You are cordially invited to the 100th Annual Meeting of Woman’s National Farm & Garden
Ambler, PA May 28th to June 1, 2014
Become a Part of the 100 years Written History of WNF&GA

The project of updating the Chronicle, a book on the history of WNF&GA is being worked on by a core team of 8 and with the help of members across all divisions. They are committed to bringing the project of updating our 100 year history to fruition.

Thirty-three women who believed deeply in preserving the story of our organization gave funds to further the project during our 90th year. Today we see names our most venerable members in the list of those donors 10 years ago – Audrey Ehler, Kay Engelhart, Hazel Herring, Margaret Latham, and Nora Tebbens recognized the importance of preserving the story of our unique group. They are passionate about preserving our history and we are richer because of their generosity. These are members who served in the unique story we have to tell, the unique organization, our organization:

Woman’s National Farm & Garden Association

To date, $4000 plus has been donated towards this project. Additional funds are needed to purchase permission to reprint historic photos from the many archives that provide a home to our story in 4 states.

Yes! Count me in as a Leader of Woman’s National Farm & Garden Association Today - Donation Amount: $

Contributors of $100 or more will be printed within the publication.

Make checks out to WNF&GA – Chronicle Update and mail them to A&O Treasurer:
Molly Hammerle 32500 Susanne Drive Franklin, MI 48025-1165

HAZEL J. HERRING CIVIC IMPROVEMENT GRANT APPLICATION

Application being made by (Branch name):______________________________
Number of branch members:__________
Division______________________________________________________________
Project Title__________________________________________________________
Cost (estimate, if necessary)____________________________________________
Person submitting application____________________________________________
Phone number________________________________________________________
Address:____________________________________________________________
FAX/email____________________________________________________________

Application must include the following:
1. Completed application form.
2. A written description, No More Than Three Pages in length, describing the Project, the Goals, the Sweat equity (who will be involved in project and work involved, and the Total Cost for Completion.
3. A copy of this application should be sent to the Branch and Division Presidents for their records.
4. FOUR digital photos in a .jpg format to be emailed or sent with the application--photos or a CD-ROM (for possible use in a power point presentation).

MAIL COMPLETED APPLICATION TO:  Gerry Howard 12735 Scott Rd.  Davisburg, MI. 48350
Application to be received by May 10, 2014.

Cover Artist

Brigida DiGenova Michopulos designed the front cover of this issue of the magazine and is a member of the Keystone Ambler Branch. She was educated at the Academy of Fine Arts in Tirana, Albania. Brigida came to the United States in 2000 and was employed as an architectural illustrator. For our cover Brigida created her own egg tempera, adding flower parts to produce beautiful colors, pastel and gold leaf were also used. We thank Brigida for creating the cover and for donating it to our organization.

Corrections Fall 2013 Magazine
Photographs on the bottom of page two mistakenly identified Dee Walsh as Marie Long. And Reference Librarian Marie Long was identified as Elizabeth Hall.

On Friday night May 30 at the annual meeting we will share our collection of photographs to have you help us identify individual faces. Please add to our collection as we are looking for historical documents, pictures, and past issues of the magazine.
IN TOUCH

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THE MAGAZINE OF
THE WOMAN’S NATIONAL FARM & GARDEN
ASSOCIATION, INC.
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JOIN US & GET INVOLVED

To join for single membership or form a branch of Woman’s National Farm & Garden Association, please contact Registrar Leslie Morris-Smith
Leslie.Morris-Smith@gmail.com

The deadline is August 1, 2014 for the next issue of Farm & Garden.
Send information to
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215-237-3983 mpf6@hotmail.com

Front Cover Artwork: Bridget DiGenova Michopoulos
Back Cover Photography: M.P. Ford Red Barn Site of WNF&GA First Meeting
Dear Beloved Farm & Garden Members,

I am writing this in the middle of what I call “Snowmageddon 2014”! No one has been spared Mother Nature’s intensity (I don’t want to say “wrath” for fear of unleashing yet another round!) and record-breaking cold temperatures, snow, winds, and wind chills this winter! I pray everyone has fared well and those who could, traveled to warm and sunny climes to wait it out for the rest of winter.

Planning for the 2014 Centennial Annual meeting is going well and promises to be one of the best ever! Of course with it being the launch of the 100th Year Celebration of WNF&GA, how can it not be? In the past we have always had lots of business to attend to at the meeting sessions. But this year, thanks to the diligent commitment and year-round work of your National Officers, Interest Directors, Chairpersons, committee members and other dedicated members, we have accomplished so much over the past four years that at this meeting, you can plan on relaxing and enjoying an action-packed event.

The dedication of the new Visitors Center at Ambler (that you, our membership worked so hard to raise over $150,000 to build!), garden tours, workshops, floral arranging, educational speakers, Philadelphia historic tours, leisure time to explore on your own, plus much, much more have all been intricately woven into the fabric of a wonderful plan!

We will still have some business to attend to, but it will also be fun business!

The Executive Board will convene early on the morning of May 29, 2014 in the Visitors Center to meet on the same grounds as the first ever meeting of Farm & Garden back in 1914. The rest of the membership will join shortly after for the Opening Parade of Flags and Dedication of the new WNF&GA Visitor Center. Then we will convene the first session of the Centennial Annual meeting. The Ambler Arboretum of Temple University will host us for a delicious luncheon followed by guided tours of the grounds and time to admire the historic mementos of WNF&GA and The Pennsylvania School of Horticulture for Women in Hilda Justice, a charming structure that was once the library. Then there will be lots of picture taking.

From Temple Ambler, it is a short ride to The Highlands where plans to entertain our group will provide for an amazing afternoon! That evening we will dine together at the hotel and enjoy an exceptional speaker, Ms. Gene Dilks who has a great story to tell about rejuvenating Concourse Lake on the grounds of the 1876 Centennial Exposition in Philadelphia, and that’s just the first day! You can check out the rest of the events on page 12. There you can review the meeting details, & meeting registrations, and other items pertaining to the meeting. Don’t forget your Silent Auction items for the installation dinner on Saturday night!

A large part of my presidency has been to work closely with the powers-that-be at Temple Ambler to ensure the Woman’s National Farm & Garden Association Visitors Center is completed in time for its dedication on May 29. Huge thanks to Sheila Chlebda, Jenny Rose Carey, Kathy Beveridge and Linda Lowe for being our eyes and ears for this wonderful accomplishment.

By the time you read this, I will have journeyed once again to Philadelphia. I plan to be there from February 27th - March 5th to tour the Temple Ambler construction site to keep everything on track. In addition, I will have had the chance to meet with individuals at work on the many projects involved with the Centennial annual meeting, including the 100th Anniversary Centennial publication which is intended to be the continuation of The Chronicle. The Chronicle was written by the Ohio Division’s own Marty Nolan (with a lot of help from the membership) and covers the organization from 1913-1985. Huge thanks to Margaret Latham for her input as she was instrumental in the fruition of The Chronicle. This exciting publication will continue our history from 1985 to present day. If you have any photos or information that you would like to suggest for the publication, please contact Maureen Thompson at mst1123@me.com

Also on my trip, since Philadelphia is known as the cradle of horticulture in the United States, I will have taken the opportunity to attend the Philadelphia Flower Show. It is the largest indoor horticulture show in the world and I will have crossed it off my Bucket List by the time you are reading this. I am sure I will be able to relay how wonderful it was!

Finally, as we enter the 100th year of our proud and well respected organization, it is significant that WNF&GA has continued its long standing ties to the Association of Country Women of the World (ACWW.) We have continued to generously support Pennies For...
Friendship, an international fund raising effort to assist in the day to day operations of ACWW in their London office.

At one time, a major part of our association with ACWW was the Grace Frysinger Exchange Program, which has been on hiatus. During the past four years we have concentrated on major changes within the Farm & Garden organization: revision of the By-Laws, revision of the Standing Rules, and development of a long range strategic plan. With all these projects now in place, it is now time to revisit the Frysinger program to re-evaluate its relevance in this technological advanced era.

