those topics with an expert leader and for which you will sign up in advance include:
- Art in the Garden – a tutorial for painters of all levels in a lovely private garden
- Bonsai – review of technique with visits to several notable bonsai artists’ gardens
- Elements of Garden Design
- Flower Arranging – bouquets and tussy-mussy instruction in a private garden
- Herbs – varieties, cultivation and uses
- Horticulture Therapy – see it working
- Native plants – in the wild and in your garden
- Photography – an active workshop to help you make the most of where you point and shoot
ANNUAL MEETING DETAILS

- Pruning – for growth, shape and artistic pleasure
- Roses – history, varieties, pruning, cultivation and propagation

We will spend the better part of one day visiting Philadelphia sites with personal choice for focus on art, history and tours. For more information, see a listing of websites with particulars at WNFGA.org.

Choose how you can be involved when you review the Call for Meeting Coordinators elsewhere in the magazine to have a special role in planning and orchestrating the meeting. Even those who live out of town can be helpful.

Back to Our Roots for the 100th Birthday
Depart May 27, 2014   Return June 1, 2014

2014 is quickly approaching and 100 years of WNF&GA. Come share our history at Ambler College in the Philadelphia area. We will again be arranging a bus trip to the National Meeting in the spring. Last year’s New York trip filled up fast so get your reservation in to hold a seat for you to this historical meeting. Share the fun on a comfortable bus as we travel to Pennsylvania. There will be rest stops and a stop for lunch. We again will start in Troy, with stops in Plymouth, the Trenton Area, and Toledo. There are many great gardens to see in the Ambler area. We will be departing a day earlier on Tuesday May 27, 2014 to take advantage of seeing the extra gardens the ladies of Pennsylvania have found for us. We will return on Sunday June 1, 2014. The cost is $185. The deposit will remain the same $80. Get your deposit in early as seats will sell out. The final payment of $105 is due on April 23, 2014.

NO REFUNDS PLEASE

Ambler Bus Registration Form

Name __________________________________ Branch__________________Division_______________
Address__________________________________City________________St._____Zip_______________
Phone ___________________________________ Cell Phone__________________________________
E-mail____________________________________________________Member ______ Guest________

Make a deposit of $80 payable to: National Meeting Fund with “bus deposit” on the memo line.
Send check and a copy of this form to:
Rita Urbanski, 2729 Red Fox Trail, Troy, MI 48098
248-540-4249
CENTENNIAL OFFICERS NOMINATIONS

WNF&GA will celebrate its 100th Anniversary at its annual meeting May 28 to June 1, 2014 in Philadelphia, PA and this is an election year for some of its officer positions. It is rare, indeed, to offer an opportunity to become a “Centennial Officer” for any group. This is your chance! Centennial Officers will have a place of honor in the history of WNF&GA.

The following National positions are open for nominations:

**Vice President**
A candidate for this office must be a member in good standing (current dues paid in full) and have served on the National Executive Committee or as a Director or as a Chair of a National Committee for at least 2 years. The term of office is 2 years. No member may hold more than one office at a time. (See 2013 WNF&GA Bylaws, Revised*) The Vice President may ascend to the office of the President Elect at the end of this term of office. The Candidate should be able to communicate via the internet on email and has responsibility to act as meeting planner for all national events, stand in for the President/President Elect when necessary, and any other duties as requested by the President.

**Accounting & Operating Treasurer**
A candidate for this office must be a member in good standing (current dues paid in full) and have served on the National Executive Committee or as a Director or as a Chair of a National Committee for at least 2 years. The term of office is 2 years. No member may hold more than one office at a time. (See 2013 WNF&GA Bylaws, Revised*) The Candidate must be able to use the internet and communicate via email including sending and receiving documents. The A&O Treasurer is required to balance the Organization checking account and will create and issue financial reports using Excel programs on a monthly, quarterly and annual basis to the Executive Committee.

