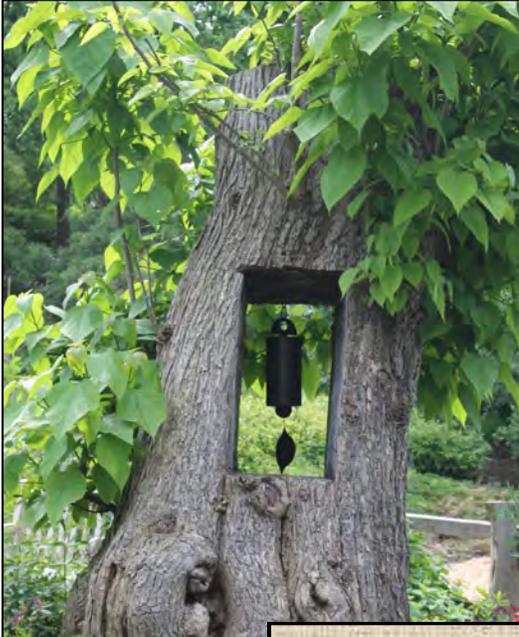


*Farm & Garden*

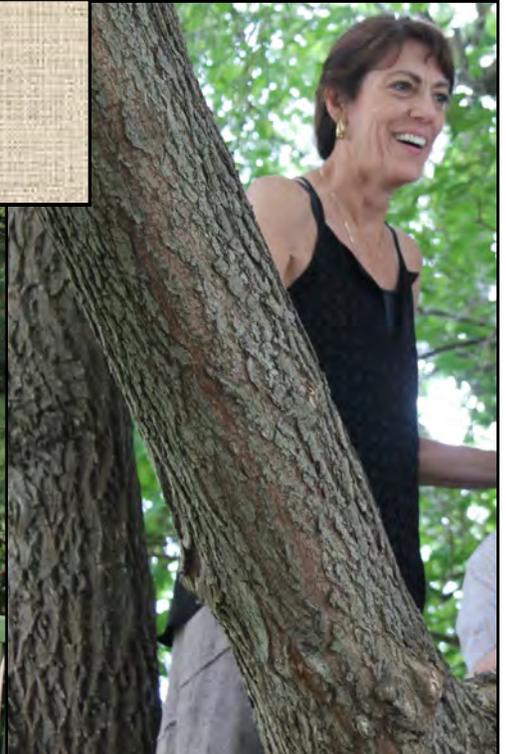
**The Woman's National Farm & Garden Association, Inc.**

**Est. 1914**

**Spring 2019**



**Ithaca New York  
Annual National Meeting  
Spring 2018**



# Farm & Garden

## Keep in Touch

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## THE MAGAZINE OF THE WOMAN'S NATIONAL FARM & GARDEN ASSOCIATION, INC.

Volume 104 No 1 - Spring 2019

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### GET INVOLVED & JOIN US

To form a branch or to join as a individual member, please contact  
Cheryl Malin, National Registrar  
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[Cmalin09@gmail.com](mailto:Cmalin09@gmail.com)

The next issue deadline for the magazine is **August 1, 2019**

Send magazine information to

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1322 Kirks Lane, Dresher, PA 19025

[mpf6@hotmail.com](mailto:mpf6@hotmail.com)

Front Cover Photo: Jaimie Woll (National Arboretum Intern)

Back Cover Photo: Mary Pat Ford

## NOTES FROM PRESIDENT Mary Pat Ford

There is something very magical when the sun shines after so many gloomy cloudy days. The sun is glorious, warm and bright! We have a beautiful but cold day. It seems that the clouds are happy blocking the sun most days, but not today. Tomorrow it is forecasted for 3 to 5 inches of snow here in the Philadelphia area. I think we are all hoping the famous groundhog Punxsutawney Phil was right and that spring is just around the corner. This sunny day inspires me to make plans. This year I am planning on reinventing my side courtyard off of my deck. The deck needs a tune up and the plants in the courtyard need to be revitalized. I need something different. This is a project that I have been putting off for a while. What have you been putting off in your garden? What are your plans for your garden this year? What are you going to do differently?

This year we decided to do something different with our annual meeting and take it out of the country to Toronto, Canada. We want to put the fun in Farm & Garden. It promises to be a good time. We will be staying at The Waterside Inn Hotel and Conference Center on Lake Ontario and the Port Credit Harbor. The rooms have balconies, some with a view

of the Toronto skyline (see information on page 10). Here are some of the gardens we will be visiting.

**Dundurn Castle Kitchen Garden** – a 40-room Italianate-style villa built in the 1830s.

**Royal Botanical Gardens (RBG)** – More than 1,100 hectares\* of nature reserve make up the spectacular garden which is nestled into the slopes of Niagara Escarpment World Biosphere Reserve, Canada's largest botanical garden. Our visit will feature a tour of the following gardens in the **RBG**:

**Hendrie Park Rose Garden** – The new Rose Garden, completely rejuvenated in 2018, is a must-see.

**Helen M. Kippax Garden** – The garden features native trees, shrubs, perennials and grasses, along with their cultivars, to add extra color. Over 135 native species are displayed.

**Laking Garden** – The garden contains herbaceous perennial collections as well as a collection of herbaceous and Itoh peonies.

**Rock Garden** – The garden features species native to Ontario and a broad representation of drought-tolerant perennials that provide wide sweeps of color and texture through four seasons.

**Toronto Botanical Gardens** – Designed to educate and inspire, the gardens offer an array of 17 award-winning themed gardens spanning nearly four acres.

**Edwards Botanical Gardens** – The former estate garden features perennials and roses on the uplands,

a Children's Teaching Garden, as well as wildflowers, rhododendrons and an extensive rockery.

**Through the Garden Gate** – We will have access to over 20 of Toronto's finest private gardens.

Our National Meeting in Toronto will be like none other. Please plan to join us.

In this year's fall edition of the national magazine, I would like to feature **art in the garden**, but I need your help. How do you use art in your garden? I would love it if you would send me your photos, articles, drawings, recipes or anything else relevant that you can share.

*Make sure to mark your calendars for June 5-9 and join us in Toronto Canada for the 2019 National Meeting.*

Come and have fun with us!



*Mary Pat*  
WNF&GA President

## *WNF&GA National Annual Meeting Call to Meeting Notice*

Please allow this announcement to serve as notice to all registered members of the Woman's National Farm & Garden Association that the 2019 National Annual Meeting will be held

**June 5– 9, 2018 in  
Toronto, Ontario, Canada**

The business sessions of the meeting are scheduled for the Friday June 7, for the purpose of any and all business matters of the organization brought before the Executive Board and general membership attending. A full business meeting agenda will be available on the WNF&GA website at [www.wnfga.org](http://www.wnfga.org) after May 6, 2019.