Back in 1950 Grace Frysinger had a vision to establish ties among the women of the world thru International exchanges. Our members have traveled to many countries including Africa, New Zealand, Iceland, United Kingdom and more. In turn, the ACWW provided exchanges the opportunity to travel and see America from an agricultural/horticultural stand point. This was huge back in the day when women did not travel internationally at all.

Great ideas start with a single conversation and this Annual meeting is the place to be if you wish to join in on the informal conversations to discuss the future of the Frysinger program. Out of these discussions, I will appoint a committee to research what is the future of the program and to report back at the 2015 Annual Meeting in Washington D.C. with options for the general membership to consider and vote on. Most would agree that returning to the Frysinger as it once was would be too expensive and inefficient. ACWW already has many programs in place that we could take advantage of that would be a good fit with a more modern Frysinger program.

Homework Alert! Please go to our website www.wnfga.org and click on International tab to gain additional insight and education on this program. Audrey Ehrler, a Frysinger Exchangee to Great Britain, and other exchangees have offered thoughts to help educate our members on the history of the program and its amazing benefits to WNF&GA realized through the past exchanges.

Speaking of the website, our Web Director Dee Welsh has been working intently with on major additions and improvements to the web site! Interested in online meeting registration? Using credit cards for registration to the meeting? The most recent updates on Divisions? Various Awards available? Members Only Section? Who do I contact at National for my questions or needs? But wait! There’s more!!! You’ll just have to visit the site yourself to be amazed at the talent we have in this organization to create such a wonderful tool for our members. The members only password is Farm100garden.

The website is just one of the many ways National supports our membership!

In closing, I look back at my term serving as your National President as it winds down and I feel nothing less than humbled and honored to have served this proud and wonderful organization! I will always treasure and keep deep in my heart the people I have been privileged to meet, the forever-friendships I have made, and the sweet memories that will last me more than a number of lifetimes. My deepest thanks and gratitude go out to each and every one of you here on our beautiful earth and those members that have gone on to join our “Weather Committee.” God Bless you! I cannot wait to see you in Philadelphia.

Yours in Farm & Gardening,

Julia Siefker
One hundred years ago, our country was going through immense changes. Immigration was at an all-time high. Automation and innovation brought changes, not to mention the looming World War. All parts of our culture were affected. There is no doubt that the immigrants brought their culture to America. New foods as well as customs came with them. Processed foods had begun to appear in markets, such as mayonnaise in jars, packaged cookies and cereals and even solid shortening. Frozen foods were in the works for the marketplace, and the “super market” appeared.

The home gardener of the day probably used heirloom seed: seed that was saved from year to year, generation to generation. Perhaps some of you have been fortunate enough to have received your Great-Great Grandma’s tomato seeds. But, I would guess that most families, mine included, lost those seeds and the interest in keeping them. Seed was easily available as were young plants already started and ready to plant.

Today, however, we are facing new challenges that our parents did not foresee. Climate change, dwindling global food supply, decreased farming, even Colony Collapse Bee Disease, and GMO’s (genetically modified organisms) are issues that affect the food we eat. The rise in industrial farming is creating a lack of nutrients in our food. Plants are grown for high yield rather than high nutrient content. The very strawberries that I am enjoying here in Florida may contain genetically modified organisms, having the genes of an arctic fish injected into them to prevent frost damage!

We have all known for some time that organic gardening is the best way to garden. Have we been putting these practices to use on the best plants? Will the seed purchased from the local store provide the best flavor, be open pollinated, or resistant to pests and disease? Do we know anything about how our young tomato plants were raised and what is their heritage? Here in lies the need to use heritage seed. After a search on the Internet, I found many nurseries offering up heritage seed. You may already be familiar with some. I have included a list of nurseries at the end of the article. Seed exchanges in your own community are another way to find heritage seed. By the way, to be truly a heritage seed, a seed needs at least 50 years of cultivation!

Once you have grown heritage tomatoes or beans, how do you save the seed? The easiest seed to save are those of beans, lettuce, peas, tomato and peppers. These plants produce seed the same season and are relatively self-pollinating. Be aware that some plants will cross pollinate, like Cauliflower and Brussel sprouts, and Kohlrabi, all members of the Brassica Oleracia species. They should be planted at a distance from each other. Keep a close eye on your plants as they grow, and remove any plants that do not look true to type. Plants
that you wish to save seed from should have traits you desire, such as being slow to bolt, very productive, and extremely free of disease. Pamper those plants. Seed should be fully ripe before it is separated from the parent plant.

There are lots of other tips and tricks to ensure success with seed saving. I would highly suggest you read one or more the books I have suggested to the right. The way in which you store seeds is important too. Dry seed needs to be stored in airtight containers, in a cool, dark environment, without temperature or humidity fluctuation. Seed has been known to be viable up to 20 years if stored correctly! With the need of self-sufficiency rising due to economics and ever rising food costs, seed saving and heirloom seeds make great sense.

I wish all of you great luck and yield in your summer vegetable gardens.

Sources:

Seedsavers.org
Treehugger.com
Motherearthnews.com
Backyardheirloomseeds.net

Heirloom Seed Companies:

Johnny’s Seeds
Territorial Seed
Seed Savers Exchange
High Mowing Organic Seeds
American Horticulture Society
Johnnyseeds.com
Territorialseed.com
Seedsavers.org
Highmowingseeds.com
AHS.org (members only)

Books of Interest:

Seed to Seed: Seed Saving and Growing Techniques
Suzanne Ashworth

Gardening with Heirloom Seeds: Tried and True Methods
Lynn Coulter

Survival Seeds: The Emergency Heirloom Seed Saving Guide
M. Anderson
Throughout most of human history, all farming and gardening was organic. Synthetic chemicals simply did not exist. Early farmers worked with plants and ecosystems to keep pests and diseases under control - failure to do so meant famine and starvation.¹

By the mid-1800s, scientists figured out the importance of nitrogen as a nutrient to enhance plant growth. This realization coincided with the industrial revolution and the movement of people from farms to cities. In 1909, Fritz Haber, a German scientist, developed a process to synthesize nitrogen. This synthetic fertilizer made today’s industrial scale farms possible.

But nitrogen has another quality - it can be used to create a massive explosion. This was useful during the second World War. At the end of World War II, the United States had 10 large nitrogen production facilities sitting idle. The industry shifted from munitions to fertilizer and nitrogen usage in farming skyrocketed.²

As a principle, organic agriculture began in the early twentieth century in Europe and spread to America. The early organic pioneers were concerned about erosion, soil depletion and the introduction of toxic chemicals into the food supply. They believed successful long-term agriculture was dependent on the health of the soil. They developed a soil management strategy called “humus farming”, which is farming that emphasized feeding the soil to nourish plants. This holistic strategy directly conflicted with the emerging strategy of using soluble fertilizers, which bypass the soil food web, to directly fertilize plants.³

Additionally, early organic pioneers feared that synthesized fertilizers would kill organisms in the soil and disrupt the natural balance.

The term “humus farming” faded away as the term “organic” became more popular during the 1940’s when J.I. Rodale used the term “organic” in Pennsylvania while stating that the use of chemical fertilizers and pesticides was destructive to the environment.⁴ In the United States, Rodale advocated for the use of compost and manure to feed the soil.

During the post-World War II period, the organic movement criticized and diverged from mainstream agriculture practices. The 1960’s and 1970’s counter-culture brought more changes to the organic movement. For a time, organic farming was the domain of earthy hippie types. As awareness of the impact of synthetic chemicals increased, more
people became attracted to the organic movement.

In the 1980s, the USDA and Washington University found that organic crop farms growing corn, soybeans, small grains and hay consumed only 40% of the energy used by conventional farms to produce a dollar’s worth of crop. The key factor in the accounting was the high use of energy-intensive nitrogen fertilizer on conventional farms.\(^5\)

As organically grown crops became more popular in the United States, political pressure to standardize the industry increased. The Organic Foods Production Act of 1990 restricted the term “organic” to certified organic producers. Certification is handled by organizations approved by the USDA.\(^6\)

The development of organic gardening closely followed organic farming reflecting the same concerns about soil fertility and the impact of synthetic chemicals in the environment. Although most ornamental plants are not organically grown, they may be installed in organic home gardens thereby making the transition to being organically grown.