**Recording Secretary**
A candidate for this office must be a member in good standing (current dues paid in full) and have served on the National Executive Committee or as a Director or as a Chair of a National Committee for at least 2 years. The term of office is 2 years. No member may hold more than one office at a time. (See 2013 WNF&GA Bylaws, Revised*) The Candidate must be able to use the internet and communicate via email including sending and receiving documents. Duties include writing, transcribing and sending meeting minutes of any meeting/conference call held by the Executive Committee and/or the National Organization. Minutes must be distributed within 6 (six) weeks of any meeting

**Corresponding Secretary**
A candidate for this office must be a member in good standing (current dues paid in full) and have served on the National Executive Committee or as a Director or as a Chair of a National Committee for at least 2 years. The term of office is 2 years. No member may hold more than one office at a time. (See 2013 WNF&GA Bylaws, Revised*) The Candidate must be able to use the internet and communicate via email including sending and receiving documents. Duties include managing the official correspondence of the organization, receiving absence notices from Officers, Directors and Chairpersons for meetings, and soliciting, collecting and copying reports from Officers, Directors and Chairpersons.

If you are interested in serving and feel qualified for any of these positions, please contact your Branch President, Division President or the Nominating Chair, Mary Bertolini. If you would like to recommend someone to be considered, please also make contact. We will gladly answer any questions or concerns. The membership is made up of talented, exceptional individuals. You can make the difference in how WNF&GA grows in the next 100 years.

I have every confidence that we will find qualified officers from our possible candidates and urge you to give serious consideration to the contribution you can make. Farm & Garden members are always willing to help each other along the path of success!

Mary A. Bertolini
WNF&GA Immediate Past President & Advisor
mgbertolini@aol.com (WNF&GA in subject line, please).

As an aside, for an officer of a non-profit 501(c)(3) organization, personal expenses for transportation, lodging and meals are tax deductible, though you will want to consult a tax professional.

*As a kindly reminder, the bylaws were distributed at the 2013 Annual meeting and can be read on the WNF&GA website WNF&GA.org in the Members Area (password Farm100garden)
Has Your Branch and Division Designed Its Flag?

Our Centennial Celebration at Ambler, PA is fast approaching. The Centennial Committee is hard at work, preparing for a memorable gala event. It is rare that an organization of women can claim 100 successful years of serving the general public through agricultural and horticultural pursuits! We are honored to have all of the Branches of WNF&GA involved and participating in this celebration.

We are planning a Flag ceremony at the commencement of the business meeting. This ceremony would include the Flag of the United States of America, the Pennsylvania State flag, and a flag or banner from each Division and Branch of our organization. The procession would include a representative from each Branch and Division. What an honor for a member, to represent her Branch or Division at the opening ceremonies of the Centennial Meeting!

In order to make this endeavor a success, each Branch or Division should design a flag or banner to meet the specifications of the attached directions. Your design should be light weight, nylon or light cotton might be the fabric of choice. The flag bearers will be staged for the procession, carrying the flags into the meeting room, proceeding to the front of the room and remaining there until the flags are posted into flag stands on the floor. The dowels will be approximately 6 feet long, with the flags inserted onto the dowels through a sewn pocket that is closed at the top. The flags will drape from the erect dowel, just like the U.S. flag will drape from the flag pole.

The sooner you begin this project, and appoint your flag bearer, the more enthusiasm it will generated for our celebration. We look forward to your creations and representatives at the 100th Anniversary Celebration.

Flags should be made to these dimensions: 30 inches high X 40 inches wide. A 3 inch pocket, closed at the top, should be sewn at the left side of the flag to enable the insertion of a pole. Flags will be carried by a representative from your Branch. The material can be any light weight fabric. Designs should reflect the interests, purpose, or projects of the Branch. Flags may be sewn, painted, glued, pieced, whichever suits your creative talents. All flags should be double sided, that is viewed equally from both sides. Flag bearers may be holding these banners up to 30 minutes, depending on the length of the ceremony. Keep this in mind when creating your flag. It is our hope that all flags will be donated to the memorabilia collection at the Hilda Justice House at Ambler College.

If a Branch has an existing banner or flag that you would like to use, contact Mary Bertolini or Susan Yeager. We will try to accommodate your requests.
Excitement is building for a special celebration of the 100th anniversary of the formal founding of Woman’s National Farm & Garden Association at our annual meeting May 28 to June 1, 2014 in Philadelphia. It will be a magical time and a special memory for all who attend. But the real excitement for WNF&GA members is in creating the future of this organization. The next 100 years begins at this same meeting and we can make it whatever we want. Good or great or amazing – it’s all up to us, the members of WNF&GA.