Sincerely,  
Mary Pat Ford  
WNF&GA NATIONAL PRESIDENT

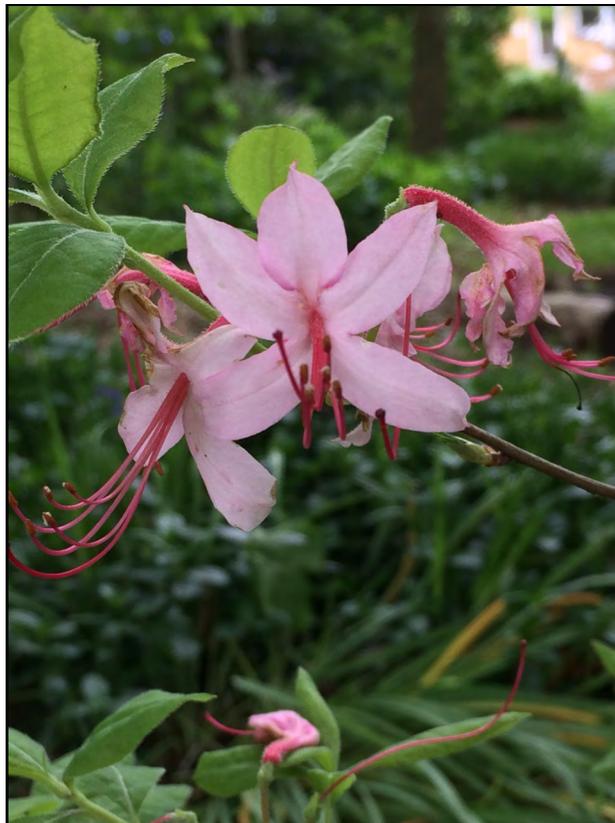
### **WNF&GA ANGEL FUND**

The Angel Fund was established by the membership to encourage first-timers to attend National Meetings. It is funded by member donations. In 2017 and 2018, many first-timers took advantage of the assistance provided through partial payments of registration fees.

We hope to see those of you who attended in 2018 return this year and maybe, if you feel so inclined, pay it forward with a donation to keep the fund going.

If you are thinking of attending this year for the first time, contact the meeting registrar for details before you send your registration.

Mary Schwark  
367 Ferndale Avenue  
Birmingham, MI 48009  
248-593-6182  
[schwark@aol.com](mailto:schwark@aol.com)



## Bombs Away!

### *Gorilla gardening to help our native pollinators and honey bees*

I don't believe in violence, especially in the garden (except maybe against rabbits, chipmunks, voles and raccoons) seed bombs however, are a very positive means of creating a habitat for pollinators, butterflies, and hummingbirds. These important creatures are losing habitat due to changes in farming practices, urban sprawl and climate change. Whatever we can do to improve their chances of survival is worth trying. You can wage war on vacant available land with seed bombs, and they are easy to make.

#### **Ingredient list:**

Compost, worm castings,  
or potting soil

Powdered potter's clay, kitty  
litter, or wet clay (such as  
modeling clay)

Water

Seeds

#### **Directions:**

The directions really vary by the materials you are using. Please note that I do not suggest the use of paper pulp. It has been

found not to be suitable.

The use of latex plastic gloves is advisable, especially if you have sensitive skin. This project is messy, so protect the surface you are working on. Working outside would probably be best site.

Mix equal parts dry powdered clay (or whatever you are using) with the compost (or whatever you are using)

Mix seed into the clay/compost mixture. Use seed that is compatible for sun, etc. You can also add the seed after you have rolled the mixture into balls. Make an indentation in the ball and add a few seeds. Reroll into a ball.

Add water, a little at a time, until your mixture is the consistence of play dough or feels tacky to the touch. (If you are using wet clay, you do not have to use water, unless you need it to reach the required consistency).

Roll into ping-pong sized balls or quarter size. Larger balls may be made too. Flatten one side if you are going to throw these on a sloping site.

Allow the balls to dry for several days. Keep in the shade.

The balls may be thrown or launched with a sling shot! Good idea to plant them when you know that rain is in the forecast!

Store in paper bags if you aren't using them right away.

*Do not use plastic bags.*

You should realize, however, that most bare ground is bare for a reason. It may be compacted soil. It may be on a site where chemicals were used. Compacted soil does not absorb water easily. Seed would have a hard time germinating in such soil. Toxic substances lead to the loss of beneficial soil organisms. The site may be too sunny, too shady, too wet or too dry. The seeds themselves or young shoots may be eaten by birds or other hungry critters.

Herbicides chemicals that aren't selective for what they kill might have been used in utility easements, . Fields which once were used for crop growth were probably fertilized. This fertility makes great place for grasses to grow, which easily overtake wildflowers. You also need to make sure you aren't trespassing! It is **illegal** to scatter seed on privately held land. Ask permission first. You never know, the owner might say yes!



**Sources:**

Pick a site that might give your seeds a fighting chance. Choose a mix of seeds that like the same growing conditions. Annuals are your best bet for success. They bloom the same year they are planted. Perennial seed often takes a year to come into bloom. Choose seed that germinates easily.

Some suggested seeds to use include:

- Cosmos (single flower)
- California poppy
- Cornflower
- Black-eyed Susan
- Clover
- Sunflower
- Toadflax
- Morning Glory
- Echinacea.

Try to find seed for native wildflowers that are suitable to your climate and your pollinators.

Making seed bombs would be a fun branch project or an activity that could be done with children or a horticulture therapy project. Now where did I put that slingshot!

**Note:**

*I have two small packages of pre-made seed bombs to share. The first two members who respond to me will receive a packet of seed bombs. Just use my email address and I will get them to you.*

[Louise446@aol.com](mailto:Louise446@aol.com)

[www.growtherainbow.com/blogs/news/16865259-how-to-make-seed-balls-seed-bombs](http://www.growtherainbow.com/blogs/news/16865259-how-to-make-seed-balls-seed-bombs)

[www.gardenista.com/diy-wildflower-seed-bomb/](http://www.gardenista.com/diy-wildflower-seed-bomb/)

[www.honeybeesuite.com/why-seed-bombs-don't-work/](http://www.honeybeesuite.com/why-seed-bombs-don't-work/)

[www.Americanmeadows.com](http://www.Americanmeadows.com)

www.Youtube.com: search “seed bombs”. There are many videos available on line.

## “Popping the Cork” on Cork!

There is nothing quite as satisfying as the pop of a champagne cork followed by the tickle of bubbles as you sip. But where does that cork come from? It all starts in the open woodlands of the cork oak forests in the Mediterranean basin of southern Europe and northwest Africa. *Quercus suber*, the cork oak, is native and thrives there. Eighty percent of wine corks come from Portugal and Spain, although there are significant cork industries in Algeria, Morocco, Italy and France.