Organic practices are here to stay. Organic food production has grown into a billion dollar business and ever-increasing numbers of home gardeners desire to restrict exposure to synthetic chemicals thereby benefiting humans as well as insect and wildlife populations.

### Why Many People Choose Organic

- Avoid bioaccumulation of pesticide and herbicide residue
- Avoid hormones, antibiotics and drugs in animal products
- Better taste
- Reduce pollution and protect water and soil
- Preserve agricultural diversity
- Support family farming directly
- Benefit from more nutrients
- Preserve our ecosystems
- Avoid GMOs

*Source: Prevention.com*

### Sources

2. Philpott, T. A Brief History of Our Deadly Addiction to Nitrogen Fertilizer.

### 100,000 Native Plant Project

Recognizing the importance of native plants, the WNF&GA has taken on the ambitious challenge of planting 100,000 native plants to celebrate our 100th Anniversary. We have recorded thousands of plantings and are eager to add your plantings to our project tally.

Want to participate but didn’t send your information?

*Bring your plant list to the 2014 National Meeting and Suzanne will gather the data and add it to the project totals.**

Guidelines for counting 100,000 native plants:

- Estimate all of your previous native plantings and continue to record all new native plantings. The tally began in June 2012 and continues through May 2014.
- All individual and branch planting activities will count, including native plantings in your home garden or a friend’s garden due to your influence.
- When scattering wildflower seeds, estimate the number of seeds spread.

**How to Record Your Native Plantings**

- Snail mail your plantings to:
  - Suzanne Smith-Oscilowski
  - 416 Gwynedd Valley Dr.
  - Lower Gwynedd, PA 19002

- Email your plantings directly to Suzanne at suzgarden1@verizon.net
Growing Your Own

Sylvia Wilson
Agriculture Director
New York Division
Cambridge Branch

I am writing this report during the coldest winter we have had in many years. The wind chill has been minus 20 degrees with a cold that penetrates to the bones. To prevent cold weather damage most gardeners would have mulched well for the winter months so our cherished plants should be fine this spring without suffering from the cold like we are suffering.

Last summer in my area of the Northeast we had an abundant crop of vegetables. Early rains in July damaged the onion crop and late tomato blight also ruined many farmers tomato crop. To minimize some of this damage farmers are using the fabric row covers to place over their plantings. These covers made of spun plastic are light weight blankets and have four benefits such as capturing warmth, protecting from light frost, protecting plants for damaging winds and insects. Plants should be covered immediately after they are planted. Farmers are finding more success with the row covers as opposed to those plants planted in the open.

Another challenge facing gardeners and farmers in this area are had problems with animals. The deer are so determined and hungry that they are eating many more crops than ever before. We even had to share our lettuce, kale, Swiss chard with the cute little rabbits that are difficult to keep out of our beds and fields. These are just a few issues that we deal with when we have the time, space and the privilege of growing our own vegetables. Here are some that I enjoy growing.

Kale and Swiss chard are still a favorite for most gardeners the nutrition value from these greens is very high, also very easy to prepare and a multiple of ways to serve. Kale is at or near the top of the most nutritious veggies. A cup of raw kale has more vitamin C than an orange, two days worth of Vitamin A, and a week’s worth of vitamin and ten percent of our daily calcium requirement which is the same as 6 ounces of yogurt.

Kale is easy to grow hearty and heat tolerant, and is grows from spring until late fall, when making it a popular addition to fall gardens. Raw leaves make an enjoyable addition to salads and even smoothies. Cooked kale is remarkably easy to prepare sautéing, stir-frying, or making kale chips with just salt and olive oil. Just be careful not burn the leaves.

Swiss chard is a leafy dark green vegetable with slightly lower levels of vitamin A and C then kale; it does have more than a day’s worth of vitamin K. It also contains more than a third of the daily dose of magnesium and potassium, both important nutrients for blood pressure and bone health. The easiest way to cook Swiss chard is to stir fly with onions, garlic and a touch of salt. Or just eat it raw in salads. Steamed Brussels sprouts provide unique health benefits. A component that actually lowers cholesterol, another that improves stability of the DNA in our white blood cells, and contain a cancer protective substance called glucosinolates. They also survive into early winter and are easy to prepare and a delight to serve by themselves or with a medley of other vegetables making them gardener’s ideal plant.

There is new interest in growing hops; it is bringing much interest to the young farmers and beer brewers. The Pacific Northwest region of the U.S. has ideal growing conditions and highly skilled farmers making it home to some of the finest hops in the world. In small upstate towns of New York there has been an increased interest as the number of commercial brewery owners want to buy their hops local. Hops are a fast growing perennial climbing vine which is trained to grow up a trellis. Beautiful green cone flowers grow on the vine that can grow up to 25 feet in a growing season. Harvest is at the end of summer when the green cone flowers are taken to a hop house to dry. It is such a pleasure to plant and nurture, to watch growth and enjoy the harvest.
As a springtime weather emerges, I eagerly anticipate my second season as a harvester on a local organic farm. I work at Pennypack Farm’s newest site, the Highlands, a historic 44-acre property in Fort Washington, PA that includes an 18th century Georgian mansion and a two-acre formal garden. Located just outside of Philadelphia, several WNF&GA members visited the Highlands on the August 2006 Progressive Women in Horticulture Tour.

Pennypack Farm is part of a growing movement dubbed “Community Supported Agriculture” or CSA. Members pay for their shares before the farming season begins, which allows the farmers to purchase supplies and commence the process of growing food. Produce is harvested and made available to CSA members as share units, contingent upon what is in season. For example, one unit might be a pound of tomatoes, one quart of string beans, or two heads of lettuce, and CSA members are allowed to choose six units per week. Some CSA members opt for a work-share, whereby the cost of the share is reduced through labor, typically three hours a week. Labor includes harvesting, setting up the “market,” and overseeing the pickup process. Rather than selling excess food, it is donated to local food cupboards.

The original Pennypack Farm is located a short distance away from the Highlands in Horsham, PA. The farmland is generously provided by the College Settlement of Philadelphia (CSC), which in 1922 established a Farm Camp for urban immigrant families to experience wholesome outdoor living during the summer months. CSC now offers summer camp programs for economically disadvantaged children in the greater Philadelphia area. In 2003 Pennypack Farm and Education Center broke ground in Horsham. Its mission is “making local sustainable agriculture an important part of our community through farming, education, and community events.”

Just prior to celebrating its first decade, Pennypack board members realized that they could not keep up with the demand for CSA shares. A two-year search resulted in a partnership with the Highlands, which had dozens of farmable acres as well as the Gardener’s Cottage, a peripheral structure that houses Pennypack staff members. As part of the agreement, Highlands CSA members must purchase a membership to the Highlands Historical Society.

In the Highlands’ first season a well was drilled, a deer fence was erected, and low-voltage electric was installed, the latter with the help of work-share laborers toiling in the trenches. A variety of heirloom vegetables were planted and harvested, and CSA members tried some unfamiliar delicacies, such as purple kohlrabi. The season culminated with an event named Locallylicious, a dinner that featured Pennypack Farm vegetables, as well as locally produced meat and cheeses, a silent auction, and a live auction that raised enough money for a “new” tractor (used but in great condition).

In addition to vegetables, the Highlands will offer raspberries and strawberries, planted at the end of the 2013 season. I believe CSA farming is not part of a trend, but rather, here to stay as people shun genetically modified and pesticide-laden food, and desire to know the origins of their food supply. CSA members at the Highlands included people from all walks of life, and both children and dogs were welcomed at the site. While I enjoyed the organic vegetables, the most valuable experience was becoming part of a likeminded community and forming friendships, not unlike my experience with WNF&GA.

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10 Reasons to Grow Your Own Food

**Cost** - You will most likely find it cheaper than the store after the initial investment in tools, soil amendments, seeds and maybe raised bed construction materials.

**Energy Conservation** - No need to drive to buy food. No big pieces of gas guzzling farm equipment is used. No energy used to produce fertilizer if you use organic materials like compost, blood meal etc.