A strategic plan for our beloved Farm & Garden was approved at the 2013 annual meeting in Englewood New Jersey. The document is posted in the Members area (password Farm100garden) of our website: www.wnfga.org. It covers the three year period from 2013 – 2015: the critical beginning of the next 100 years of WNF&GA. What we do now matters.

Every member is hereby invited to support this effort in small and large ways. If you want to help, I’d like to talk to you to find the involvement that’s right for you. Here are a few ideas related to the key parts of the strategic plan and there could be more.

**Local Food Initiative**
- Work with Agriculture Director Sylvia Wilson of the New York Division. (You don’t have to be in New York.) Help us seek out and create local and national partnerships to increase visibility for WNF&GA and the importance of buying and eating locally produced food. Help develop and circulate press releases to draw attention to the issues and the partnerships we develop. Identify articles for the website to inspire branch involvement. Collect information about branch activities to highlight them on our website. Design materials that branches can use at local farm markets to attract members to WNF&GA.

**Native Plant Initiative**
- Work with Environment Director Suzanne Smith-Oscilowski of the Pennsylvania Division. (You don’t have to be in Pennsylvania.) Identify partnership opportunities with other organizations interested in promoting the use of native plants. Add to the website resources identified by Suzanne to support member involvement in planting 100,000 native plants and trees. Collect stories and images of local members who have been planting natives to highlight on the website and in the national magazine. Develop communications to educate the public and engage potential new members.

**Communication/Membership Development Initiative**
- Work with Communications Director Susan Yeager, Pennsylvania Division, to identify places where new branches would be welcome. Help create resources for branch formation. Provide individual support for leaders attempting to form new branches. Consider national visibility strategies like approaching a national spokesperson. Develop ideas and procedures for engaging members at large, now called Loyal Friends.

**Funding Diversification Initiative**
- Participate in research to understand the way organizations similar to WNF&GA are funded. Brainstorm and implement strategies to secure funding through sources other than dues.
- If you have an idea or would like to get involved in one of the above opportunities, please call me at 215-262-1372 or e-mail kathleen.beveridge@comcast.net. We need you to make the next 100 years of Farm & Garden amazing.

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**100,000 Native Plant Project**

The WNF&GA 100th Anniversary Native Plant Project continues through Spring 2014.

*Please remember to count your natives...seeds, plugs or plants! Everything counts.*

**Partnership Efforts**

In an effort to expand the emphasis on native plants, the WNF&GA has partnered with several Pennsylvania local organizations.

**Are there local organizations to partner within your area?**
- Check with local high schools, colleges, churches, civic and environmental organizations.

**Updates**

Members around the country continue to support the project by selecting native plant alternatives for their local garden projects.

In an effort to spread the word on “Natives”, partnerships have been established with the following organizations:
- Temple University Arboretum
- Temple University School of Environmental Design
- Wissahickon Valley Watershed Association
- Norristown Garden Club
- Guidelines for counting 100,000 native plants:
- All personal and branch planting activities count, including native plantings in your home garden.
- When scattering wildflower seeds, estimate the number of seeds disbursed.
- Submit plant lists to Suzanne at suzgarden1@verizon.net.
Website Gets Electrified!

Thanks to the generosity of members and the foresight of Executive, we have approval to bring new capacity to www.wnfga.org. We have initiated work with Managed Digital to make these updates:

- Electronic documents to be completed and submitted online
- Option to register and pay for meeting attendance online
- Improved capacity for posting information
- Increased web security access for members
- Digital forms

Managed Digital has offered to create a website on behalf of any WNF&GA branch at a reduced rate of $2500. If you have an interest for your branch or division or any not for profit, please contact Dee Welsh, our WNF&GA web-mistress who will make an introduction for you.

Death Notices

* Gerry McCrumb a long time member of the WNF&GA passed away on Monday August 26th 2013. Gerry was a wonderful Council Member for many years. Those who knew her loved her smile, shining eyes and wonderful sense of humor. She always brought a sense of reality to our meetings, bringing to point some things that others might have overlooked. We missed Gerry’s smile at the last few meetings; she was unable to attend. We will miss her words of wisdom in the future.

Too many of the great women who shaped this organization are passing away. We must hold dear their ideals and ideas for these are the elements that have made this group of individuals such a dynamic force throughout the years.