The cork oak, (*Q. suber*) is an evergreen tree that prefers acid soils, hot dry summers and cool wet winters. The tree's leaves are weakly lobed and each tree has male and female flowers. The bark is deeply fissured and corky and can be over six inches thick. *Q. suber* is one of the few trees that can regenerate its bark. Here's how the cork harvest works:

The first bark harvest, or stripping, usually occurs when the tree is about 25 years old.

After stripping, the bark regenerates and can be stripped again in 9-12 years without harming the tree (kind of like shearing a sheep).

Cork harvested from the first two strippings cannot be used for wine stoppers because the bark does not have the required quality standard until the third harvest.

By the third stripping, the cork has a regular structure with a flat front and back as well as ideal characteristics for wine stoppers (elastic, resilient, impermeable).

Harvesting occurs during May through August when the tree is actively growing.

Cork bark is stripped by skilled workers using axes.

Workers must know where and how deep to cut or they will damage the tree.

During stripping, bark sloughs off the tree easily and leaves a burnt orange inner bark exposed.

If stripping is done properly, the tree is unharmed.

After stripping, the cork planks remain outdoors for six months to season the cork before processing.

### **Production Process for Cork Wine Stoppers**

Cork planks are stacked flat and boiled for an hour to expand the cork cells into a tight honeycomb making the plank flatter, smoother and more pliable.

Corks are punched through from the cork strips with a sharp knife. The knife determines the corks width and the height of the strip determines its length.

Cork stoppers are then sorted, washed and disinfected.

Unused cork scraps are processed into other cork materials.

After the final quality check, cork stoppers are printed with roller or ink markings or branded to be used in our favorite wine bottles.

### Fun Facts

- \* Cork is 100% natural, renewable, recyclable, biodegradable and is obtained through a sustainable harvesting process.
- \* Cork harvests usually generate about 100 pounds of cork per tree.
- \* A single tree can cork 4,000 bottles of wine.
- \* The largest and oldest cork tree in the world is the Whistler Tree in southern Portugal. It was planted in 1783 and is named for the numerous songbirds that sing in its branches.
- \* Cork oak forests support one of the world's highest levels of forest biodiversity second only to the Amazon rainforest.
- \* In the 1600's Dom Perignon successfully adopted cork stoppers and cork became essential for wine bottling.



### *Is there a cork shortage?*

No, currently there is enough cork to close all wine bottles produced over the next 100 years. Cork forests are being sustainably managed and new planting is ongoing.

### *Are cork forests important?*

Yes. Cork forests contain very high levels of biodiversity by providing habitat for 13,000 endemic species. Cork trees provide a vital source of income for many family farmers, and they absorb millions of tons of CO<sub>2</sub> each year while providing O<sub>2</sub> to the planet.

### *Should I recycle my cork wine stoppers?*

Cork stoppers are recyclable although they will never be used as wine stoppers again because of possible contamination. However, insulation, cork boards, coasters, flooring and shoes may be made from recycled cork. For a local recycler in the USA or Canada, check out <http://recork.org/>

### *What's wrong with screw tops and plastic closures?*

Screw caps are not made from a sustainable product, are not biodegradable and are not being actively recycled anywhere in the USA. Plastic closures are made from petro-chemicals and produce 10 times more greenhouse gases than natural cork.



*\*All photos are  
courtesy of the Cork  
Forest Conservation  
Alliance*

## 2019 WNF&GA National Meeting – Registration Form

Toronto, Ontario, Canada – June 5 - 9, 2019

Complete a separate registration form for each member or guest. **NOTE:** Registration fees are NON-REFUNDABLE.  
The Waterside Inn, 15 Stavebank Road South, Mississauga, ON, Canada L5G 2T2 **See hotel web address & phone numbers below.**

***Please print neatly. The registrar must be able to read your writing!***

Name \_\_\_\_\_ 1<sup>st</sup> national meeting? Yes No WNF&GA Member? \_\_\_\_\_ Or guest? \_\_\_\_\_  
 Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Home phone \_\_\_\_\_ Cell phone \_\_\_\_\_ Email \_\_\_\_\_  
 Emergency contact person \_\_\_\_\_ Relationship \_\_\_\_\_ Phone \_\_\_\_\_  
 Division \_\_\_\_\_ Division Office Currently Held \_\_\_\_\_ Branch \_\_\_\_\_  
 Branch Office Currently Held \_\_\_\_\_ National Office Currently Held \_\_\_\_\_  
 Arriving by: Air \_\_\_\_\_ Bus \_\_\_\_\_ Car \_\_\_\_\_ Expected date/time of arrival \_\_\_\_\_  
 Rooming with \_\_\_\_\_ **OR** Need a roommate? Yes No  
**DIETARY RESTRICTIONS – IMPORTANT!** Check **ONE** only: NO restrictions \_\_\_\_\_ Vegetarian \_\_\_\_\_  
 We don't know unless you tell us. **Please list ALL dietary restrictions:** \_\_\_\_\_

**IMPORTANT NOTE**

**(INC.) = included in registration fee**  
**(N.I.) = not included in registration fee**

**Wednesday, June 5, 2019**

4 – 7 pm: Hotel & Annual Meeting check-in  
 7 – 9 pm: Welcome Reception **(INC.)**  
 9 pm: “Farm & Garden 101” **(INC.)**

**Thursday, June 6, 2019**

8 am – 4:30 pm: Traveling breakfast; tour of Dundurn Kitchen Gardens; coffee breaks; lunch; tour of Royal Botanical Gardens  
**ALL ABOVE – (INC.)**  
 Dinner **ON-YOUR-OWN (N.I.)**  
 Executive board meeting  
 Evening social time

**Friday, June 7, 2019**

8 am – 4:30 pm: Breakfast; Annual Meeting session I; coffee breaks; lunch; Annual Meeting session II  
 Dinner at the hotel  
**ALL ABOVE – (INC.)**

**Saturday, June 8, 2019**

9 am – 4:30 pm: Traveling breakfast; tour Edwards Gardens; tour private gardens; lunch; add'l. garden tours; coffee breaks  
**ALL ABOVE – (INC.)**  
 Dinner **ON-YOUR-OWN (N.I.)**

**Sunday, June 9, 2019**

8 am – 11 am: Farewell breakfast at hotel & goodbyes **(INC.)**  
**OPTIONAL TOUR** for those traveling west to Detroit area:  
 Whistling Gardens (largest collection of peonies in North America) & lunch stop **(N.I.)**