**Independence** - Promotes independence from big mega farms and GMO’s. Promotes independence from foreign oil. You will be free to eat what you like best.

**Nutrition** - The sooner the food is eaten after picking, the more nutritious it is. You may find that because the veggies taste better, you and your family are eating more of them.

**No Pesticides** - You don’t ingest them. You help protect the ecosystem by not killing off the pollinators and insects that are food for other animals.

**Safer** - No bacterial or fungal contamination by waste from large animal farms nearby. You control what the food is exposed to - like toxins. Ex: Heavy metals like lead, cadmium and mercury.

**Stress Relief** - Studies show that exercise and spending time outdoors relieves stress. Stress relief leads to better sleep and mood.

**Taste** - Fresh picked food tastes best! Sugars are not converted to starch in transport. Ex: corn growners often pick food before it is ripe, rendering it tasteless. Ex: tomatoes

**Variety** - You can plant veggies that you don’t find for sale anywhere due to their inability to transport or keep. Ex: tomatoes. Prevents a wipeout of a species.
THE WNF&GA 100th ANNUAL MEETING REGISTRATION FORM

(Please complete a separate form for each attendee)

Double Tree Suites by Hilton 640 Fountain Rd, Plymouth Meeting, Pa 19462 (610-834-8300) or (888-370-0998)
doubletree.hilton.com/PlymouthMtg
Request WNF&GA rate $149 room + tax includes breakfast
May 27 to June 1, 2014

NAME_______________________________________________________________________________________
ADDRESS_______________________________________________________________ City __________ State_______
Zip Code ___________________ Cell Phone ___________________ Phone # at Meeting _____________________
E-mail________________________________________________________

MEMBER? ________(or) GUEST ?___________
Division__________________ Division Office position ____________________ Branch _________________
Branch Office position ____________________ National Position _____________________

Date/Time of Arrival If Not Arriving by Bus____________________
Rooming with_________________________________ or Request a Roommate? __________
Regular Diet________ (or) Special Diet ____________

Tuesday May 27 Early arrival: meals on your own $ N/A
Wednesday May 28 Wintertthur Museum & Garden $ N/A
Thursday May 29 Executive Board Meeting $ included
Dedication of WNF&GA Visitors Center $ included
Session 1 - 100th Annual Meeting of WNF&GA $ included
Lunch: Guided Tours of Ambler Arboretum of Temple University included
The Highlands 'En Plain Air' Garden Party: Tour and Concert $ included
Dinner and Speaker at Hotel $ included
Friday May 30 Session 2- 100th Annual Meeting of WNF&GA $ included
Chanticleer: A Pleasure Garden $ included
Box Lunch provided $ included
Individual workshops (Must note preference in form) $ included
Committee Meetings as called: Dinner on your own $ N/A

Floral Arts Workshop $5 to register $ ______

Saturday May 31 Session 3 – 100th Annual Meeting of WNF&GA $ included
4 hours in Old City Philadelphia: transportation provided $ included
(Please note: A variety of optional touring activities available for a fee at your discretion. See page 13) $ N/A
100th Anniversary Installation Dinner at Hotel:
Installation of Officers, Silent Auction and Speaker $ included

Full Meeting Registration Fee (excluding $ N/A) $285

OR

Full Day Registration Fee $75 per day (Day/s) $________
Half Day Registration Fee $50 per event (Day/s) $________
Angel Fund Donation $________
Late fee after May 1, 2014 $ 25 $________

TOTAL ENCLOSED $________

Online registration by credit card USE THE WWW.WNFGA.ORG WEBSITE OR
Make checks payable to: WNF&GA Meeting Fund
SEND COMPLETED REGISTRATION FORM & CHECK TO:
LESLIE MORRIS-SMITH, Registrar 8818 DUVEEN DR. WYNDMOOR, PA 19038
Leslie.morris-Smith@gmail.com (Annual Meeting Registration in subject line) or 215-233-3532

Unfortunately, we cannot offer refunds and the late fee of $25 applies after MAY 1, 2014
FRIDAY AFTERNOON WORKSHOPS

(Please list 1st and 2nd choice)

- Bonsai Introduction
- Elements of Garden Design
- Flower Arranging – Bouquets and Tussie Mussie
- Herbs – Varieties, Cultivation and Uses
- Horticulture Therapy – In Practice!
- Native Plants in the Garden
- Photography; Point, Shoot and Admire!
- Pruning for Growth, Shape and Artistic Pleasure
- Roses; History, Varieties, Pruning, Cultivation and Propagation

Philadelphia tours noted below have additional cost and can be reserved in advance by contacting Kathleen.beveridge@comcast.net. See the website wnfga.org for links that give a full description of options.

Mural Arts Trolley Tour 1.5 hours $25
Open Air Trolley Tour of Sites – off and on: $25
Duck Boat tours $29
Art Museums (individual choice; admission as required)
  The Barnes Collection (must reserve in advance) $22
  The Pennsylvania Academy of Fine Arts $15
  The Philadelphia Museum of Art $20

Notes on Registration
- Meeting Registration covers all events except those noted with additional cost
- Registration for a full day covers all events of the day, including transportation
- Registration for half day permits attending the event requested
- Attendees are not required to stay at the hotel: these costs are separate from registration
- Meeting attendees will leave together to go to Philadelphia and then individuals may choose how time is spent
- Return from Philadelphia will be at a set time bringing everyone back to the hotel
- Those interested in Winterthur on 5/28 but not riding the early bus, please contact Kathy Beveridge ASAP – 215-262-1372; Kathleen.beveridge@comcast.net. Space is limited.

Workshop Descriptions Friday May 30, 2014

Meeting attendees are invited to join one of these fine hands-on and small group workshops as part of the meeting registration. The registration form asks that registrants list a first and second choice and we will make every effort for individuals to receive her or his preference.

The Art of Bonsai Introduced - You will enjoy an afternoon in the serene setting of Keystone Ambler Branch Vice President and professional landscape designer Sharee Solow's magical urban garden. She will lead participants in discovering the basics of Bonsai and offer Japanese tea. Her Asian-style backyard has been featured in Tennessee Gardener and Pennsylvania Gardener magazines as well as The Philadelphia Inquirer garden section. After briefly discussing the rock and bog gardens in front of the house, we will move to the Japanese inspired back yard and turn our attention to various aspects of the ancient art of bonsai, translated as "a tree planted in a shallow container." While seated in the shade, the afternoon is an easy hands-on experience, reinforced with a demonstration to help students create their own pre-bonsai to take home. Numerous bonsai displaying pots, sizes and forms will be on view for inspiration. The workshop includes a bonsai container, soil, and plant subject. Plus a styling demonstration of a bonsai tree, which will be auctioned at the Saturday night dinner.

Elements of Garden Design - Hosted by Jenny Rose Carey in her garden at Northview, this workshop will review the myriad ways a garden takes form. Jenny is a member of the Keystone Ambler Branch and is the Director of the Ambler Arboretum of Temple University. With the help of Keystone Ambler members Linda Lowe, Director of Development for the Temple University Ambler Campus and School of Environmental Design and Mary Pat Ford WNF&GA Magazine Editor and Temple University Horticulture graduate. Design is in plant selection and placement, follies, trees, paths, fences, arbors, water features and places to sit. There are lines and curves, colors and shapes, highs and lows and it all brings about the shape and form and character of a garden. Jenny will show participants how to find creativity in rearranging or branching out; examples of many design elements exist in her 4 acre garden, and many more are visible in her photos from garden visits far and wide.

(continues to page 13)
Flower Arranging – Bouquets and Tussie Mussie: Nancy Matthews is a professional flower arranger and member of the Keystone Ambler Branch who will lead this workshop on the grounds of a lovely home and very old farmstead in Ambler. Participants will have an abundance of flowers from which to choose to create their own large hand held bouquet, or the more quaint, small and beautiful tussie mussie or nosegay. The latter is typically given as a gift and since medieval times, was worn in the bodice, hair or at the waist. Nancy is a renowned arranger having won blue ribbons at RHS Chelsea and The Philadelphia Flower show for her arrangements. The workshop venue is her terrace overlooking a private pond and the large barn full of the treasures of her insatiable antique hunting.