*Marvel Proton Rochester, MI 4830
*Ms. Millie Rose Findlay, OH 45840
* Faith Tiberio’s husband
* Carol Leonard’s husband
* Mrs Madeline Wilson Rawson Ohio

Survey

Attendees of the 2013 Annual meeting participated in a survey you will find here and also posted on the website. The survey seeks member input into a variety of topics generally focused on communication and the annual meeting. If you will take a few minutes to complete the survey and mail it to Susan Yeager your thoughts will be incorporated to the overview our Executive Committee has had based on results so far. We learned lots about member preferences and gained excellent suggestions. Please let your voice be heard!

Your thoughts – with Thanks

1. List three places where you would like to attend the WNFGA Annual Meeting
   1.
   2.
   3.

2. What is a reasonable hotel rate for you to attend the meeting?
   Shared room
   Single room

3. What is a reasonable budget for you to attend the annual meeting?

4. List in order of preference the three times you are most likely to attend the May 28 to June 1; April after Easter; Late June

5. List dates/times to avoid planning the annual meeting

6. What is your favorite event in the annual meeting?

7. What would you like to add to the annual meeting?

8. Is there something you think could be removed from the annual meeting?

9. What would you think about a meeting aboard a cruise in US waters?

10. Do you use the website? How often? For what purpose?

Keeping WNF&GA History Current

Perhaps you are familiar with The Chronicle, though it is now out of print. The Chronicle presents the history of WNF&GA from its founding in 1914 to 1984 when the book was published. To continue an historical account of the organization since then, we are at work on a publication to bring our history current from 1984 through the Centennial Celebration in 2014 as well as presenting vision to the next 100 years.

Thirty six individuals, branches and divisions gave $100 or more to be listed in this historical update, creating a healthy budget for the Commemorative publication to begin. Additional donations are gratefully accepted and should be mailed to Administration & Operations Treasurer Molly Hammerle as a check made to WNF&GA / 100th commemorative publication. Donations of $100 or more will be recognized in the publication.

Would you contribute photos and memories and share what you most love about WNF&GA? Would you like to contribute as a writer? Maureen Thompson of the Ambler Keystone Branch is coordinating all responses via email at msthompson@temple.edu or U.S. postal service at 2565 Cold Spring Road, Lansdale PA 19446.

Volunteers for this project are Kathy Beveridge, Jenny Rose Carey, Audrey Ehler, Mary Pat Ford, Susan Hunt, Margaret Latham, Maureen Thompson, Leslie Morris Smith and Rita Urbanski.

Time is of the essence!
Dear Members,

Thank you for your generous support to the Internship Program at the U.S. National Arboretum in Washington, D.C. Our 20th Intern, Tristan Malan, is currently learning and working in two Collections at the Arboretum. He was honored with two internships. One from WNF&GA and another from a similar organization. He will be in the Dogwood Collection until late Autumn and will be preparing our beloved garden for winter. The Arboretum Staff is pleased with Tristan’s efforts. Your many years of support have affected many lives positively. I am pleased to report to you that Joseph Meny, our 2007 Intern, is now a permanent staff member at the Arboretum. A feather in Joseph’s cap, but ours as well.

If you are planning a trip to Washington, D.C., please visit the Arboretum. The admission and parking are free. It is a place of solace peace and beauty in a very busy city. Call ahead before visiting: 202 245-2726. Or check the website: www.usna.usda.gov.

If you are unable to travel to Washington, D.C., you can visit via a newly created web-site: National Arboretum’s Botanical Explorer [ABE] http://usna.usda.gov/abeintro.html

Please forward all donations to our E&C Treasurer, Susan Hunt.

Thank you,
WNF&GA Liaison to US National Arboretum,
Audrey E. Ehler
dogwood16@hotmail.com
US National Arboretum
5004 Harbor Drive
Oxford, FL. 34484
Phone: 352-399-5079

USNA Dogwood Collection Intern

My name is Tristan Malan and I am this year’s USNA Dogwood Collection intern. In May, I graduated from Middle Tennessee State University in Murfreesboro, TN (just south of Nashville) with a bachelor’s degree in Plant and Soil Science. I decided to pursue a horticultural degree because over the past several years I’ve realized that I have a great passion for the subject. While in school I took a variety of horticulture related classes including Plant Propagation, Nursery Management, Greenhouse Management, and even Vegetable Gardening, and some soil related classes such as Soil and Water Conservation, Soil Formation and Remediation, and Soil Fertility and Fertilizers. While in school I also held a job with the MTSU Greenhouse staff which allowed me to gain experience working in a greenhouse environment as well as maintaining all of the garden and shrub beds throughout the campus.