**National Meeting Registration Fee** = \$ 270.00 USD  
*OPTIONAL* Donation to the National Arboretum Internship Fund (any amount) = \_\_\_\_\_  
*OPTIONAL* Donation to the Angel Fund to assist first-time attendees (any amount) = \_\_\_\_\_  
 Add **required** \$25 late fee **AFTER** May 6, 2019. = \_\_\_\_\_  
**Total Amount Enclosed** = \$ \_\_\_\_\_

Make check payable to **WNF&GA National Meeting Fund**

**Mail completed registration form plus check to event registrar:**  
**Mary Schwark**  
**367 Ferndale Ave.**  
**Birmingham, MI 48009**  
 Registration questions? Contact Mary:  
**248-593-6182 OR schwark@aol.com**  
 Meeting questions? Contact Julia Siefker:  
**419-233-0064 OR jverhoff300@gmail.com**  
 Include “Toronto” in the subject line.  
**NO REFUNDS. NO EXCEPTIONS.**  
**\$25 late fee applies AFTER May 6, 2019.**

**Not taking the bus to & from Toronto? AS LONG AS SPACE REMAINS, a \$25 fee paid in advance will save you a bus seat for transportation around Toronto from June 6 thru 8. See bus registration form to learn how it MAY be possible for you to ride the big bus.**

**Hotel parking for private vehicles:**  
**\$10/night + tax**

**The Waterside Inn, 15 Stavebank Rd. South, Mississauga, ON, Canada L5G 2T2**  
**\$224 CD + 17% tax/night for 1-BR with 2 Q OR 2-BR suite ~ \$192 CD + 17% tax/night for 1 Queen suite**  
**Call the hotel directly & mention WNF&GA for group rate. Phone: 905-891-7770 Toll-free: 877-264-7770**  
**Hotel registration deadline: May 15, 2019 Hotel website: watersideinn.ca**

# MEETING DETAILS

## 2019 ANNUAL MEETING OVERVIEW

Greetings to all our international travelers who will join us from June 5 – 9 for the 2019 WNF&GA National Meeting in Toronto, Ontario, Canada. The fifth largest city in North America, Toronto has it all – especially if you are a garden aficionado. Professional tour guides will lead us throughout the greater Toronto area to well-known venues such as the Toronto Botanical Gardens, the Royal Botanical Gardens, Dundurn Castle Kitchen Gardens, Edwards Gardens, and private tours of local gardens that are rarely seen by the public. See President Mary Pat Ford’s column on page 4 for details. Our hotel, The Waterside Inn, is located on the water of Port Credit River and Lake Ontario. Be sure to watch our bulletin board with logo posted near the front lobby for updates, dinner plans (for evenings when dinner is on-your-own), changes in the schedule and general announcements.

**Wednesday evening:** After everyone arrives and settles in at the hotel, there will be a Welcome Reception plus Meet & Greet with substantial appetizers and beverages.

**Thursday morning:** Dress will be garden-casual. Wear comfortable walking shoes. We will be “up & at ‘em” early as we board buses and enjoy a traveling breakfast while en route for a day of touring. We will be guided by Margaret Daily-Plouffe of HNA Travels. (See bio on page 12.) Coffee breaks and lunch are included. If two buses are needed, there will be a guide on each bus. Thursday dinner will be on-your-own.

**Friday morning & afternoon:** Our “Business is Fun Day,” calls for business-casual dress. After enjoying breakfast together, we will start our Meeting Session 1. Coffee breaks and lunch are included. Meeting Session 2 will round out the business as we break and relax before getting ready for our Gala Dinner at the hotel. Be on the alert for “pop-up” floral arts demonstrations and drawings for door prizes throughout the day.

**Friday evening:** Our Gala Dinner will be a dressy and fun affair. Before dinner, enjoy the cash bar and the items on display for the **Buckeye Raffle**, organized by the Dooryard Garden Branch of Ohio. (See article on page 17.) The raffle will end at approximately 9 pm. *Tickets can be purchased throughout the day from members of the Dooryard Garden Branch.*

**Saturday:** Dress will be garden-casual. Wear comfortable walking shoes for another “up & at ‘em” early day as we follow the same schedule as on Thursday, although we’ll see entirely new venues and private gardens. Our guide, Margaret Dailey-Plouffe, will join us for another delightful day. Traveling breakfast, coffee breaks and lunch are included. If two buses are needed, there will be a guide on each bus. Saturday dinner will be on-your-own.

**Sunday:** “Travel Home Day” will include breakfast from 9:00 – 11:00 am so we can share a last bit of time before departure. We are looking into the possibility of making a lunch stop by bus at Whistling Gardens on the way west toward Sarnia. The gardens are the home of the largest peony collection in North America. More details will be available after May 6.

See the meeting Registration Form, including hotel booking information, on page 10.

*Please note that the HOTEL FEES are in Canadian dollars (CD)  
and the MEETING REGISTRATION FEES are in U.S. dollars (USD).*

## MEETING DETAILS

### ITINERARY: ( FOR HNA Travels for WNF&GA)

#### Day One - Thursday June 6

8:30 a.m. depart hotel for Hamilton  
9:30 a.m. tour of the Dundurn Castle Kitchen Garden  
11 a.m. depart for the Royal Botanical Gardens  
-starting with a tour of one of the many gardens  
-followed by lunch (included)  
-then touring at least two more of their gardens  
-time to shop in their expansive gift shop  
-4:30 p.m. depart to your hotel.

#### Day Three - Saturday June 8

9 a.m. depart for Toronto  
10 a.m. tour of Edwards Gardens  
11 a.m. start touring private gardens - up to 20 are available - in a close, select area of Toronto  
(Note that these gardens are NEVER accessible to anyone.)  
LUNCH included  
More garden touring until 4:30 p.m.  
Return to hotel.

This year we have enlisted the services of a professional tour group to help us with our adventure. The group we are using is HNA Travels - *Heatherington & Assoc.* specializes in group travel under the leadership of Margaret Dailey-Plouffe.

“Margaret, along with her associates Elaine and Shirly, have been organizing successful and exciting group travel for over 65 years – music events, horticultural tours, art exhibits, sporting events, sightseeing tours, gambling trips, shopping excursions and general interest tours. Travel brings people together, broadens horizons and strengthens bonds. Travel is an incentive, a reward and a dream.” *Taken from their website, <https://hnatravels.com>.*



*About our tour guide Margaret Dailey-Plouffe:*  
Born in Toronto and raised north of the city, Margaret enjoyed a lengthy career as a piano/music teacher while raising a family of three children. Always interested in travel and horticulture, she combined these interests in an additional career during the last 25 years. Providing corporate groups and gardening organizations with tours, she has continued to develop tours in Ontario, Quebec, and the eastern United States. In the last ten years, she has extended her scope of travel internationally to include Spain, France, Germany, Ireland, and the U.K.  
Combining her attention to detail with her knowledge of horticulture venues, Margaret's expertise transforms an ordinary tour into an extraordinary adventure – providing tours that always exceed your expectations.