Herbs - Varieties, Cultivation and Use: Sheila Chlebda, Keystone Ambler Branch member and immediate past president is a graduate of the Horticulture program on the Temple Ambler campus. She has a remarkable gift for propagation and a deep love of herbs. In her extensive and lovely Perkasie garden, she will show participants herbs beyond imagination, planted in the ground and in pots. The workshop will highlight varying soil and light conditions, tender herbs, culinary and medicinal uses and how to share your own joy of herbs. Sheila also has in mind an organic herb garden in her area as well as a lavender farm as part of the workshop. It is possible that this workshop will have a slightly later return to the hotel.

Horticulture Therapy - In Practice: Jorie Nailor, Keystone Ambler Branch member and past president will tour outstanding practices of Horticulture Therapy in a variety of settings. Her work as president of the Philadelphia Committee of the Garden Club America (PCGCA) which supports these organizations offers great insight to those who are passionate about this special work. Marie Page of Keystone Ambler and the Bucks Co. Branches will join her in leading the group. Both are associate with Plant Lovers Discovery Tours in Philadelphia and Marie has been a professional gardener for over thirty years. The tour will depart directly from our morning visit to Chanticleer starting with Inglis House. The mission statement here is “Inglis enables people with physical disabilities - and those who care for them - to achieve their goals and live life to the fullest”. The inner courtyard used by the residents received a grant from PCGCA recently and there residents enjoy vegetable gardening and relax among a number of garden areas. Nearby is Concourse Lake Native Plant Park, also initiated by PCGCA and the subject of a lecture to be presented Thursday night of the meeting. We will visit one of two medicinal herb gardens in Center City Philadelphia. Our final visit is to the Friends Healing Garden at St. Mary Medical Center. The half acre Cloister Healing Garden with Japanese elements is adjacent to hospital corridors and cafeteria. The Emergency Room Garden is visible from the waiting room and the Rain Garden is used by those taking chemotherapy treatments. Participants will meet at Chanticleer, enjoy box lunches and then travel to these destinations returning everyone to the DoubleTree Suites Hotel.

Naturescaping with Native Plants: Join us for this informative and hands-on workshop lead by Suzanne Smith-Oscolowski, member and secretary of the Keystone Ambler Branch, Environment Director for WNF&GA and Education Director for the Wissahickon Watershed. You will have lots of attention and information with two other Keystone Ambler members, Cindy Nuss and Tessie McNeely, Treasurer also working with Suzanne. Learn about using native plants to attract birds, butterflies and wildlife, selecting native plants for the garden, designing native gardens, employing natives as alternatives to traditional turf grass; planning and installing a rain garden. We’ll visit a Naturescaped garden and a restored natural habitat to observe native plants in both natural and designed environments. Bring along photos and sketches of your home landscape or latest garden project...we’ll help you Naturescape it with natives!

Photography: Point, Shoot and Admire: This photo workshop is geared toward anyone who loves to take pictures and does so with a point and shoot digital camera, or more complex if you prefer. You may consider yourself an amateur, or an experienced amateur, or an experienced photographer, but you will feel right at home improving your skills from where you are. Denise Foley is an accomplished (though modest) photographer, an avid gardener, a Keystone Ambler Branch member and a fun-loving person who will help you develop an eye for basic composition, light and focus. You will spend your afternoon with her at Morris Arboretum where you can practice with your own camera the elements of basic good photography that will bring that extra little composition factor into your photographs. Bring some of your own photos to ask advice during a break for tea in the Morris café and gift shop.

Pruning for Growth, Shape and Artistic Pleasure: Join Keystone Ambler Branch member Michelle Conners and Jordan Max of Heartwood Tree Care in the Chestnut Hill neighborhood of Philadelphia for an afternoon of pruning. In addition to Michelle’s relatively young garden where native plants mingle with Asian rarities, we will visit two other gardens within a short walking distance where the homeowners are avid gardeners and hands-on pruners. Michelle is the Public Programs Event Coordinator at Morris Arboretum of The University of Pennsylvania and Jordan is a certified arborist using hands on, tree-loving methods to prune and repair trees of all kinds and sizes. Bring all your pruning questions and challenges, in photos if you like.

Roses -- History, Varieties and Cooking with Rose Petals: Elizabeth Belk, Keystone Ambler Branch member, is the Horticulturist and Landscape Manager at Wyck Historic House, Garden, and Farm. She is responsible for the care and propagation of the Wyck roses. The workshop will meet at Wyck seeing the rose garden in its magnificent bloom and enjoy Elizabeth's tutelage in harvesting rose petals. Throughout history people have harvested roses petals for all types of uses from herbal remedies to sweet treats. This workshop will provide hands-on experience on how to make rose petal jelly, ginger rose vodka, rose water, rose beads, potpourri, and candied rose petals using both fresh and dried petals. We will harvest rose petals from the deliciously fragrant historic roses at Wyck, home of the oldest rose garden in America. All materials will be provided and participants will be able to take home what they make. Elizabeth is a graduate of the Arboretum School of the Barnes Foundation and also holds a Master's degree in teaching from Columbia University. She is a member of the Board of Trustees for the Heritage Rose Foundation, an accomplished cook and delights in teaching people how to get the most out of their roses.

For more specifics on all workshop leaders, see wnfga.org under Annual Meeting/registration/workshops.
Chanticleer

The Chanticleer estate dates from the early 20th-century, when land along the Main Line of the Pennsylvania Railroad was developed for summer homes to escape the heat of Philadelphia. Adolph Rosengarten, Sr., and his wife Christine chose the Wayne-St. Davids area to build their country retreat. The family's pharmaceutical firm would become part of Merck & Company in the 1920s.

The Rosengartens hired architect and former classmate Charles L. Borie to design the house, which was completed in 1913. Landscape architect Thomas Sears designed the terraces as extensions of the house. A 1924 addition converted the summer home into a year-round residence and the family moved here permanently.

Mr. Rosengarten's humor is evident in naming his home after the estate "Chanticlere" in Thackeray's 1855 novel The Newcomes. The fictional Chanticlere was "mortgaged up to the very castle windows" but "still the show of the county." Playing on the word, which is synonymous with "rooster," the Rosengartens used rooster motifs throughout the estate.

Adolph and Christine gave their two children homes as wedding presents. They purchased a neighboring property for son Adolph, Jr. and his bride Janet Newlin in 1933. It is now the site of the Ruin. Daughter Emily's house, located at today's visitor entrance, was built for her in 1935. It is presently used for offices and classrooms.

Adolph, Jr., bought his sister's portion of the estate following her death in the 1980s. He didn't move into the main house, but used it for entertaining and kept it as it was when the family lived there. The house is open for tours by reservation. Adolph, Jr., left the entire property for the enjoyment and education of the public following his death in 1990. A seven-member Board of Directors, five of whom are Rosengarten relatives, oversees The Chanticleer Foundation. The garden opened to the public in 1993. There are 17 full-time staff, of whom two manage facilities and 12 are gardeners and groundskeepers.

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Gene Dilks of Philadelphia will speak to us on Thursday evening at dinner time. She has lead the revitalization of the Concourse Lake in Fairmont Park. The story of a group of women from the suburbs making the City do the right thing -- an amazing thing. Concourse Lake is a storm water reservoir in Fairmount Park, Philadelphia. It is located off of Belmont Avenue, within a five minute drive from either the Schuylkill Expressway or the West River Drive. The lake is part of the Park’s Centennial District, the 236 acres where almost ten million people celebrated the nation’s hundredth anniversary in 1876. The Centennial landscape was dotted with pavilions and exhibition halls touting the accomplishments of the nation, the skills of its artisans and scientists, the unique character and resources of the various states, and the lure of foreign nations. Housing the double Corliss engine which brought steam energy to the area, the mammoth Machinery Hall, 1402 feet long, rested on the seven and half acres now occupied by the Concourse Lake reservoir.