Since I have been at the arboretum I have gained invaluable experience working alongside George Waters in the Dogwood Collection as well as with Joan Feely in Fern Valley. George and I, along with volunteers, have worked relentlessly to keep the garden in top shape by ridding it of the many weeds which have made themselves at home in the garden and we have also made good initial progress in cleaning out and redesigning the beds at the top of the collection around the paved circle. We have also worked to retain Cornus specimens which are in poor health or increasingly in decline by taking cuttings of such plants and propagating them in the greenhouse. This was exciting for me because I was able to take part in retaining important specimens for the USNA as well as for the WNF&GA. I have also had the opportunity to assist in making the garden more user-friendly by creating and installing labels for the Cornus trees and shrubs.

I am excited to have begun working on a project which includes re-zoning the beds in the Dogwood Collection from the current grid system, which was created when the arboretum first opened its doors, to the more commonly used individual bed system which is in place in the other collections throughout the arboretum. This project will help to update the individual components of ABE, the plant locator in the main lobby, which was created in part by Joseph Meny, a previous Dogwood Collection intern, which will in turn make that system more universal and user-friendly in locating the different Cornus species within the collection.

I have only been here for a couple of months and I have already accomplished so much; I am learning and gaining more and more valuable experience every day that I am here. I am extremely thankful to the Women’s National Farm and Garden Association for allowing me this opportunity to further my knowledge and skill set and to help me in expanding my future career opportunities by providing the funds for this internship.

Let me know if there is anything I can do for you or the WNF&GA, and I look forward to hearing from you.

Sincerely,
Tristan Malan
Saginaw County Michigan Beautification Awards
Janet I. Martineau
Saginaw Michigan Branch

Imagine 1,500 hosta, of 350 varieties, planted on 2.8 woodland acres and tended to by a husband and wife ages 83 and 82.
Or an 1880s historic home in an inner city, its exterior surrounded by boxwoods and houseplants, annuals and perennials, statuary and a chicken coop, a hand-dug pond and an outdoor sitting room.
And not to be missed is a rural “estate” with an 80-foot by 90-foot koi-filled pond in the middle of the back yard, a screened-in gazebo (with a refrigerator) overlooking it and carved wooden and metal sculptures of a frog, deer and bear along the “shoreline.”
Each year the Saginaw (Michigan) branch seeks nominations from throughout Saginaw County for its beautification awards. A club committee visits all the nominees and then picks the winners, who receive special engraved plaques and are honored at our October luncheon meeting. And then the next summer club members tour the winning gardens during an afternoon “garden party.”
The 2012 winners were:
-- Award of Distinction, Rick Rios for the historic home and its gardens the size of three city lots. Over the years Rios has “loaned” the use of his gardens to fund-raisers, meetings, tours, weddings and a variety of special events.
-- Urban Garden Award, Albert and Vivian Brady with the 1,500 hosta as well as sedum, grasses, ferns, ornamental shrubs. and 70 pines and birch planted by Albert in the 1970s and now fully grown.
-- Rural Garden Award, Fran and Rick Samson with the koi-filled pond and wooden and metal critters around it as well as oceans of perennials, flowering shrubs and unusual trees within sight.
-- Harvest Garden Award, Heritage Square Community Gardens, filling an empty lot with 15 neighborhood residents growing produce on 10-foot by 10-foot plots. Inside the lot’s garage, which once belonged to the house standing on the site, are elevated tanks holding up to 1,100 gallons of run-off water from its roof -- which provides enough stored water to help things keep green all season.