*Please read carefully. There are several changes from past years!*

**2019 Woman's National Farm & Garden Association  
Annual National Meeting  
in Toronto, Ontario, Canada**

**Bus Registration Form – 56 passenger Bianco vehicle  
FIRST COME, FIRST SERVED**

Depart from Michigan on June 5, 2019 ~ Return on June 9, 2019

Passenger pickup in two locations: **Laurel Park Place Mall** in Livonia, MI, and the **Troy Community Center** in Troy, MI. The bus will then travel to Port Huron & enter Canada through Sarnia, Ontario.

*Attention Port Huron members: It may be possible to schedule a 3<sup>rd</sup> pick-up in Port Huron.*

**NOTE: Documents REQUIRED for land travel through Canada are  
(1) a passport OR (2) a passport card OR (3) an enhanced driver's license.**

Total bus cost: **\$150.00**. Deposit: **\$75.00**. To reserve your seat:

Mail your \$75 deposit (anytime **BEFORE** April 15, 2019) AND your final \$75 for receipt **BY** April 15.

OR mail your one-time full payment of \$150.00, which must be received **BY** April 15, 2019.

**Bus reservations received AFTER April 15, 2019, and BY April 30, 2019,  
must include an additional fee of \$20.00.**

~ NO REFUNDS ~

**IMPORTANT NOTE:** If you will not ride the bus **TO & FROM** Toronto, but would like to ride it **AROUND** Toronto, that may be possible *if any bus seats remain available after April 30, 2019.*

**The cost for a bus seat while in Toronto will be a one-time payment of \$25 per person.**

**\*\*\*To find out if seats remain, contact Helen Jositas (info below) after 9 am on May 1 (not before!).**

A seat will be held for you provided your payment is received no later than four days after your call.

**Please PRINT NEATLY to insure that your information can be recorded accurately.**

Name \_\_\_\_\_ Branch \_\_\_\_\_ Division \_\_\_\_\_

Street Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Email address \_\_\_\_\_ Member \_\_\_\_\_ OR Guest \_\_\_\_\_

Make deposit of \$75.00 payable to: WNF&GA Meeting Fund. Write "bus deposit" on the memo line.

Mail your check and a completed copy of this registration form (after making a copy for yourself) to:

Helen Jositas, 2834 Shannon Dr., Oakland, MI 48363

Questions? Contact Helen: 248-766-2300 OR [rjositas@aol.com](mailto:rjositas@aol.com)

**I won't ride the bus TO & FROM Toronto, but I may be interested in riding it AROUND Toronto. If so, I will call Helen after 9 am on May 1, 2019, to inquire about availability. Circle: YES**

**\*\*\*If you wish, fill in the blanks above. Next, circle YES immediately above in this box. Finally, mail the form without a check to Helen Jositas to let her know that you may contact her after April 30, 2019.**

## MEETING DETAILS

### THE HIGHLIGHTS OF YOUR TORONTO ADVENTURE

June 6:

#### *Dundurn Castle Kitchen Garden*

Explore this lovingly restored kitchen garden, where they use 1850s tools and varieties of food to grow for Dundurn Castle's historic kitchen. Rich, bountiful, and a pleasure to the senses, the kitchen garden provided an abundance of fashionable fruit, flowers, vegetables, and herbs, essential to the kitchen and dining room to this 40-room Italianate-style villa built in the 1830's.

#### *Royal Botanical Gardens (RBG)*

The garden are located at the western tip of Lake Ontario. The more than 1,100 hectares of nature reserve make up this spectacular garden, nestled into the slopes of Niagara Escarpment World Biosphere Reserve (established 1990 as a UNESCO Biosphere ).

Our visit will feature tours of the following gardens:

#### *Hendrie Park Rose Garden*

The new Rose Garden is a must-see as it was completely rejuvenated in 2018. It features a spectacular display of roses and companion plants intended to extend seasonal interest. Our focus is on disease resistant, disease-tolerant and cold-hardy roses, including Canadian introductions. We're excited to present an innovative, sustainable and inspiring experience, the quintessential rose garden for Canada's largest botanical garden.

#### *Helen M. Kippax Garden*

Bounded on three sides by the natural lands of the Grindstone Creek Valley, the garden features native trees, shrubs, perennials and grasses, along with their cultivars, to add extra color. Over 135 native species are displayed in plant community zones that represent several local habitats including prairie, oak

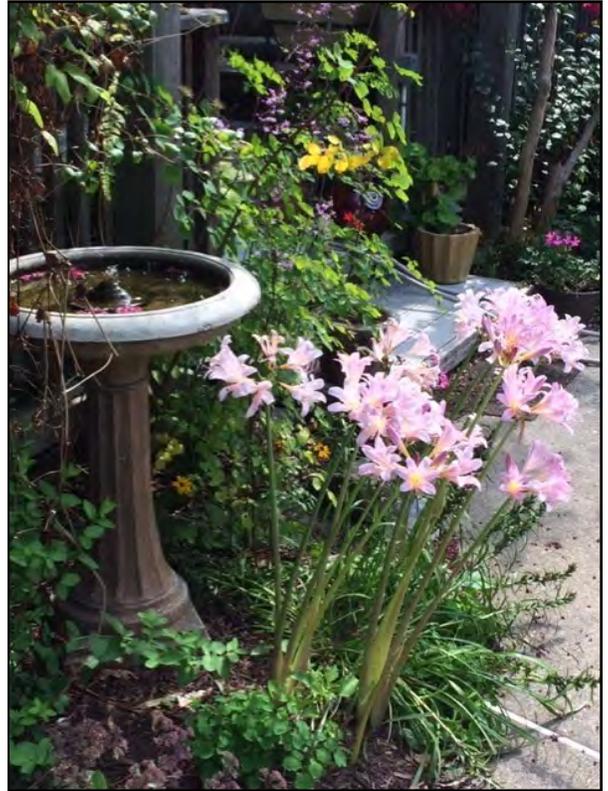


## MEETING DETAILS

savannah, Carolinian forest and wetland pond.

### *The afternoon will be spent touring more of the Royal Botanical Garden* **Laking Garden**

Set on a fertile terraced plain, formerly a market garden, Laking Garden is home to RBG's herbaceous perennial collections. RBG's peony collection of herbaceous and Itoh peonies have been laid out not only to display flower diversity but also to represent the color diversity of cultivated peonies. The peony collection has been in existence at the Laking Garden since the mid 1940's and is one of RBG's signature collections. The collection, given its age and history, displays a high diversity of cultivars and hybridizer introductions from the 19th, 20th and 21st centuries. As a result, the collection interprets breeding trends over the years and is one of the most diverse and unique peony collections in North America. The belvedere at the end of the path offers a panoramic view over the entire garden. This garden, overlooked by a small cottage, offers the visitor an insight into the depth and breadth of perennial plants.