Philadelphia has embarked on a multi-year, multi-million dollar plan to restore the Centennial District, converting this underused park asset into a varied educational, cultural, and recreational attraction for visitors and citizens alike. The refurbishment of Memorial Hall, the lone remaining large exhibit hall, and the subsequent move of the Please Touch Museum to this glorious building, signaled the beginning of these restoration efforts. The City invested in the creation of a 5 K recreational loop trail, unifying the area, and in the dredging of the lake, creating a native wetland to better filter water on its way to the river. Delaware and Pennsylvania Member Clubs of the Garden Club of America have selected the area surrounding the lake as the focus of their efforts to produce a horticultural gift for the City in honor of their own hundredth anniversary in April of 2013. Their horticultural and environmental renovation project seeks to continue the environmental improvements initiated by Fairmount Park and to provide continued momentum for the implementation of the overall Centennial District master plan. The project proposes the removal of paving adjacent to the lake, a new educational walk, and the planting of native plant material selected for sustainability and storm water management and supportive of Mayor Nutter’s goal of creating the “Greenest City in America”.

Kathleen Gagan is the owner and founder of Peony's Envy, a flower farm and display garden dedicated to the cultivation of this famous flower – the peony. Peony's Envy Nursery and Display Garden offers one of the most extensive collections peonies in the Northeast. The gardens are laid out over an 8-acre property with trails that meander throughout the peony collections. 50,000 peony plants and 500 distinct cultivars are on display. Come and just breathe. It is a good day out! The Display Gardens will be in FULL BLOOM before, during, and just after our event and is close enough to Philly for a day trip! We are excited that the timing of our event will afford us the opportunity to see this amazing garden in full bloom! Peony's Envy ships peonies nationwide from September through May, attends flower shows and horticultural events nationwide, and opens its nursery and display garden to the public in New Jersey for the spring bloom season and again in the fall for bare-root sales. Kathleen will be the Saturday night speaker at the Woman’s National Farm & Garden Dinner. She will present a lecture specifically on designing Gardens with Peonies. An inspiring and beautifully rendered presentation, which highlights how to use peonies throughout the landscape, peony care, planting, cultivation, history, and garden design. Kathleen’s past presentations include Scott Arboretum’s Hardy Plant Conference, Longwood Gardens, the Hortus Club of New York, the Martha Stewart Living Show. She is a linguist and international corporate communications consultant turned lady farmer. After a successful life overseas, where she became -fluent in Mandarin Chinese and Spanish. Kathleen came to New Jersey to a life as an entrepreneur. She grows peonies because the deer don’t eat them, and because they are a beautiful and easy to grow. They are an Old World garden favorite for new and old gardens alike. Kathleen is currently a student at the Barnes Foundation’s 3-year Horticulture Program. She is also writing a book on peonies for Timber Press.
If you attend WNF&GA’s centennial meeting in Pennsylvania at the end of May, you will visit the Highlands in Fort Washington, as a member of the WNF&GA’s Keystone Ambler Branch and a trustee of the Highlands Historical Society, I look forward to welcoming you to the Highlands’ historic 44 acre site, a nationally significant example of an intact, late 18th century estate.

Like Downton Abbey, the Highlands has its own stories to tell. From Anthony Morris, the lawyer/entrepreneur who bought the land and built the Highlands mansion in 1796, through the Sheaff family who owned and occupied the estate for over 10 years, to Caroline Sinkler who saved and restored it from 1917 to 1947. The Highlands connects us to this country’s history over a period of 150 years—from local outbreaks of yellow fever in Philadelphia to national and international trends in politics, trade, agriculture, landscape architecture and even to Egyptian archaeology. The highlands had information on hand about all its owners and the interesting lives they led.

You will have a range of options open to you during your visit. The highlands include:

- A late 18th century Georgian Mansion.
- Nine outbuildings, including a bank barn, a smokehouse, an ice house, a Lord and Burnham greenhouse and a Gothic Revival gardener’s cottage.
- A two acre formal walled garden, designed by Wilson Eyre for Miss Sinkler in 1917: in its day it exemplified the best in early 20th century estate gardening and won the Pennsylvania Horticulture Society’s Gold medal in 1933.
- A 12 acre working farm, recently re-established in partnership with Pennypack Farm and Educational Center and based on a community supported agriculture model.

With site map in hand and docents both in the mansion and its ground, you may explore at will asking questions about any aspect of the Highlands history and its owners. For your added enjoyment there will be artist painting “en plein air” in the garden. In the mansion, the Philadelphia Society of Botanical Illustrators is holding an exhibit of botanical art, featuring flowers and plants from Miss Sinkler’s award winning garden. Distinguished cellist Jeffery Solow (husband of Pennsylvania Keystone Ambler Vice President, Sharee Solow) has graciously agreed to play while afternoon tea is served. We hope you visit to the Highlands will be relaxing, engaging and informative and provide glimpses into life, over time, on an elegant historic country estate.

Submitted by Eleanor Kingsbury
Scholarships

Since the early 1930's the Woman's National Farm & Garden Association has banded together to help support female students in the fields of horticulture, landscape design and environmental affairs. The first being The Lou Henry Hoover Girl Scout Scholarship established in honor of Mrs. Herbert Hoover, an Honorary Member of the Association who strongly supported the Association's purposes. Mrs. Hoover was also interested in the Girl Scouts. In 1931, Mrs. Robert A. Ware, chairman of the Education committee, proposed the scholarship, recommending an annual award for the study of gardening at the School of Horticulture for Women at Ambler.

In later years, other scholarship awards at the School of Horticulture at Ambler were established by the Pennsylvania Division in honor of Mrs. Alexander J. Barron, president of the division from 1926 to 1947; and a New Jersey scholarship and contributions to the Ambler Library. Mrs. Reed (Louise Stein) Fisher, a dean of women at Ambler for many years, was a member of the Beacon Hills Branch, New Jersey.

Today the Ambler Campus continues to be home for the School of Environmental Design of Temple University. Women studying horticulture, landscape architecture, and landscape design are eligible to receive scholarships generously supported by the WNF&GA. Each year students receive tuition assistance from the National scholarship supported by the Woman's National Farm & Garden Association’s and from the Pennsylvania Division.

Countless women have the WNF&GA to thank for greatly reducing or eliminating the financial worries that often distract and discourage students from succeeding in their goal to achieve a higher education. On behalf of the past and the future student recipients thank you for making these scholarships available and meaningful.

Submitted by Linda Lowe

Sarah Bradley Tyson Fellowship Award Results for 2013

The Sarah Bradley Tyson Fellowship Committee is pleased to announce there were four one thousand dollar awards granted in the year 2013. This fellowship is available to advanced study students who are studying agriculture and are registered in a college located in the United States.

The awards were granted to:

Staci De Geer is in her final year of study at Auburn University in Auburn Alabama. In 2014 Staci expects to earn her doctorate in the field of agriculture. Some of her strongest studies have been in the area of food safety and security within the meat industry. At the age of 14, she gave a winning presentation for the 4-H and the FFA (Future Farmers of America) on preventing E.coli cross contamination.

Kimberly Fisher is a Doctor of Philosophy student with the Department of Animal Sciences at Auburn University in Auburn Alabama. Kimberly's study is in Animal Meat Science and Food Safety. She expects to graduate in May of 2015. Kimberly plans to secure a position in the beef industry. Afterwards, part of her main goal is to return to academia with a position as an assistant professor at a land grant University. Kimberly's hope is to bring her industry experiences into the classroom.

Sandy Kawano is a Ph. D. Candidate of Biological Sciences at Clemson University, Clemson, South Carolina. Sandy is in the College of Agriculture, Forestry and Life Sciences. Her expected date of graduation is May of 2015. Sandy has received outstanding awards and citations too numerous to mention here but Richard W. Blob, Professor Biological Sciences writes, "Sandy is the first member of her family to go to college. Her research and teaching accomplishments have been outstanding, including two first-authored papers in high-ranking journals and co-authorship on a third paper during the past year alone. All while also serving as head teachers assistant for my 240-student course in Vertebrate Biology. In combination with her service to our department and the community, Sandy's achievements already approach the standards that would be expected for a faculty member. On top of her research efforts, Sandy has made outstanding contribution in teaching and service. She won a Graduate Student Teaching Award from the North American Colleges and Teachers of Agriculture."