The Bloomfield Hills Branch Michigan
New President
Lynn Ferron, President

Our branch elected a new Board of Directors at our biennial membership meeting in May. In so doing they elected me as President. I am thrilled to be part of this organization, build on our past and look forward to a fruitful and fun filled two years. The Board is populated with women who are eager to help our club be the best.
The past leadership has been wonderful sewing seeds for our growth to meet the challenges of the future. Elise Hayes has served as our President the past two years with style and grace. I look forward to her guidance as we grow and engage with our community over the next two years.
In April we held our biennial fund raiser at the Townsend Hotel in Birmingham, Michigan. Even though it snowed that day, we welcomed everyone to “Lilly Land.” We arranged a special Lilly Pulitzer fashion show while we basked in the “Florida Sunshine” in the ballroom. The tables were covered with Lilly fabric table tops and then laden with flowers and sunhats handmade by some committee members. It was a very successful event for all attendees, the fashion models from a local university and our mission.
One of our grants was to the City of Bloomfield Hills. With the Belle Isle Daffodil Day in mind, we gave our city 2000 daffodil bulbs to plant. This spring our city was decked out in yellow!
The start of summer brings a bit of a lull in our event activities while people travel to their summer destinations and vacations. We had a great send off, changing from a picnic to a Wine and Cheese Soiree. It was a lovely warm day here and the party was enjoyed by all. Happy summer to each of you and we look forward to meeting again in the fall. You can expect great speakers at each program day.

DIVISION & BRANCH UPDATES
We would love to hear from your Division & Branch. Please share activities, ideas, gardening tips, recipes, photographs and fundraiser ideas with us. Send to the editor,
Mary Pat Ford        mp66@hotmail.com
2012-2013 National Awards Committee
Jean DeDecker National Awards Chair

*Horticultural Therapy
Michigan Division
Rochester Branch Class E First Place
Trenton Branch Class C First Place
*Gardening/Herbs
New York Division
Cambridge Area Class B First Place
* Member of the Year 2012-2013
Audrey E. Ehrler

Pennsylvania
Ambler Keystone Branch
President Sheila Chlebda

Gardening season has extended well into Fall and our chapter continues personal and group activities to keep us outdoors planting, weeding and collecting seeds. We continue to draw new members, each bringing her talents and enthusiasm and desire to learn.

Many branch members are involved in activities preparing for the 100th Annual Meeting of WNFGA in our area next May 28 to June 1. A group of us visited The Highlands which will host an event during the meeting and are contemplating a branch project to help prepare the formal grounds before all of you come into town.

Our September meeting introduced the amazing variety of apples, and everyone made and took home an apple crisp to bake! When we meet in November, we will elect new officers for 2 year terms, beginning in January, and chose the book to read as one and discuss over pot luck supper in January.

LOYAL FRIENDS!!!!!!!

Call them special friends, these are the members of WNFGA who join our national organization without benefit of a local branch. Audrey Ehrler welcomes and shepherds them, always available for contact. The website invites anyone to join as a members-at-large requesting annual dues of $15. Do welcome them with a personal message! With any questions, contact
Audrey Ehrler
5004 Harbour Drive Oxford
Fl 34484
dogwood16@hotmail.com
Phone: 352-399-5079

Ruth E. Ricketson shows the influences on Georgia O’Keeffe’s art on both the Lake George and New Mexican Desert ecologies.
FARM & GARDEN DIVISION & BRANCH UPDATES

President Elect
Kathy Beveridge
Steps Down

Kathy Beveridge has tendered her resignation as President Elect which I accepted with great sadness. She has been an exceptional contributor as an officer and will continue to contribute as an active branch member. Her decision is for personal reasons; the demands of home, family and her own business. Please give Kathy your thanks for her good work as I do.

Julia Siefker

National Registrar's Corner

We will save time and money with these changes to all membership rosters:

DROP: Member numbers - no longer needed for magazine mailings.
ADD: Officers and Email addresses - when we need to get the word out fast
ADD: "Date Joined" or "Member Since" - we want to honor our most loyal members
SEND: Membership lists as spreadsheets along with dues. Electronic format is preferred.
UPDATE: Twice a year, as new members deserve their magazine. Returned magazines cost extra.

These changes will help national officers serve you better, and reduce the cost to deliver the magazine.
I welcome your comments or questions;


Membership Request for Loyal Friends

New Member name_______________________________________________________
Address_______________________________________________________________
Email_________________________________________________________________
Telephone_____________________________________________________________

Loyal Friends is a designation for members who do not have the convenience of a branch but wish to be involved with the organization. Loyal Friends receive all national communication including the magazine Farm & Garden published twice yearly.
Annual dues $15.00

Make checks payable to Woman's National Farm & Garden Association (WNF&GA)
Mail to Audrey E. Ehrler  5004 Harbour Drive   Oxford, FL 34484  352 399 5079

We are so happy to have you join us!