### **Rock Garden**

The garden is truly a garden for the 21st century, one that embraces sustainable trends in garden design and management, while respecting the integrity of its heritage setting. It incorporates a best practices approach to plant selection, design and management, including pollinator-friendly plants, species native to Ontario, and a broad representation of drought-tolerant perennials that provide wide sweeps of color and texture through the seasons.

### **June 8 :**

**Toronto Botanical Gardens (TBG)** - offer an array of 17 award-winning themed gardens spanning nearly four acres, designed to educate and inspire.

**Edwards Botanical Gardens** - (adjacent to the TBG) This former estate garden of Rupert E. Edwards features perennials and roses on the uplands, wildflowers, rhododendrons and an extensive rockery in the valley. On the upper level of the valley there is also a lovely arboretum beside the children's Teaching Garden.

The remainder of our day is spent - **Through the Garden Gate** - where we have access to over 20 of Toronto's finest private gardens – with each garden highlighting interesting plants and garden designs.

## MEETING DETAILS

### TORONTO TRAVEL TIPS

- \* Make a copy of your passport, passport card or enhanced driver's license.
  - \* Leave the copy with your emergency contact before departure.
- \* Advise your credit card companies that you will use your card(s) in Canada.
- \* Ask your cell phone carrier what coverage you'll have in Canada without roaming fees.
- \* Do not attempt to take live plants across the U.S. / Canada border in either direction.
  - \* Travel with a fun and funky garden hat to wear on tours.
  - \* Don't forget to pack your Buckeye Raffle items.

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#### The U.S. / Canadian Currency Exchange Rate as of March 20, 2019

\$1.00 U.S. (USD) = \$1.34 (CD)

\$10.00 U.S. (USD) = \$13.41 (CD)

\$100.00 U.S. (USD) = \$134.14 (CD)

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#### MUST HAVE / MUST DO

UNIT CONVERTER version 2.1.78 - Download the app or other comparable apps to your cell phone. Still other apps can be used to convert CURRENCY ONLY.

Practice using the apps before departure.

## Floral Arts

On Friday June 7, 2019 we will have a floral arts demo during Session 1 and session 2 of our business meeting. Then on Thursday evening June 6, 2019 during the President's social hour, we will make centerpieces for the Gala Dinner which will be held Friday night

Nancy Matthews ,National Floral Arts Chairwoman, [fancynancy25@verizon.net](mailto:fancynancy25@verizon.net) 215-542-6932



## MEETING DETAILS

### SILENT AUCTION NORTHBOUND

This year the Ticket Auction is once again spearheaded  
by the ladies of the  
*Dooryard Garden Branch of Ohio*

Rather than having a silent auction,  
The Dooryard Garden Branch prefers a  
*"Buckeye Raffle"*

We will have two large baskets to raffle separately and these  
tickets will be priced at 6 for \$5

We are looking for items to be donated for the raffle.



### Hazel Herring Civic Improvement Grant Application

Application being made by (Branch Name): \_\_\_\_\_

Division (If Applicable) \_\_\_\_\_ Number of Members: \_\_\_\_\_

Project title: \_\_\_\_\_

Project cost: \_\_\_\_\_ (Estimated, if necessary)

Person submitting application: \_\_\_\_\_

Address: \_\_\_\_\_

Phone \_\_\_\_\_ FAX/e-mail: \_\_\_\_\_

#### **Application must include the following:**

1. A completed application form
2. A written description, no more than three pages in length describing the Project, the Goal, Sweat Equity (who will be involved in the project) and the Total Cost for completion.
3. A copy of this application should be sent to the Branch and Division President for their records.
4. Four digital photos in a .jpg format to be emailed or sent with the application on a CD-Rom to be used in Power Point presentations.

#### **Mail completed application and photos to:**

Gerry Howard  
212735 Scott Road  
Davisburg, MI 48350  
Phone: 248-634-3766  
gerryhoward323@yahoo.com

#### **Grant recipients are then required to:**

Submit a report to Gerry Howard at the above address no later than **May 1, 2020**

(to be processed in time for the Annual Meeting)

and include the following:

1. Brief description of the completed project
2. Include 4 photos as described above.  
Please mark with Branch/Division name, date of project and title.
3. Name of person who made application, telephone, e-mail and address.

# MEETING DETAILS

## Proposed Changes to Farm & Garden National Bylaws:

Bylaws are the structure of any organization or business. The bylaws describe the purpose of a group, enumerate the duties of officers and members, the requirements for membership, set limits on the scope of jurisdiction and disbursement of funds. Standing rules work with the bylaws, giving more detailed information about the methods needed to maintain the working order of a group or business. Both bylaws and standing rules are always a work in progress. While every parliamentarian hopes to compose the most adequate and all-inclusive documents, each knows changes are inevitable as the organization or business evolves through the years.

A better method of understanding how these two sets of guidelines work together is an analogy of a house: The bylaws are the framing, or structure; they are the foundation, walls, windows and roof of the house. The standing rules are the personal touches that make a house a home. These include the heating and cooling, plumbing, wall and floor coverings, cabinets, countertops, window treatments, etc. Obviously, some of these things can be changed much more easily. Who doesn't like fresh draperies or curtains, a coat of paint or new wallpaper, perhaps new carpeting or flooring to change the look, feel and purpose of any room?

To this end, proposals have been made to change the bylaws and standing rules that were approved at the 2013 National Meeting. These changes make it easier and more efficient to operate as Farm & Garden, save money and define jobs in a better fashion.

The proposed changes are as follows:

### **PROPOSED BY-LAW CHANGES June 2019**

In order to open the candidacy of vice-president to more people, the executive committee proposes to eliminate part C of the bylaw describing the qualifications, which would then, by default, put the candidacy of vice-president under qualification A only. Serving as vice-president, and then president-elect would give this candidate 4 years of board experience before becoming president.

#### **ARTICLE V: OFFICERS**

The by laws now reads:

##### **Section 2: Qualifications**

A candidate for elected office shall have been a member in good standing for two years.

A candidate for the office of President or President-elect shall have served on the National Executive Committee, or as a Director, or as a Chair of a National Committee for at least 2 years.

A candidate for the office of Vice-President shall have served on the National Executive Committee, or as a Director, or as a Chair of a National Committee, or on a Division Executive Committee, or as a Branch President for at least 2 years.

The bylaw would then read:

##### **Section 2: Qualifications**

A candidate for elected office shall have been a member in good standing for two years.

A candidate for the office of President or President-elect shall have served on the National Executive Committee, or as a Director, or as a Chair of a National Committee for at least 2 years.