Rebecca Melanson Rebecca Melanson is pursuing a doctorate in plant pathology at Louisiana State University. As a future faculty member in plant pathology, it is her goal to develop solutions to improve disease management and achieve sustainable agricultural production. She also hopes to help stakeholders of all ages and roles understand the importance of agriculture and the importance of achieving sustainable agricultural production for the growing world population. As a young woman in the field of plant pathology, Rebecca joined the American Phytopathological Society's Committee for Diversity and Equality in order to meet other women who have worked to gain equality in a field that has largely been dominated by men. As the current vice chair and future chair of this committee, she hopes to continue to promote the role of women in the society and in the field.

Congratulations to you all!
The Giving Tree
Since the dedication of the Hilda Justice Artifacts Collection, November 2011, The Woman’s National Farm & Garden and the Ambler Alumni Associations’ Giving Tree has been sprouting new leaves. Money raised through the purchase of leaves continues to support the growing Hilda Justice Artifacts Collection.

Leaves for the Giving Tree have been purchased by groups and individuals to commemorate or honor family members, friends, or outstanding associates from both the WNF&GA and the Ambler Alumni Association. A special leaf was placed on the tree to commemorate the 2012 Rhapsody in Bloom event which honored the members from the WNF&GA both locally as well as nationally for their dedicated interest in the Ambler Campus.

Like the Giving Tree, the Artifacts Collection continues to grow, Hazel Herring donated a beautiful shadow box containing her WNF&GA pin collection. This has pride of place in one of the handmade glass paneled cabinets in the Hilda Justice building. Other generous donors have send old copies of the WNF&GA magazines from the 30’s and 40’s, WNF&GA Flower Show programs, and scrapbooks from various Fryinger international programs and much more.

If you plan to attend this year’s annual Meeting and 100 Year Anniversary Celebration you will have the opportunity to stop by, on Thursday May 29th as Temple University Ambler will dedicate the Woman’s National Farm & Garden Association’s Visitors Center. Please join us for this truly wonderful occasion.

While on campus please stop by the Hilda Justice building to view the Giving Tree and the Artifacts gathered together over these past few years. You will notice green leaves have been placed on the tree representing the WNF&GA branches, there are two doves above the tree representing Faith Tiberio and Hazel Herring, and if it were not for these two women the project would never have gotten off the ground. The rocks under the tree dedicate the tree to both the Woman’s National Farm & Garden and the Ambler Alumni Associations, the third rock was placed under the tree in 2012, recognizing the Ambler Campus as the location for the First planting of the 100,000 Native Plants Project.

If you would like to see your name or a family member or friend on a Giving Tree leaf, there is still time to purchase one before the 100th Anniversary Celebration. Each leaf can hold up to four lines of text (short lines) and the prices are:

Copper leaves are $100, Silver are $500, and the Gold leaves are $1,000.

For more information or to purchase a leaf please contact Linda Lowe, Director of Development for the Temple University Ambler Campus and School of Environmental Design. 267.468.8440, or by email linda.lowe@temple.edu. Or send a check to Linda at: Temple U. Ambler, 580 Meetinghouse Road, Ambler PA 19002.

On behalf of Temple University Ambler, thank you to all members of the Woman’s National Farm & Garden Association for your time, dedication and support which helped to establish both the Hilda Justice Artifacts Collection and the Visitors Center.

Your loyal commitment to Temple Ambler will always be highly valued by the staff, faculty and students who work and study here.
Dear Ladies of the WNF&GA,

Greetings again from the National Arboretum’s Dogwood Collection! I’m writing to update you all on what has been going on here in Washington since the last time I wrote. Of course the weeds are always fighting to make their presence known, so removing them and mulching the beds to ensure their demise has been a source of constant hard work. We have also been busy pruning the dogwoods, for safety, health, and aesthetics, as well as other general maintenance tasks in the collection. One of my major contributions to the collection occurred just before Julia Siefker came to visit the arboretum. George Waters, the head gardener in the dogwood collection, and I were able to clear up the view of the Anacostia River from the Mrs. Walter Douglas overlook by pruning desirable trees and removing a good majority of unwanted plants on the hillside below the overlook; this made an enormous difference in the river’s visibility from the dedicated bench.

I have also worked hard to finish the complete redesign and rezoning of the Dogwood Collection bed system. This was a major (and important) undertaking because the previous bed system, which was laid out in a grid pattern, was outdated and nearly obsolete. The new bed system, which is designed in a more natural fashion, will make it much easier to locate plants in the collection for the garden staff. This project required training and extensive work in BG-BASE (collections management software) as well as ArcGIS (mapping software), which are widely used across the horticulture industry. At the USNA, these programs are used in tandem to record details and locations of each individual plant. They also provide all of the information which was used to create ABE, the Arboretum Botanical Explorer, which is available for use by the public.

I have had the experience of a lifetime here at the National Arboretum and I wanted to say thank you to everyone at the Woman’s National Farm and Garden Association for the opportunity to participate in this internship. I have gained a wealth of experience and knowledge from the professionals here at the arboretum that I will be able to put to use for years to come. As far as the future is concerned, I am ecstatic to report that I have accepted a position in Asheville, North Carolina with Costa Carolina in their Research and Development department, which starts on December 2nd. I feel that my experiences over the last six months prepared me for that position, and I can’t thank you enough for my wonderful experience at the National Arboretum in the Dogwood Collection.

Sincerely,
Tristan Malan

Joan Feely  Curator/Horticulturist
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president, welcomed everyone, followed by greetings from Susan Chambers, MI Division vice president, and Mary Bertolini, past national president. The audience then greeted two of WNF&GA’s illustrious founding mothers: Miss Jane Bowne Haines (Carrie Riedeman) and Mrs. Louisa Yeomans King (Claudia Scioly), who presented an entertaining look back at the origins of WNF&GA, by shared stories of the early days and highlighted several women who played key roles in our history – the Women’s Land Army and its Farmerettes; Gertrude Warren, mother of 4-H; Alice Wessels Burlingame, established horticultural therapy as a profession; Grace Frysinger, who established the Frysinger Exchange program; Matilda Dodge Wilson, national president, whose Meadow Brook Hall estate now holds the MI Division’s archives; and Mildred Hague Matthaei, founder of the Ann Arbor Branch in 1946 and the driving force who established the University of Michigan’s world-class Matthaei Botanical Gardens.

Special attention was given to past president, Mrs. Clara Bryant Ford (1927-32) a respected force in gardening circles at the time. Mrs. Ford brought energy and strong ideas to WNF&GA, and placed a priority on bringing city and rural women together, empowering rural women to make a fair living from their produce and handcrafts. She introduced the Association’s ‘spade and distaff’ emblem as a ‘seal of approval’ for roadside market stands, a particular interest of hers and one she promoted with handmade models. Enjoying strong support from her husband Henry, Mrs. Ford often entertained Farm & Garden women at their estate, Fair Lane in Dearborn, where her extensive gardens included a five-acre rose garden that boasted 350 varieties and 10,000 plants. The Fords hosted WNF&GA’s 1930 Annual Meeting at the Hotel Statler in Detroit, and attendees visited Greenfield Village, Henry’s novel collection of historic buildings set on Ford land. In fact, Mrs. King pointed out to the luncheon audience, Mrs. Ford had hosted a gathering of Farm & Garden women in this very room in June 1939, after Henry had had the Clinton Inn moved to the Village. Ending with a call for today’s Farm & Garden women to “raise their eyes to new horizons and their hearts to new challenges,” Jeannette Matyn, past MI Division president gave the invocation. With sunshine streaming through the windows, the room dissolved into talk and laughter as lunch was served. It was a fun and fitting start to our Centennial year.