To keep the nominating committee to a reasonable and workable size the executive committee proposes we change the following bylaw.

#### **ARTICLE VI: NOMINATIONS AND ELECTIONS**

The by laws now reads:

##### **Section 1: Nominations:**

The nominating committee shall consist of the Immediate Past National President serving as Chairman, a President of each Division and the Single Branch Presidents.

We would like to change the description of committee members to the following:

## ARTICLE VI: NOMINATIONS AND ELECTIONS

### Section 1: Nominations

The nominating committee shall consist of at least five members including the Immediate Past National President serving as chairperson, a president of each Division, and the remaining members selected from the Single Branch Presidents.

These proposed changes are published in the current copy of the Farm & Garden magazine for every member to review. The changes will be voted on at the next National Meeting in June 2019, to take effect immediately upon approval. All changes to the current bylaws and standing rules will be published in the fall issue of Farm & Garden magazine for members' quick reference.

## MEMBERS-AT-LARGE (MALS)

Members-at-large are loyal friends and former members of WNF&GA divisions or branches. They have relocated geographically or live a great distance from where branch members usually meet.

Our loyal friends continue to support our aims and goals. They support current WNF&GA activities in a variety of ways. To keep them informed, we send them copies of both editions of each year's WNF&GA magazines. They are always welcome back to visit our branches. And, yes, they are also welcome to attend our annual National Meetings.

As the corresponding secretary, I have been appointed to stay in contact with our MALS. I answer their questions and concerns. I also encourage our loyal friends to share their thoughts and suggestions with us. It is good to entertain new ideas!

Each year, we place a sign-up form in both the spring and fall magazines. If any member is planning to relocate, please think about becoming a MAL. Or, better yet, think about starting a new branch at your new location.

Respectfully Submitted, Audrey E. Ehrler-Corresponding Secretary



The Members Of The Beacon Hill Branch In New Jersey at their Fund Raiser



## FARM & GARDEN EDUCATION

### Welcome To The United States National Arboretum The Renaud/ Peterson Internship Grant

Dear WNF&GA members,  
Thank you for your ongoing support of the Renaud/Peterson Internship Program at the United States National Arboretum. Intern Jaimie Woll has completed her 12-week stay working in the beautiful Dogwood Collection. Another organization provided Jaimie with the funds for her to learn and grow in the Fern Collection. I hope you will take time to read her fine report following this article.

For many years, your generosity has helped 27 students gain excellent skills and experience in their chosen fields of study. They have been mentored by the outstanding professional staff at the Arboretum. I am currently communicating with Supervisor Carole Bordelon regarding the choice of our 28<sup>th</sup> intern.

The Arboretum is under the auspices of the U.S. Department of Agriculture. Consequently, Arboretum staff members were affected by the recent government shutdown. All the professional staff were placed on unpaid furlough. My reaction was, "Thank God it is wintertime!" My reaction, however, was far from what was really occurring at the facility. All

year long there is much work to be done at the U.S. National Arboretum.

Our dear friends at the Arboretum set a schedule and took turns working there every day of the shutdown. They set priorities and took care of the delicate species – for example, the plants in the Bonsai Collection. They also made sure that no problems were occurring throughout the entire facility. The Receiving Greenhouse, where newly acquired plants and trees are placed, is another example of the need for daily attention. Those examples represent just two of the special areas that are tended with care at our national garden all year long.

If you are planning to visit the Washington, D.C. Metro area, please take time to visit the WNF&GA's lovely Dogwood Collection. It is a place of peace, grace and beauty, as well as a testament to an ongoing cooperative effort between WNF&GA members and our amazing friends employed at the U.S. National Arboretum.

Thank you, all!  
Respectfully submitted, Audrey E. Ehrler, WNF&GA liaison to the U.S. National Arboretum



### *United States National Arboretum The Renaud/ Peterson Intern*

To the wonderful women of the Woman's National Farm and Garden Association:

Hello there! My name is Jaimie Woll. I am fortunate enough to be interning at the National Arboretum, and it's all thanks to the members of the Woman's National Farm and Garden Association!

First and foremost, I want to say thank you to the Association for putting an importance on women in the agriculture world. I couldn't think of a better group of people to be supporting me and helping me grow as a horticulturist.

I grew up in Northern VA (Woodbridge to be exact), received my associates degree from Northern Virginia Community College in 2014, and graduated with my B.S. in Horticulture from New Mexico State University in May 2017! I moved to New Mexico for school and to experience a new place that dry desert heat and the vast open land. It was a culture shock for sure and I **LOVED** IT! I plan on returning to New Mexico after my internship at the arboretum is finished.

Working at the National Arboretum has been an eye opening and amazing experience. I love working outside and working with plants, and this is such a beautiful place to do it. I am lucky enough to work in two completely different gardens; the Dogwood Collection, and the Fern Valley, Native Plant Collection. Each garden requires different daily tasks for upkeep; it really offers a great opportunity to learn and master new techniques. The two gardens are unique. It's a great experience to work in the groomed environment of the Dogwood Collection and the naturalistic landscape of Fern Valley.

## FARM & GARDEN EDUCATION



The Dogwood collection requires a lot of individual bed maintenance and, with all the rain this year, the most prominent task has been weeding. I personally love weeding; it is a simple, yet rewarding task. Some of the other things I've done to help uphold the impressive look of the Dogwood collection include mulching the beds (another satisfying task), pruning trees, shrubs, and flowers, planting new plants to maintain the "feel" of the garden, switching out seasonal plants, maintaining rain shelter/ outlook, and a few of my favorite things: propagating dogwood trees, growing plants from seed, and mastering my plant pathology skills! I think the Dogwood collection is one of the classiest looking gardens at the arboretum. I love the look and feel one gets from the top, looking down to the fountain, the long green grass hill and the tall trees creating little intimate pockets throughout the garden. In the mornings on the overlook, the sun rises over the Anacostia and breaks through the trees. There are few things more peaceful than those quiet moments where all I can hear is the surrounding forest waking up.

Some of the other awesome things I've been able to do while here at the arboretum includes, learning how to drive stick shift: attend amazing field trips to other botanical

gardens and learn about what it takes for gardens of different styles and sizes to function efficiently; improve my nomenclature skills; see and learn about many new plant and animal species, and master my nature photography skills.

I really appreciate the opportunity to be a part of the team at the National Arboretum and I want to thank all of you for helping make it possible. I know we don't know each other personally but if it weren't for all of you, and what you do, I wouldn't have been able to gain all this experience. I am forever grateful for the opportunity!

Warm Regards,  
Jaimie Woll

(WNF&GA is grateful to Jaimie for the cover photo!)

### Bucks County Branch

Central Park, Doylestown Township, at a reception in Philadelphia in November.

Jeannine, along with her husband Steve Dylinski, (see photo on right) provided leadership in preparing the site and designing and installing the plants. The "Native Plant Garden Brigade" brought together many volunteers from the community, including our members Barbara Brown, Doris McKay, Alice Marcy, and Jane Neal. "We appreciate this award - especially because it acknowledges our effort to pass along Doug Tallamy's words about native plants," notes Jeannine, "Garden as if life depends on it." Congratulations, Jeannine!

Planning for the 4th Annual Designed for Nature Garden Tour, presented in partnership with Bowman's Hill Wildflower Preserve and Audubon PA, got underway in earnest in the fall with the selection of six residential gardens. Jane Neal joined Missy Halter to co-chair the Tour Committee. The June 15th tour is unique in our area in its focus on bringing and restoring native habitats

to our backyards and neighborhoods.

To further support our efforts, our branch received the first Plant Grant for Community Demonstration Gardens from Bowman's Hill Wildflower Preserve last fall. Preserve and Branch volunteers worked together to install the plants at one of the 2019 featured gardens promoting community collaboration. Along with our members, naturalists from the Preserve will again be on hand to impart their native plant knowledge and expand the educational value for attendees.

In October, members enjoyed a field trip to the beautiful gardens of Stoneleigh, a Natural Lands property near Villanova, and Swarthmore College's Scott Arboretum. We welcomed entomologist Randi Eckel, PhD, in November for a presentation: "Good Bugs! Bad Bugs! Who's Who?" In December, we had a fun evening making holiday ornaments from milkweed pods and other natural materials. Thank you to Barbara Brown and Phyllis Rosenbaum for leading our creative efforts!

We welcomed the New Year in January with our Annual Potluck and Book Discussion at the home of member Heidi Shiver. *The Botany of Desire* by Michael Pollan and *The Plant Messiah* by Carlos Magdalena made for a great discussion.



## FARM & GARDEN DIVISION & BRANCH UPDATES

The 26th Annual Northville Garden Walk, sponsored by The Country Garden Club of Northville, a branch of the Woman's National Farm & Garden Association, will be held July 10, 2019 9:00 AM-4:00 PM. We are highlighting beautiful, private gardens to inspire novice and master gardeners alike. Take a chance to win a lovely gift basket by identifying the "Mystery Flower." The Country Garden Club is thrilled to announce an exciting new staging area in the downtown Northville Square, 150 E. Main St., across from the Clock. Enjoy live music by the Silver Strings Dulcimers and shop for unique gifts from garden artisans booths in the Square. There are plenty of tables so bring a lunch or choose a treat from a variety of delicious eateries. Tickets are \$12.00 in advance, available beginning June 10 at Gardenviews, 117 E. Main St. or by mail order through our website. On the day of the Walk \$15.00 tickets may be purchased at Gardenviews and at our booth in Northville Town Square-across from the clock.

For additional information: <http://www.cgcnv.org> or 734-451-5553



Welcome to Country Garden Club of Northville  
Founded in 1977, our non-profit organization is  
dedicated to community improvement through  
service, conservation and education

There was a typo in the last edition of the magazine that will cause some  
confusion concerning the bus and extra work organizing the trip.  
These types of mistakes do and will happen from time to time. There are two more corrections below.



In the Fall 2018 edition of the  
magazine the article -  
A Different Kind of Garden: The  
Intersection of Life and Other  
Plans  
There is a correction on the photo  
caption. The corrected  
caption is as follows  
Ben Klar is on the *right*  
Jeff Malin on the *left*.

In the Fall 2018 edition of the  
magazine the address of past  
president Ruth Gray was published  
incorrectly

Here is Ruth's correct address

**Ruth Gray**  
**89 Dirigo Drive**  
**Orono, ME 04473**  
**207-866-3706**

## Membership for Members at Large 2019

Name \_\_\_\_\_  
Address \_\_\_\_\_  
Email \_\_\_\_\_  
Telephone \_\_\_\_\_  
Secondary Contact Information (In case we lose touch with you)  
\_\_\_\_\_

Join Today!



*Members at Large is a designation for members who are loyal friends and do not have the convenience of a branch but wish to be involved with the organization. Loyal Friends receive all national communication including the magazine **Farm & Garden** published twice yearly.*

Annual Dues \$15.00 by December 31, 2018  
Make checks payable to Woman's National Farm & Garden Association (WNF&GA)  
Mail to Lenore Treba  
859 Portsmouth Drive Troy, MI 48084  
248-362-3738  
[lectreba@att.net](mailto:lectreba@att.net)

*We are so happy to have you join us!*

### Making a Lasting Mark ... Collectively and Individually

*We've all heard of ACWW – Associated Country Women of the World. WNF&GA branches collect Pennies for Friendship to assist ACWW and their extraordinary worldwide efforts. Please read Lisa Willard's inspirational story:*

At every meeting of the Milford Garden Club, I have watched a jar being passed from member to member. They add change, and sometimes dollar bills, to the jar. Donations from branch members are forwarded to Michigan Division's treasurer and from there to the Associated Country Women of the World office in London. I've often wondered what impact those **Pennies for Friendship** have on women-led, community-based projects around the world.

The spring 2018 WNF&GA magazine provided me with that information in an article which included a progress report from ACWW. I was thrilled to read of projects in Kenya that provided 100 fruit trees and 10 household poultry units (1000 chicks!) that assist women to provide for their families with nutritious food and an income source through the sale of fruit, chicken and eggs. Additionally, those projects also provide status and pride to the women participating in the projects. The funds generated help them pay school fees for their children and grandchildren.

I went online to [acww.org.uk](http://acww.org.uk) to further read about projects, and I learned about the WE (Women Empowered) Fund. It supports ACWW efforts and, as of early 2018, has funded 1,030 projects around the world. Through cooperation and understanding, women are educated and trained to exercise more power and to change their lives for the better.

There are six Priority Focus areas to which ACWW directs funding. After reading about the six priority areas, I chose to donate to the **Income Generation and Livelihood** area. I thought about the joy I experience when a fellow garden club member shares a plant or seeds with me and those plants flourish. Can you imagine the joy empowered women will experience when their plants – thanks to ACWW project funds – flourish and provide nutrition and income for their families?

Making a donation to ACWW is really easy. Visit the website – [acww.org.uk](http://acww.org.uk) – or contact Sydney Salter at [infor@acww.org.uk](mailto:infor@acww.org.uk) for assistance. Your “seed money” can make a difference in the lives of many people.

**The above article has been reprinted from Michigan Division's winter 2019 newsletter with permission of the author, Lisa Willard.**





Woman's National Farm  
&  
Garden Association, Inc.  
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Waterford MI 48327

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