Why Pink Poppy Seeds?
Louisa King, was called the ‘fairy godmother of gardening.’ An internationally known author and speaker and a master of garden color and design, her “Little Garden” series of books helped popularize gardening among the growing middle class. Her gardens at Orchard House in Alma, Michigan, were often the site of garden events – in fact, what was to become the Michigan Division was founded there in 1926. In “The Well-Considered Garden” (1915), she wrote:

“…there follows … a time when one of the loveliest of all double poppies lights up the little place with color. For this poppy – an annual – there is no registered name. It is double, extremely full, perhaps three feet in height, and of a delicious rosy-pink, exactly the pink of the best mallows … To see three or four of these poppies in full bloom among the white mist of gypsophila, either single or double, the oat-green of the poppy leaves below, is to see something more delicately beautiful than often occurs in gardens. Many packets of the seed of my poppy are always in readiness … if there are ten gardeners with vision to see … the rose-pink beauty of this flower, let them ask for a bit of the seed, for it is theirs for the asking!”

At an appearance in Detroit in 1926, Mrs. King made that offer to her audience, and Clara Bryant Ford was among those who accepted. When the two women first met, Mrs. King recalled, “I saw a spark in her eye … a kindred spirit.” Their new friendship blossomed, and Mrs. King was instrumental in bringing Mrs. Ford into WNF&GA.

At the Centennial Founders Day luncheon, guests received a bookmark with double pink poppy seeds and a note: “Help continue Mrs. King’s tradition and share some seed with others as a small, blooming legacy in honor of WNF&GA’s founding mothers.”
casually mentioned New York’s Daffodil Project in which New Yorkers plant about 500,000 bulbs per year in all five boroughs of the city for a current total of over 4 million. The daffodils serve as a living memorial to those who died on 9/11. It seemed like planting daffodils could be a workable project in Detroit to serve as a symbol of hope and the city’s rebirth, but first we had to secure permission from Belle Isle officials. In June of 2008, Sarah Earley, founder of The Belle Isle Conservancy and Cecily O’Connor, then Bloomfield Hills Branch president, presented the idea with no funds to support it to Alicia Minter and Keith Flournoy, respectively Director of Parks and Recreation and Belle Isle Manager. Incredibly, they agreed! The Bloomfield Hills Branch of the WNF&GA, Michigan Division supported the initial phase with a mini-fund raiser where women gave in memory of family members showing a touching display of attachment to Belle Isle. It seemed that all of the members had a vivid memory of time spent there. We actually raised $4,500 and purchased about 10,000 bulbs. Did all go well? Not exactly. The bulbs were held up for two weeks in customs, arriving during the cold part of Michigan’s October. The Island staff is primarily seasonal workers who planted 50% of the bulbs, stashed the rest in the greenhouse and went home for the winter. But those planted bloomed gloriously, giving hope to a disheartened city.

Thanks to Ann Arbor Branch member Claudia Scioly who proposed the Daffodil Day on Belle Isle Luncheon idea, we now have an annual benefit to fund the bulb purchase. We formed The Daffodil Day Luncheon Committee consisting of members from all over the region and the Michigan Division adopted Daffodil Day on Belle Isle as an official project. Each year, we present an inspirational speaker, interesting Island tours and we fill The Detroit Yacht Club ballroom. We initially cut back our bulb purchase to 3,000 bulbs and planting went fairly smoothly, although it stretched the already overloaded park staff to the max. The third year, disaster struck. The bulb supplier in Holland went bankrupt and told no one. One week before planting day, Lynden Miller called to say that the bulbs were-

n’t coming. By this time, we had solved the planting dilemma by involving about 100 University of Detroit Jesuit High School students during their annual City of Detroit Service Day. The downside was that we had involved many more people and had no product.

A chance remark at a dinner party produced a guest who had a neighbor who had a nursery near Lansing Michigan about one-and-a-half hours north of us. The nursery man agreed to order from his bulb supplier in Pennsylvania and the bulbs arrived in Lansing about noon on the day before planting day. The nursery owner drove the bulbs to Bloomfield Hills and loaded them in Cecily O’Connor’s SUV. Cecily and her husband drove them down to the Island where Keith Flournoy, the manager, stayed until midnight to sort and organize them before the boys arrived in the morning. Strangely enough, Frederick Law Olmsted’s great-grandson was among the student planters. By the fall of 2013, we had been able to expand the number of bulbs planted to over 15,000. It was a successful group effort, as the younger boys from University of Detroit Jesuit High School did about 40% of the planting with the park staff planting the other 60%. The older boys cleared saplings and brush behind the stone building that is home to the police station. The Detroit Rotary is sponsoring a Southeastern Michigan Native Species Garden there with docent-led tours. Professional landscape design companies like Fleur Detroit, Inc. and Old House Gardens along with individuals have donated bulbs. Businesses like Roy O’Brien Ford and daffodil supporters donated almost $3,000 to further underwrite the project. Our goal is to plant 4 million daffodil bulbs, one for every person in the metropolitan Detroit area.

There is great positive momentum in Detroit with its new mayoral staff, emerging technology corridor, growing private investment and a robust blight removal plan. We are celebrating our first five years of daffodil bulb planting with an outstanding keynote speaker and an excellent meal at the 5th annual Daffodil Day Luncheon on April 16th at The Detroit Yacht Club. We are thrilled that Matt Cullen, CEO of Rock Ventures, has agreed to be our speaker!
Rock Ventures is the umbrella entity for Quicken Loans and its family of companies and the force behind many of the downtown Detroit building renovations and development projects that have been in the news. Matt also chairs the Detroit Riverfront Conservancy, is president and CEO of the M-1 Rail Project and is fully committed to the revitalization of our great American city.

Rock Ventures and Quicken Loans moved downtown in 2010 because they knew Detroit was full of potential to become a thriving city once again. Since moving into Detroit’s urban core, they have created 6,500 new jobs, have moved 3,800 employees into the city and now have more than 12,000 team members working in downtown Detroit. Not only are people working downtown, they are also living there and helping to create the urban density necessary for a city’s survival.

So, was Lynden’s prediction correct? Five years ago, complete strangers with a love for Detroit’s green spaces began to work together. From our Daffodil Day Luncheon Committee whose members live all over Southeastern Michigan, to park officials to suburban individual donors and businesses, we are all working to make Belle Isle beautiful once more. Grants for building restoration are being written and received with money being raised locally. Sunset Point, which overlooks the City of Detroit, has been restored. The Belle Isle Aquarium is open on Saturdays, staffed mainly by volunteers. The Conservatory has hundreds of new glass panes and extensive restoration to the garden stairways, terraces and walkways. The Lily Pond Garden has been renovated, a viewing area added, new plantings installed and invasive species removed. The historic Horse Stables roof has been authentically restored at a cost of almost $1 million. Two fountains on the Conservatory grounds, including the Levi Barbour Marshall Fredericks fountain, are being refurbished. The Conservatory Garden Party fund-raiser held in September attracted 500 guests. The Conservancy luncheon also in September consistently attracts an additional 500 people. The Daffodil Day Luncheon held every April draws an added 350 supporters. The Bloomfield Hills Branch, which raised the money for the first batch of bulbs, has begun its own daffodil project along Woodward Avenue in the City of Bloomfield Hills. The suburban and regional population has joined forces with the city to contribute and make a difference.

On February 10th Belle Isle became a state park. Hundreds of millions of dollars’ worth of work remains to be done as well as a need for increased security. Detroit must focus on its core finances and this was the best solution to continue the Island’s restoration and its annual upkeep. As for the daffodils, the Michigan Division of the Woman’s National Farm & Garden Association plans to continue raising money for, purchasing and planting daffodil bulbs while working with the Michigan Department of Natural Resources, which will manage the park.

Five years ago, the entrance to the bridge leading to Belle Isle looked forlorn as the overworked staff struggled to cope with 980 acres of park in addition to work on other city parks. Today it glows with an abundance of Hydrangea paniculata ‘Tardiva’ and just over the bridge, every April the daffodils light up the Island. The January 10th edition of The Wall Street Journal described Belle Isle as “derelict.” In fact, it is humming with restoration projects and new hope. The daffodils are a symbol of that hope.
Join Today!

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Temple University’s Ambler Campus
Red Barn
Site of the Woman’s National Farm & Garden Association First Meeting in 1914.